

National Secondary Schools and LSEN Championships
2011/03/24

Result per Age

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31	G-15	100 m		/ 100 m		00:00.00		Heats	
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
NWP008	1026	LEANDRI DE BRUIN	North West Province	1	00:12.95	792	-0.01	E	
GAU023	350	A J v VUUREN	Gauteng	1	00:13.22	763	-0.1	E	
GAU024	351	TYLO SARGEANT	Gauteng	1	00:12.45	855	0.09	E	
NWP007	1025	ARIANE NEL	North West Province	2	00:12.47	852		E	
GAU001	328	NDAENDZO MUKNGANE	Gauteng	2	00:13.37	748		E	
MPU003	807	LANIEL CLAASSEN	Mpumalanga	2	00:13.13	772		E	
FSA002	133	BEAUNETTE BOSHOFF	Free State	3	00:13.49	737		E	
KZN010	601	BEAR-MARIE SCHUTTE	Kwazulu Natal	3	00:12.54	843		E	
NCP065	1000	LERISA-LEE VAN ROOYEN	Northern Cape Province	3	00:13.20	765		E	
FSA016	146	ELIZMA KUHN	Free State	4	00:13.22	763		E	
GAU025	352	SIMON DU PLOOY	Gauteng	4	00:12.56	840		E	
MPU022	826	CHERICE SMITH	Mpumalanga	4	00:13.53	733		E	
ECA067	66	L CHURCH	Eastern Cape	5	00:13.30	755		E	
FSA024	154	BUSISIWE MOTSHUMI	Free State	5	00:13.58	729		E	
WCP010	1170	CATHY ANNE MORKEL	Western Cape	5	00:12.70	822		E	
LIM065	748	JESSICA BOOYENS	Limpopo	6	00:13.44	741		E	
LIM076	759	AMU NDLOVU	Limpopo	6	00:12.84	804		E	
MPU021	825	ANELL SMIT	Mpumalanga	6	00:14.00	693		E	
KZN004	595	NELISIWE GCWENSA	Kwazulu Natal	7	00:14.11	684		E	
NCP063	998	LIZELLE OERSON	Northern Cape Province	7	00:13.47	739		E	
WCP032	1192	SHAYLIN SIMONS	Western Cape	7	00:12.90	797		E	
NWP009	1027	ILEAZE VAN ROOYEN	North West Province	8	00:13.03	783		E	

112	G-15	100 m		/ 100 m		00:00.00		Semi-Finals	
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
KZN010	601	BEAR-MARIE SCHUTTE	Kwazulu Natal	1	00:12.54	843		E	
NWP008	1026	LEANDRI DE BRUIN	North West Province	1	00:12.95	792		E	
NWP007	1025	ARIANE NEL	North West Province	1	00:12.47	852		E	
GAU023	350	A J v VUUREN	Gauteng	1	00:13.22	763		E	
GAU001	328	NDAENDZO MUKNGANE	Gauteng	1	00:13.37	748		E	
GAU025	352	SIMON DU PLOOY	Gauteng	1	00:12.56	840		E	
GAU024	351	TYLO SARGEANT	Gauteng	1	00:12.45	855		E	
MPU003	807	LANIEL CLAASSEN	Mpumalanga	1	00:13.13	772		E	

168	G-15	100 m		/ 100 m		00:00.00		Final	
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU023	350	A J v VUUREN	Gauteng	1	00:12.88	800	1.2	E	
GAU024	351	TYLO SARGEANT	Gauteng	2	00:13.01	785	1.2	E	
GAU025	352	SIMON DU PLOOY	Gauteng	3	00:13.15	770	1.2	E	
NWP007	1025	ARIANE NEL	North West Province	4	00:13.16	769	1.2	E	
KZN010	601	BEAR-MARIE SCHUTTE	Kwazulu Natal	5	00:13.19	766	1.2	E	
GAU001	328	NDAENDZO MUKNGANE	Gauteng	6	00:13.33	752	1.2	E	
MPU003	807	LANIEL CLAASSEN	Mpumalanga	7	00:13.38	747	1.2	E	
NWP008	1026	LEANDRI DE BRUIN	North West Province	8	00:13.59	728	1.2	E	

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215	G-15	200 m	/ 200 m	00:00.00	Heats			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
FSA031	161	DENIELLE STRAUSS	Free State	1	00:27.07	789	-1.8	E
NWP007	1025	ARIANE NEL	North West Province	1	00:27.16	785	-2.0	E
GAU023	350	A J v VUUREN	Gauteng	1	00:26.39	821	-1.7	E
LIM076	759	AMU NDLOVU	Limpopo	2	00:27.50	770		E
GAU015	342	MADRI STRYDOM	Gauteng	2	00:26.86	798		E
GAU016	343	BIANCA JONES	Gauteng	2	00:27.45	772		E
FSA016	146	ELIZMA KUHN	Free State	3	00:27.38	775		E
FSA013	144	AMISKHA HATTINGH	Free State	3	00:27.75	760		E
WCP022	1182	MECEALA ABRAHAMS	Western Cape	3	00:27.55	768		E
LIM064	747	JONANDI AUCAMP	Limpopo	4	00:27.55	768		E
KZN010	601	BEAR-MARIE SCHUTTE	Kwazulu Natal	4	00:30.46	668		E
NCP065	1000	LERISA-LEE VAN ROOYEN	Northern Cape Province	4	00:27.85	756		E
NWP008	1026	LEANDRI DE BRUIN	North West Province	5	00:27.90	754		E
MPU003	807	LANIEL CLAASSEN	Mpumalanga	5	00:27.97	751		E
MPU022	826	CHERICE SMITH	Mpumalanga	5	00:27.93	753		E
ECA067	66	L CHURCH	Eastern Cape	6	00:28.47	732		E
NCP063	998	LIZELLE OERSON	Northern Cape Province	6	00:27.99	750		E
NWP009	1027	ILEAZE VAN ROOYEN	North West Province	6	00:28.17	743		E
KZN015	606	CASSANDRA VOSTER	Kwazulu Natal	7	00:28.85	719		E
KZN004	595	NELISIWE GCWENSA	Kwazulu Natal	7	00:28.00	750		E
NCP062	997	MARYKA FOURIE	Northern Cape Province	7	00:27.96	752		E

311	G-15	200 m	/ 200 m	00:00.00	Final			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU016	343	BIANCA JONES	Gauteng	1	00:25.89	847	-1.1	E
GAU023	350	A J v VUUREN	Gauteng	2	00:25.98	842	-1.1	E
GAU015	342	MADRI STRYDOM	Gauteng	3	00:26.18	832	-1.1	E
FSA031	161	DENIELLE STRAUSS	Free State	4	00:26.26	827	-1.1	E
NWP007	1025	ARIANE NEL	North West Province	5	00:26.60	810	-1.1	E
LIM076	759	AMU NDLOVU	Limpopo	6	00:27.01	791	-1.1	E
FSA016	146	ELIZMA KUHN	Free State	7	00:27.67	763	-1.1	E

44	G-15	400 m	/ 400 m	00:00.00	Heats			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU014	341	A. SONNEKUS	Gauteng	1	00:59.00	836		E
GAU015	342	MADRI STRYDOM	Gauteng	1	00:58.90	838		E
GAU016	343	BIANCA JONES	Gauteng	1	00:58.60	845		E
LIM073	756	HENDRIETTE LE ROUX	Limpopo	2	00:60.40	808		E
WCP014	1174	HELENE SWANEPOEL	Western Cape	2	00:60.00	816		E
NWP006	1024	THABITHA VISAGIE	North West Province	2	00:58.90	838		E
WCP021	1181	LIZE SIMONS	Western Cape	3	00:61.40	790		E
NWP020	1038	NATASHA VERMAAK	North West Province	3	00:61.80	783		E
MPU012	816	ZELENEY LOUW	Mpumalanga	3	00:60.80	801		E
ECA079	78	SAMANTHA SWARTZ	Eastern Cape	4	00:62.20	776		E
LIM064	747	JONANDI AUCAMP	Limpopo	4	00:61.40	790		E
NWP021	1039	MARILIJBE BECKER	North West Province	4	00:61.30	792		E
WCP012	1172	CHRISTINE BOSCH	Western Cape	5	00:62.10	778		E
WCP028	1188	ROBYN HAUPT	Western Cape	5	00:62.50	771		E
MPU019	823	TARINA SERFONTEIN	Mpumalanga	5	00:63.40	757		E
FSA013	144	AMISKHA HATTINGH	Free State	6	00:66.50	712		E
KZN008	599	MTHANTI NELISIWE	Kwazulu Natal	6	00:66.40	714		E
MPU011	815	MICHELLE KOLVER	Mpumalanga	6	00:62.30	775		E
FSA025	155	CARLA MULLER	Free State	7	00:63.00	763		E

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147	G-15	400 m	/ 400 m	00:00.00	Final			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
WCP014	1174	HELENE SWANEPOEL	Western Cape	1	00:57.95	860		E
GAU016	343	BIANCA JONES	Gauteng	2	00:58.55	846		E
GAU015	342	MADRI STRYDOM	Gauteng	3	00:58.72	842		E
GAU014	341	A. SONNEKUS	Gauteng	4	00:59.72	821		E
NWP006	1024	THABITHA VISAGIE	North West Province	5	00:60.65	804		E
LIM073	756	HENDRIETTE LE ROUX	Limpopo	6	00:60.73	802		E
MPU012	816	ZELENEY LOUW	Mpumalanga	7	00:61.35	791		E
NWP021	1039	MARILIJE BECKER	North West Province	8	00:61.54	787		E

189	G-15	800 m	/ 800 m	00:00.00	Heats			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
ECA079	78	SAMANTHA SWARTZ	Eastern Cape	1	02:21.06	793		E
LIM084	767	AMORE VENTER	Limpopo	1	02:15.87	838		E
KZN014	605	ANRIEN VAN ROOYEN	Kwazulu Natal	1	02:23.59	773		E
WCP018	1178	LAURA LABUSCHAGNE	Western Cape	1	02:19.79	803		E
WCP037	1197	ZANI KRUGER	Western Cape	1	02:18.02	818		E
WCP015	1175	JEANI KRUGER	Western Cape	1	02:21.84	787		E
NWP015	1033	M NEL	North West Province	1	02:21.04	793		E
NWP014	1032	Y CHAMPION	North West Province	1	02:20.37	798		E
GAU031	358	J VAN DER MERWE	Gauteng	1	02:13.30	865		E
GAU032	359	MARNE MENTZ	Gauteng	1	02:15.10	846		E
GAU033	360	PUSELETSO DIETA	Gauteng	1	02:15.40	843		E
MPU005	809	MARELI HEIMSTRA	Mpumalanga	1	02:23.70	772		E
MPU023	827	LEANDRI VD MERWE	Mpumalanga	1	02:22.52	781		E
MPU012	816	ZELENEY LOUW	Mpumalanga	1	02:20.37	798		E
WCP222	1380	ALLISON DE WET	Western Cape	1	00:00.00	0		E

294	G-15	800 m	/ 800 m	00:00.00	Final			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU031	358	J VAN DER MERWE	Gauteng	1	02:11.79	882		E
LIM084	767	AMORE VENTER	Limpopo	2	02:14.59	851		E
WCP037	1197	ZANI KRUGER	Western Cape	3	02:14.72	850		E
GAU032	359	MARNE MENTZ	Gauteng	4	02:17.45	824		E
KZN014	605	ANRIEN VAN ROOYEN	Kwazulu Natal	5	02:19.27	808		E
WCP222	1380	ALLISON DE WET	Western Cape	6	02:19.32	807		E
MPU012	816	ZELENEY LOUW	Mpumalanga	7	02:19.71	804		E
NWP014	1032	Y CHAMPION	North West Province	8	02:21.37	790		E
WCP018	1178	LAURA LABUSCHAGNE	Western Cape	9	02:22.23	784		E
NWP015	1033	M NEL	North West Province	10	02:23.37	775		E
ECA079	78	SAMANTHA SWARTZ	Eastern Cape	11	02:24.50	767		E
MPU005	809	MARELI HEIMSTRA	Mpumalanga	12	02:24.78	764		E
WCP015	1175	JEANI KRUGER	Western Cape	13	02:24.92	763		E
GAU033	360	PUSELETSO DIETA	Gauteng	14	02:25.74	758		E
MPU023	827	LEANDRI VD MERWE	Mpumalanga	15	02:27.09	748		E

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69	G-15	1500 m	/ 1500 m	00:00.00	Heats			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
KZN003	594	SONTO DLAMINI	Kwazulu Natal	1	04:49.60	792	E	
WCP222	1380	ALLISON DE WET	Western Cape	1	04:44.80	814	E	
KZN014	605	ANRIEN VAN ROOYEN	Kwazulu Natal	2	04:47.00	803	E	
WCP037	1197	ZANI KRUGER	Western Cape	2	04:50.40	788	E	
GAU009	336	LIZERIE FERREIRA	Gauteng	3	04:52.90	777	E	
MPU023	827	LEANDRI VD MERWE	Mpumalanga	3	04:47.20	802	E	
FSA023	153	MAKHGANTSE MONELO	Free State	4	04:53.50	775	E	
GAU010	337	C VILJOEN (R)	Gauteng	4	04:47.40	802	E	
ECA075	74	JAMIE-LEE SCHLEMMER	Eastern Cape	5	04:56.70	762	E	
GAU008	335	J. BEZUIDENHOUT	Gauteng	5	04:47.40	802	E	
FSA018	148	JEAN- MARI LINDE	Free State	6	04:49.90	790	E	
NWP014	1032	Y CHAMPION	North West Province	6	05:02.50	740	E	
MPU024	828	MADRI WIID	Mpumalanga	7	05:04.30	733	E	
MPU020	824	ALICIA SMIT	Mpumalanga	7	05:07.20	723	E	
LIM082	765	KAGISO THAPA	Limpopo	8	05:08.50	718	E	
MPU004	808	HEIDELI DU PLESSIS	Mpumalanga	9	05:10.00	713	E	
ECA064	63	A BLAAUW	Eastern Cape	10	05:14.20	700	E	

138	G-15	1500 m	/ 1500 m	00:00.00	Final			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU008	335	J. BEZUIDENHOUT	Gauteng	1	04:36.71	856	E	
GAU009	336	LIZERIE FERREIRA	Gauteng	2	04:37.04	855	E	
GAU010	337	C VILJOEN (R)	Gauteng	3	04:37.96	849	E	
WCP037	1197	ZANI KRUGER	Western Cape	4	04:38.11	849	E	
WCP222	1380	ALLISON DE WET	Western Cape	5	04:45.26	812	E	
KZN014	605	ANRIEN VAN ROOYEN	Kwazulu Natal	6	04:48.39	797	E	
FSA023	153	MAKHGANTSE MONELO	Free State	7	04:50.33	788	E	
KZN003	594	SONTO DLAMINI	Kwazulu Natal	8	04:50.75	787	E	
MPU023	827	LEANDRI VD MERWE	Mpumalanga	9	04:54.42	771	E	
ECA075	74	JAMIE-LEE SCHLEMMER	Eastern Cape	10	04:55.34	767	E	
FSA018	148	JEAN- MARI LINDE	Free State	11	04:56.60	762	E	
NWP014	1032	Y CHAMPION	North West Province	12	05:03.46	736	E	

103	G-15	90 m Hekkie	/ 90 m Hurdles	00:00.00	Heats			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
FSA031	161	DENIELLE STRAUSS	Free State	1	00:13.90	819	-2.3	E
FSA032	162	VEROESHKA STRAUSS	Free State	1	00:13.60	840	-2.4	E
GAU019	346	NICOLE LUDORE	Gauteng	1	00:13.67	835		E
WCP003	1163	ANECIA BADENHORST	Western Cape	2	00:14.08	808		E
MPU009	813	BRUMILDE JOUBERT	Mpumalanga	2	00:13.89	820		E
FSA024	154	BUSISIWE MOTSHUMI	Free State	2	00:13.92	818		E
NWP005	1023	E PRINSLOO	North West Province	3	00:14.24	798		E
GAU018	345	LEAH HAYNES	Gauteng	3	00:13.95	816		E
MPU007	811	MIGNON HOFFMAN	Mpumalanga	3	00:13.99	813		E
WCP030	1190	ROCHELLE ROUSSOUW	Western Cape	4	00:14.23	799		E
NWP019	1037	MEGAN LINGENVELDER	North West Province	4	00:14.14	804		E
LIM073	756	HENDRIETTE LE ROUX	Limpopo	4	00:14.45	786		E
WCP011	1171	CHANEL LEUVENNEK	Western Cape	5	00:14.89	762		E
LIM079	762	MARIZELLE PRETORIUS	Limpopo	5	00:14.19	801		E
GAU017	344	T DIAMOND	Gauteng	5	00:14.34	792		E
MPU022	826	CHERICE SMITH	Mpumalanga	6	00:14.38	790		E
ECA063	62	AMORI ACKERMAN	Eastern Cape	6	00:17.40	656		E
ECA076	75	CAYLA SEDDON	Eastern Cape	7	00:15.10	751		E

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130	G-15	90 m Hekkie	/ 90 m Hurdles	00:00.00	Final				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
FSA032	162	VEROESHKA STRAUSS	Free State	1	00:13.50	830	-2.1	H	
GAU019	346	NICOLE LUDORE	Gauteng	2	00:13.70	817	-2.1	H	
FSA031	161	DENIELLE STRAUSS	Free State	3	00:13.80	810	-2.1	H	
GAU018	345	LEAH HAYNES	Gauteng	4	00:13.80	810	-2.1	H	
FSA024	154	BUSISIWE MOTSHUMI	Free State	5	00:14.10	792	-2.1	H	
MPU009	813	BRUMILDE JOUBERT	Mpumalanga	6	00:14.30	780	-2.1	H	

223	G-15	300 m Hekkie	/ 300 m Hurdles	00:00.00	Heats				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU029	356	D'JANE KRIEDEMAN	Gauteng	1	00:45.51	827		E	
GAU014	341	A. SONNEKUS	Gauteng	1	00:45.56	826		E	
WCP014	1174	HELENE SWANEPOEL	Western Cape	2	00:46.24	814		E	
NWP006	1024	THABITHA VISAGIE	North West Province	2	00:46.23	814		E	
NWP005	1023	E PRINSLOO	North West Province	3	00:47.08	799		E	
GAU030	357	JEANELLE LAUBSCHER	Gauteng	3	00:46.24	814		E	
FSA002	133	BEAUNETTE BOSHOFF	Free State	4	00:47.30	795		E	
FSA033	163	ELANI VAN COLLER	Free State	4	00:47.80	787		E	
LIM072	755	AMANDRIE LE ROUX	Limpopo	5	00:48.06	783		E	
KZN010	601	BEAR-MARIE SCHUTTE	Kwazulu Natal	5	00:47.62	790		E	
ECA076	75	CAYLA SEDDON	Eastern Cape	6	00:48.92	769		E	
WCP011	1171	CHANEL LEUVENNEK	Western Cape	6	00:48.24	780		E	
LIM079	762	MARIZELLE PRETORIUS	Limpopo	7	00:48.46	776		E	
ECA082	81	CATHARINA VOSLOO	Eastern Cape	8	00:50.36	749		E	

287	G-15	300 m Hekkie	/ 300 m Hurdles	00:00.00	Final				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU029	356	D'JANE KRIEDEMAN	Gauteng	1	00:43.98	859		E	
WCP014	1174	HELENE SWANEPOEL	Western Cape	2	00:44.26	853		E	
GAU014	341	A. SONNEKUS	Gauteng	3	00:44.59	846		E	
GAU030	357	JEANELLE LAUBSCHER	Gauteng	4	00:44.69	844		E	
NWP006	1024	THABITHA VISAGIE	North West Province	5	00:44.72	843		E	
KZN010	601	BEAR-MARIE SCHUTTE	Kwazulu Natal	6	00:46.42	810		E	
FSA002	133	BEAUNETTE BOSHOFF	Free State	7	00:46.60	807		E	
NWP005	1023	E PRINSLOO	North West Province	8	00:47.07	799		E	

124	G-15	5000 m Stap	/ 5000 m Walk	00:00.00	Final				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
FSA030	160	TERSIA SMIT	Free State	1	28:59.15	890		E	
FSA035	165	CRYSHA VAN WYK	Free State	2	29:05.70	889		E	
GAU003	330	UDELLE DE WINNAAR	Gauteng	3	29:06.95	889		E	
KZN001	592	YOLANDI APPEL	Kwazulu Natal	4	29:48.69	879		E	
GAU002	329	JUANE WIID	Gauteng	5	29:52.30	878		E	

330	G-15	4X100 m Aflos	/ 4X100 m Relay	00:00.00	Final				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAUA01	579	GAUTENG	Gauteng	1	00:49.09	938		E	
FSAA01	316	FREE STATE	Free State	2	00:49.74	908		E	
WCPA01	1381	WESTERN CAPE	Western Cape	3	00:49.90	901		E	
NWPA01	1150	NORTH WEST	North West Province	4	00:50.44	879		E	
MPUA01	924	MPUMALANGA	Mpumalanga	5	00:50.89	862		E	
KZNA01	678	KWAZULU NATAL	Kwazulu Natal	6	00:52.10	822		E	
LIMA01	795	LIMPOPO	Limpopo	7	00:52.28	816		E	
NCPA01	1014	NORTHERN CAPE	Northern Cape Province	8	00:52.34	814		E	

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233	G-15	1000m Medley	/ 1000m Medley	00:00.00	Final			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAUA07	585	GAUTENG	Gauteng	1	02:19.00	916		H
FSA007	322	FREE STATE	Free State	2	02:24.60	839		H
WCPA07	1387	WESTERN CAPE	Western Cape	3	02:25.00	834		H
NWPA07	1156	NORTH WEST	North West Province	4	02:26.60	816		H
MPUA07	930	MPUMALANGA	Mpumalanga	5	02:28.00	802		H
ECAA07	126	EASTERN CAPE	Eastern Cape	6	02:30.30	779		H
LIMA06	800	LIMPOPO	Limpopo	7	02:33.60	750		H

24	G-15	Hoogspring	/ High Jump	00:00.00	Heats			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
ECA074	73	MARISKA PIETERS	Eastern Cape	1	1.60	900		E
FSA009	140	MARTINIQUE FERREIRA	Free State	1	1.60	900		E
FSA022	152	MCAYLA MIENIE	Free State	1	1.60	900		E
LIM083	766	ELZARIE VAN WYK	Limpopo	1	1.60	900		E
KZN012	603	CHANEL STONE	Kwazulu Natal	1	1.60	900		E
WCP034	1194	THABISA BROWN	Western Cape	1	1.55	832		E
WCP023	1183	MIA LABUSCHAGNE	Western Cape	1	1.60	900		E
WCP002	1162	AMI CLAASEN	Western Cape	1	1.60	900		E
NWP006	1024	THABITHA VISAGIE	North West Province	1	1.60	900		E
NWP010	1028	NIEMANN	North West Province	1	1.60	900		E
NWP011	1029	ANRI SALIM	North West Province	1	1.60	900		E
GAU035	362	Z. KRUGER	Gauteng	1	1.55	832		E
GAU034	361	JULIA DU PLESSIS	Gauteng	1	1.55	832		E

157	G-15	Hoogspring	/ High Jump	00:00.00	Final			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU034	361	JULIA DU PLESSIS	Gauteng	1	1.74	974		E
WCP023	1183	MIA LABUSCHAGNE	Western Cape	2	1.68	939		E
FSA009	140	MARTINIQUE FERREIRA	Free State	3	1.68	939		E
FSA022	152	MCAYLA MIENIE	Free State	4	1.65	924		E
ECA074	73	MARISKA PIETERS	Eastern Cape	5	1.60	900		E
LIM083	766	ELZARIE VAN WYK	Limpopo	6	1.60	900		E
KZN012	603	CHANEL STONE	Kwazulu Natal	7	1.60	900		E
WCP002	1162	AMI CLAASEN	Western Cape	8	1.60	900		E
NWP006	1024	THABITHA VISAGIE	North West Province	9	1.60	900		E
NWP011	1029	ANRI SALIM	North West Province	10	1.60	900		E
WCP034	1194	THABISA BROWN	Western Cape	11	1.60	900		E
NWP010	1028	NIEMANN	North West Province	12	1.55	832		E

159	G-15	Paalspring	/ Pole Vault	00:00.00	Final			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
FSA026	156	JANIKE NEL	Free State	1	2.70	795		E
FSA028	158	JOHANNÉ POTGIETER	Free State	2	2.70	795		E
WCP026	1186	NATASHA OBERMEYER	Western Cape	3	2.60	763		E
WCP001	1161	ALYSSA GILDENHUYS	Western Cape	4	2.50	730		E
WCP017	1177	KAITLYN SPARKS	Western Cape	5	2.50	730		E
FSA037	167	THARINA WELDHAGEN	Free State	6	2.50	730		E
FSA001	132	SUNITHA AVELING	Free State	7	2.40	696		E
WCP029	1189	ROCHELLE V,D, MERWE	Western Cape	8	2.30	661		E
FSA027	157	ANDRI ODENDAAL	Free State	9	2.20	625		E

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244	G-15	Verspring	/ Long Jump	00:00.00			Final		
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU011	338	GABRIELLE. KAHTS	Gauteng	1	5.49	926	-106	E	
WCP009	1169	CARLA JOHNSON	Western Cape	2	5.33	909		E	
GAU012	339	STEPHANI VAN NIEKERK	Gauteng	3	5.22	894		E	
MPU014	818	MARICHELLE NORTJE	Mpumalanga	4	5.13	867		E	
NWP016	1034	RIETA V/DE VENTER	North West Province	5	5.11	861		E	
GAU013	340	CARLA WERTH (R)	Gauteng	6	5.11	861		E	
WCP024	1184	MICHAELA CHEVALIER	Western Cape	7	5.09	854		E	
WCP025	1185	NARIEKE V.D. WALDT	Western Cape	8	4.94	808		E	
ECA072	71	SIKELELWA KWINANA	Eastern Cape	9	4.80	765		E	
FSA029	159	MARLÉ ROUX	Free State	10	4.75	750		E	
MPU010	814	BASETSANA KEKANA	Mpumalanga	11	4.71	737		E	
LIM075	758	KATIE MORGETS	Limpopo	12	4.69	731		E	
FSA019	149	ANUZELLE MAREE	Free State	13	4.66	721		E	
FSA007	138	CARLA DIPPENAAR	Free State	14	4.63	712		E	
MPU003	807	LANIEL CLAASSEN	Mpumalanga	15	4.56	690		E	
FSA036	166	JOHANÉ VENTER	Free State	16	4.55	686		E	

128	G-15	Driesprong	/ Triple Jump	00:00.00			Final		
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU020	347	ZINZI CHABANGU	Gauteng	1	11.09	919	-2.5	E	
WCP006	1166	ANRI STEYN	Western Cape	2	10.36	874		E	
NWP003	1021	MARGI READ	North West Province	3	10.09	844		E	
GAU021	348	AMANDA MATHANDI	Gauteng	4	10.04	838		E	
WCP020	1180	MARGARETH RADEMAN	Western Cape	5	9.89	821		E	
FSA010	141	ERIN GRANT	Free State	6	9.81	811		E	
ECA070	69	MARUSKA J VAN RENSBURG	Eastern Cape	7	9.70	799		E	
NWP004	1022	CHENAY BECKER	North West Province	8	9.62	789		E	
GAU022	349	NINKE DU PLESSIS	Gauteng	9	9.46	770		E	
ECA069	68	TAYLA GARDINER	Eastern Cape	10	9.38	761		E	
LIM080	763	LYDIA SEHOANA	Limpopo	11	9.23	743		E	
MPU002	806	ALMI BROEKMAN	Mpumalanga	12	9.11	729		E	

265	G-15	Gewigstoot	/ Shot Put	00:00.00			Final		
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU007	334	WANZEL BREYRENBACH	Gauteng	1	12.04	905		E	
ECA084	83	Y WILLEMSE	Eastern Cape	2	11.57	891		E	
NWP012	1030	M BENADE	North West Province	3	11.47	887		E	
ECA066	65	LAYLA CAMPHER	Eastern Cape	4	11.01	866		E	
WCP005	1165	ANNE OTTO	Western Cape	5	10.57	846		E	
WCP035	1195	ZANDRE WEYERS	Western Cape	6	10.56	846		E	
WCP033	1193	TARINKA TRUTER	Western Cape	7	10.20	829		E	
MPU015	819	ELIZMA POTGIETER	Mpumalanga	8	10.18	828		E	
GAU263	575	MARISTA GREYLING	Gauteng	9	10.00	819		E	
KZN002	593	BIANCA CONRAIDE	Kwazulu Natal	10	9.93	816		E	
GAU005	332	LIANDRI GEEL	Gauteng	11	9.90	815		E	
FSA008	139	KETE DONOVAN	Free State	12	9.75	807		E	
NWP013	1031	TYLA HIGTE	North West Province	13	9.54	797		E	
FSA020	150	CHARNÉ MENIN	Free State	14	9.27	783		E	
FSA004	135	MARLIE CAMPHER	Free State	15	9.11	775		E	
LIM085	768	CECELIA WIESE	Limpopo	16	9.00	770		E	

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96	G-15	Diskusgooi		/ Discus Throw		00:00.00		Final	
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU005	332	LIANDRI GEEL	Gauteng	1	42.72	941		E	R
GAU006	333	RIETTE HEYNS	Gauteng	2	41.23	930		E	
ECA066	65	LAYLA CAMPHER	Eastern Cape	3	38.46	911		E	
WCP033	1193	TARINKA TRUTER	Western Cape	4	34.93	870		E	
GAU007	334	WANZEL BREYRENBACH	Gauteng	5	34.42	862		E	
WCP027	1187	NIELKE MATTHEE	Western Cape	6	34.30	860		E	
ECA078	77	TANYA SWANEOEL	Eastern Cape	7	34.12	857		E	
LIM067	750	MARNE DE BRUYN	Limpopo	8	33.80	852		E	
MPU015	819	ELIZMA POTGIETER	Mpumalanga	9	31.42	811		E	
KZN002	593	BIANCA CONRAIDE	Kwazulu Natal	10	30.37	793		E	
LIM071	754	SORETHA KRUGER	Limpopo	11	30.29	792		E	
FSA004	135	MARLIE CAMPHER	Free State	12	28.78	765		E	
NWP022	1040	NADIA HOFFMAN	North West Province	13	27.08	733		E	
ECA084	83	Y WILLEMSE	Eastern Cape	14	26.94	730		E	
LIM066	749	JOHANNA COHEN	Limpopo	15	24.18	675		E	
MPU018	822	JOHANDRI SERFONTEIN	Mpumalanga	16	22.65	643		E	

209	G-15	Spiesgooi		/ Javelin		00:00.00		Final	
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
WCP016	1176	JO-ANE VAN DYK	Western Cape	1	43.22	921		H	
NWP017	1035	GERNA KOEKEMOER	North West Province	2	39.52	887		H	
GAU026	353	MANDI VENTER	Gauteng	3	38.17	863		H	
WCP006	1166	ANRI STEYN	Western Cape	4	37.53	852		H	
NWP018	1036	Z DE BEER	North West Province	5	35.95	824		H	
GAU028	355	AMONE DE WET	Gauteng	6	34.63	800		H	
NCP064	999	JANIKE STEENKAMP	Northern Cape Province	7	34.08	790		H	
ECA077	76	ELSJE STRYDOM	Eastern Cape	8	32.86	767		H	
FSA006	137	CHRISTELLE DE JONGH	Free State	9	32.29	757		H	
FSA012	143	CHARMONÉ GROBBELAAR	Free State	10	32.17	754		H	
FSA005	136	IZEL CELLIERS	Free State	11	31.99	751		H	
NCP066	1001	EZANDRI VERMEULEN	Northern Cape Province	12	31.50	741		H	
LIM066	749	JOHANNA COHEN	Limpopo	13	30.82	728		H	
MPU016	820	GENEVIEVE PROCTOR-PARKER	Mpumalanga	14	30.71	726		H	
ECA083	82	ELOISE WEBB	Eastern Cape	15	30.02	712		H	
WCP036	1196	ZANE FOURIE	Western Cape	16	29.66	705		H	

18	G-15	Hamergooi		/ Hammer Throw		00:00.00		Final	
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
FSA014	145	LETITIA J VAN VUUREN	Free State	1	36.94	901		E	N
FSA011	142	STEFANIE GREYLING	Free State	2	36.47	898		E	N
ECA065	64	BIANCA BLOM	Eastern Cape	3	35.63	888		E	N
GAU004	331	B BOTES	Gauteng	4	35.17	882		E	N
WCP008	1168	CARISSA VAN BEEK	Western Cape	5	32.23	845		E	N
ECA073	72	NADIA MEIRING	Eastern Cape	6	29.91	814		E	N
WCP031	1191	SAVANNAH KASNER	Western Cape	7	29.06	802		E	N
NWP024	1042	MARIETTE CONRADIE	North West Province	8	28.99	801		E	N
FSA008	139	KETE DONOVAN	Free State	9	27.74	783		E	N
ECA080	79	CISKA VAN RENSBURG	Eastern Cape	10	26.62	767		E	N
NWP025	1043	YONE FLYNN	North West Province	11	21.97	692		E	N

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33	G-17	100 m	/ 100 m	00:00.00	Heats			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
NCP072	1007	PHILLIPA VD MERWE	Northern Cape Province	1	00:12.03	868	-0.4	E
NWP036	1054	LIEZEL HECTER	North West Province	1	00:12.23	838	-0.1	E
GAU058	383	TEBOGO MAMATHU	Gauteng	1	00:12.02	869	-0.2	E
FSA093	221	LIZZY KRIEL	Free State	2	00:12.22	840		E
WCP066	1226	STACEY WELSCH	Western Cape	2	00:12.32	826		E
GAU059	384	AMANDA NAGEL	Gauteng	2	00:12.15	850		E
WCP060	1220	NABEELAH PARKER	Western Cape	3	00:12.37	820		E
WCP068	1228	TAMRYN CUPIDO	Western Cape	3	00:12.50	804		E
GAU060	385	CARINA SWIEGERS	Gauteng	3	00:12.58	794		E
ECA091	90	MERISSA J VAN RENSBURG	Eastern Cape	4	00:12.50	804		E
LIM092	775	TANYA MARAIS	Limpopo	4	00:12.65	786		E
MPU030	834	CELESTE JOUBERT	Mpumalanga	4	00:12.67	784		E
FSA106	233	LIZELLE STRUWIG	Free State	5	00:12.95	754		E
NCP073	1008	J VAN RENSBURG	Northern Cape Province	5	00:13.28	722		E
NWP037	1055	ULDRI V/D MERWE	North West Province	5	00:12.88	761		E
FSA089	217	CHRISTI GERBER	Free State	6	00:12.98	751		E
KZN046	637	SLINDILE NGUBANE	Kwazulu Natal	6	00:13.48	705		E
KZN045	636	RETHABILE MOTLOUNG	Kwazulu Natal	7	00:13.68	688		E

114	G-17	100 m	/ 100 m	00:00.00	Semi-Finals			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
ECA091	90	MERISSA J VAN RENSBURG	Eastern Cape	1	00:12.50	804		E
FSA093	221	LIZZY KRIEL	Free State	1	00:12.22	840		E
NCP072	1007	PHILLIPA VD MERWE	Northern Cape Province	1	00:12.03	868		E
WCP060	1220	NABEELAH PARKER	Western Cape	1	00:12.37	820		E
WCP068	1228	TAMRYN CUPIDO	Western Cape	1	00:12.50	804		E
WCP066	1226	STACEY WELSCH	Western Cape	1	00:12.32	826		E
NWP036	1054	LIEZEL HECTER	North West Province	1	00:12.23	838		E
GAU058	383	TEBOGO MAMATHU	Gauteng	1	00:12.02	869		E
GAU059	384	AMANDA NAGEL	Gauteng	1	00:12.15	850		E

171	G-17	100 m	/ 100 m	00:00.00	Final			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU058	383	TEBOGO MAMATHU	Gauteng	1	00:12.08	860	-0.6	E
NCP072	1007	PHILLIPA VD MERWE	Northern Cape Province	2	00:12.17	847	-0.6	E
GAU059	384	AMANDA NAGEL	Gauteng	3	00:12.31	828	-0.6	E
FSA093	221	LIZZY KRIEL	Free State	4	00:12.44	811	-0.6	E
NWP036	1054	LIEZEL HECTER	North West Province	5	00:12.50	804	-0.6	E
WCP060	1220	NABEELAH PARKER	Western Cape	6	00:12.51	802	-0.6	E
WCP066	1226	STACEY WELSCH	Western Cape	7	00:12.52	801	-0.6	E
WCP068	1228	TAMRYN CUPIDO	Western Cape	8	00:12.61	791	-0.6	E
ECA091	90	MERISSA J VAN RENSBURG	Eastern Cape	9	00:12.68	783	-0.6	E

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217	G-17	200 m	/ 200 m	00:00.00	Heats			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU058	383	TEBOGO MAMATHU	Gauteng	1	00:25.37	835	-1.9	E
GAU059	384	AMANDA NAGEL	Gauteng	1	00:25.50	828	-1.5	E
NCP072	1007	PHILLIPA VD MERWE	Northern Cape Province	2	00:25.62	821		E
WCP060	1220	NABEELAH PARKER	Western Cape	2	00:26.12	797		E
ECA091	90	MERISSA J VAN RENSBURG	Eastern Cape	3	00:26.31	788		E
WCP066	1226	STACEY WELSCH	Western Cape	3	00:26.38	785		E
LIM092	775	TANYA MARAIS	Limpopo	4	00:26.69	771		E
GAU078	402	C. JONKER	Gauteng	4	00:26.67	772		E
KZN043	634	SHANICE MARNICE	Kwazulu Natal	5	00:26.75	768		E
NWP042	1060	S WELMAN	North West Province	5	00:27.46	740		E
FSA106	233	LIZELLE STRUWIG	Free State	6	00:27.55	736		E
MPU030	834	CELESTE JOUBERT	Mpumalanga	6	00:27.03	757		E
NCP073	1008	J VAN RENSBURG	Northern Cape Province	7	00:28.50	702		E
NCP067	1002	JOHANDRI DU PREEZ	Northern Cape Province	7	00:28.32	708		E
KZN047	638	SANELISIWE NYAMBOSE	Kwazulu Natal	8	00:28.88	690		E

249	G-17	200 m	/ 200 m	00:00.00	Semi-Finals			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
ECA091	90	MERISSA J VAN RENSBURG	Eastern Cape	1	00:26.31	788		E
LIM092	775	TANYA MARAIS	Limpopo	1	00:26.69	771		E
NCP072	1007	PHILLIPA VD MERWE	Northern Cape Province	1	00:25.62	821		E
WCP060	1220	NABEELAH PARKER	Western Cape	1	00:26.12	797		E
WCP066	1226	STACEY WELSCH	Western Cape	1	00:26.38	785		E
GAU078	402	C. JONKER	Gauteng	1	00:26.67	772		E
GAU058	383	TEBOGO MAMATHU	Gauteng	1	00:25.37	835		E
GAU059	384	AMANDA NAGEL	Gauteng	1	00:25.50	828		E

313	G-17	200 m	/ 200 m	00:00.00	Final			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
NCP072	1007	PHILLIPA VD MERWE	Northern Cape Province	1	00:25.11	850	-1.8	E
GAU059	384	AMANDA NAGEL	Gauteng	2	00:25.24	842	-1.8	E
WCP066	1226	STACEY WELSCH	Western Cape	3	00:25.74	815	-1.8	E
WCP060	1220	NABEELAH PARKER	Western Cape	4	00:25.88	808	-1.8	E
LIM092	775	TANYA MARAIS	Limpopo	5	00:26.20	793	-1.8	E
ECA091	90	MERISSA J VAN RENSBURG	Eastern Cape	6	00:26.22	792	-1.8	E
GAU078	402	C. JONKER	Gauteng	7	00:26.71	770	-1.8	E

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48	G-17	400 m	/ 400 m	00:00.00	Heats			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
WCP046	1206	CRYSTEL VAN TONDER	Western Cape	1	00:58.06	825	E	
NWP042	1060	S WELMAN	North West Province	1	00:58.58	814	E	
GAU071	396	LIZE STRYDOM	Gauteng	1	00:57.97	827	E	
GAU049	374	IZELLE NEUHOFF	Gauteng	1	00:57.46	838	E	
ECA101	100	HELGE WILLEMSE	Eastern Cape	2	00:59.27	801	E	
FSA098	226	FELICIA MOFOKENG	Free State	2	00:57.96	827	E	
GAU078	402	C. JONKER	Gauteng	2	00:58.10	824	E	
GAU079	403	DANEL HOLTEN	Gauteng	2	00:58.32	820	E	
FSA082	210	DZUNISANI BALOYI	Free State	3	00:58.85	809	E	
KZN043	634	SHANICE MARNICE	Kwazulu Natal	3	00:58.82	810	E	
NWP040	1058	L PRICE	North West Province	3	00:58.90	808	E	
GAU051	376	ANUCHKA WEYERS	Gauteng	3	00:59.42	798	E	
FSA081	209	SUNé ALBERTS	Free State	4	00:59.18	803	E	
LIM089	772	MARELIZE J VAN VUUREN	Limpopo	4	00:58.94	807	E	
KZN047	638	SANELISIWE NYAMBOSE	Kwazulu Natal	4	00:64.75	714	E	
WCP056	1216	MARICKIE BRUWER	Western Cape	4	00:58.89	808	E	
ECA095	94	KAYLA NELL	Eastern Cape	5	00:59.12	804	E	
KZN041	632	KELLY FLETCHRE	Kwazulu Natal	5	00:61.16	768	E	
NCP067	1002	JOHANDRI DU PREEZ	Northern Cape Province	5	00:62.14	752	E	
LIM102	785	MARNE WOLSTENHOLME	Limpopo	6	00:63.08	737	E	
NCP069	1004	ALWINA MALHERBE	Northern Cape Province	6	00:62.20	751	E	
MPU035	839	TANIA RHEEDER	Mpumalanga	6	00:63.65	729	E	

192	G-17	800 m	/ 800 m	00:00.00	Heats			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
FSA091	219	MARELI HATTINGH	Free State	1	02:19.59	778	E	
FSA097	225	CECILé MEYER	Free State	1	02:20.00	775	E	
FSA098	226	FELICIA MOFOKENG	Free State	1	02:14.81	819	E	
FSA109	236	ARNé VAN ZYL	Free State	1	02:19.80	777	E	
LIM086	769	SELINA BALOYI	Limpopo	1	02:19.85	776	E	
LIM097	780	PHASWA PHADU	Limpopo	1	02:18.75	785	E	
KZN041	632	KELLY FLETCHRE	Kwazulu Natal	1	02:18.36	788	E	
WCP051	1211	ICARIEN V.DEVENTER	Western Cape	1	02:15.28	814	E	
WCP062	1222	SIMONE KAPP	Western Cape	1	02:17.24	797	E	
WCP038	1198	ALEXANDRA QUENET	Western Cape	1	02:12.42	841	E	
WCP048	1208	ELME VERMEULEN	Western Cape	1	02:17.77	793	E	
NWP040	1058	L PRICE	North West Province	1	02:16.08	807	E	
GAU070	395	M FERREIRA	Gauteng	1	02:13.30	833	E	
GAU080	404	I. STRYDOM	Gauteng	1	02:18.00	791	E	
GAU071	396	LIZE STRYDOM	Gauteng	1	02:13.50	831	E	
GAU055	380	ALICIA LABUSCHAGNE	Gauteng	1	02:15.80	810	E	
MPU026	830	SUNELLE COETZEE	Mpumalanga	1	02:15.88	809	E	

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309	G-17	800 m	/ 800 m	00:00.00	Final			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
FSA098	226	FELICIA MOFOKENG	Free State	1	02:11.63	849		E
NWP040	1058	L PRICE	North West Province	2	02:12.46	841		E
WCP038	1198	ALEXANDRA QUENET	Western Cape	3	21:31.21	0		E
GAU071	396	LIZE STRYDOM	Gauteng	4	02:14.75	819		E
WCP051	1211	ICARIEN V.DEVENTER	Western Cape	5	02:16.88	800		E
FSA091	219	MARELI HATTINGH	Free State	6	02:17.33	797		E
GAU070	395	M FERREIRA	Gauteng	7	02:17.53	795		E
MPU026	830	SUNELLE COETZEE	Mpumalanga	8	02:17.68	794		E
WCP062	1222	SIMONE KAPP	Western Cape	9	02:18.02	791		E
FSA109	236	ARNé VAN ZYL	Free State	10	02:18.63	786		E
KZN041	632	KELLY FLETCHRE	Kwazulu Natal	11	02:19.28	781		E
GAU055	380	ALICIA LABUSCHAGNE	Gauteng	12	02:19.80	777		E
FSA097	225	CECILé MEYER	Free State	13	22:20.77	0		E
LIM097	780	PHASWA PHADU	Limpopo	14	02:21.83	762		E
GAU080	404	I. STRYDOM	Gauteng	15	02:22.25	758		E
LIM086	769	SELINA BALOYI	Limpopo	16	02:22.60	756		E

71	G-17	1500 m	/ 1500 m	00:00.00	Heats			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
ECA090	89	KHONZENI GWEGWA	Eastern Cape	1	04:56.59	720		E
FSA091	219	MARELI HATTINGH	Free State	1	04:49.48	747		E
FSA087	215	SYLVIA DIBAKWANE	Free State	1	04:44.62	767		E
LIM097	780	PHASWA PHADU	Limpopo	1	04:46.09	761		E
KZN042	633	PHUMZILE GWALA	Kwazulu Natal	1	04:52.12	737		E
KZN048	639	ANNEKE SMITH	Kwazulu Natal	1	04:50.53	743		E
WCP038	1198	ALEXANDRA QUENET	Western Cape	1	04:47.48	755		E
NWP048	1066	MOBENGAZI MAKOPO	North West Province	1	05:02.94	698		E
GAU057	382	BERNADENE McLOUD	Gauteng	1	04:45.80	762		E
GAU055	380	ALICIA LABUSCHAGNE	Gauteng	1	04:40.30	785		E
GAU056	381	AYNSLEE VAN GRAAN	Gauteng	1	04:42.80	774		E
MPU026	830	SUNELLE COETZEE	Mpumalanga	1	04:51.53	739		E

140	G-17	1500 m	/ 1500 m	00:00.00	Final			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU056	381	AYNSLEE VAN GRAAN	Gauteng	1	04:36.17	805		E
WCP038	1198	ALEXANDRA QUENET	Western Cape	2	04:39.15	791		E
FSA087	215	SYLVIA DIBAKWANE	Free State	3	04:42.13	777		E
GAU055	380	ALICIA LABUSCHAGNE	Gauteng	4	04:44.57	767		E
GAU057	382	BERNADENE McLOUD	Gauteng	5	04:50.30	744		E
FSA091	219	MARELI HATTINGH	Free State	6	04:52.53	735		E
MPU026	830	SUNELLE COETZEE	Mpumalanga	7	04:54.57	728		E
ECA090	89	KHONZENI GWEGWA	Eastern Cape	8	04:54.95	726		E
KZN042	633	PHUMZILE GWALA	Kwazulu Natal	9	04:58.68	713		E
NWP048	1066	MOBENGAZI MAKOPO	North West Province	10	05:02.81	699		E
KZN048	639	ANNEKE SMITH	Kwazulu Natal	11	05:05.16	691		E

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221	G-17	3000 m	/ 3000 m	00:00.00	Final			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU064	389	SIHOHLE THANDI	Gauteng	1	10:05.86	573	E	
GAU057	382	BERNADENE MLOUD	Gauteng	2	10:11.91	560	E	
GAU063	388	SIMONE VERWEY	Gauteng	3	10:13.76	556	E	
NWP033	1051	LULEKA DYONKI	North West Province	4	10:43.54	497	E	
WCP214	1372	JANY VD MERWE	Western Cape	5	10:50.27	485	E	
WCP213	1371	JANA BURGER	Western Cape	6	10:58.10	471	E	
FSA087	215	SYLVIA DIBAKWANE	Free State	7	10:58.14	471	E	
KZN044	635	MNGOMEZULUSINDI	Kwazulu Natal	8	11:03.73	462	E	
WCP047	1207	EBETH MARAIS	Western Cape	9	11:05.25	459	E	
ECA096	95	VUYISEKA NKUMENGE	Eastern Cape	10	11:10.11	451	E	

104	G-17	100 m Hekkie	/ 100 m Hurdles	00:00.00	Heats			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
NWP044	1062	DANIELLE GREYLING	North West Province	0	00:15.13	794	E	
WCP059	1219	MARYKA BRITZ	Western Cape	1	00:14.30	846	E	
MPU027	831	STEPHANE ENSLIN	Mpumalanga	1	00:15.10	796	E	
FSA093	221	LIZZY KRIEL	Free State	2	00:15.30	785	E	
GAU054	379	MARISSA VILJOEN	Gauteng	2	00:15.70	764	E	
FSA085	213	DONIKA BUTLER	Free State	3	00:15.50	775	E	
LIM095	778	GETRUIDA NIENABER	Limpopo	3	00:15.70	764	E	
GAU053	378	A. SNYMAN	Gauteng	4	00:15.80	760	E	
MPU028	832	JUNE GEYSER	Mpumalanga	4	00:15.70	764	E	
ECA088	87	SUNEL DE BEER	Eastern Cape	5	00:16.20	741	E	
GAU052	377	SHAAN-MARIE BODENSTEIN	Gauteng	5	00:17.90	674	E	
NCP074	1009	LEONE VAN ROOYEN	Northern Cape Province	6	00:16.40	732	E	

131	G-17	100 m Hekkie	/ 100 m Hurdles	00:00.00	Final			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
WCP059	1219	MARYKA BRITZ	Western Cape	1	00:14.30	830	-2.4	H
FSA093	221	LIZZY KRIEL	Free State	2	00:15.00	788	-2.4	H
MPU027	831	STEPHANE ENSLIN	Mpumalanga	3	00:15.40	767	-2.4	H
GAU054	379	MARISSA VILJOEN	Gauteng	4	00:15.60	758	-2.4	H

228	G-17	400 m Hekkie	/ 400 m Hurdles	00:00.00	Heats			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU068	393	ILSE MOOLMAN	Gauteng	1	00:64.27	843	E	
GAU049	374	IZELLE NEUHOFF	Gauteng	1	00:64.10	846	E	
LIM095	778	GETRUIDA NIENABER	Limpopo	2	00:65.25	829	E	
WCP058	1218	MARINA SWANEPOEL	Western Cape	2	00:65.39	827	E	
ECA101	100	HELGE WILLEMSE	Eastern Cape	3	00:65.58	825	E	
NWP029	1047	L BADENHORST	North West Province	3	00:66.03	819	E	
FSA104	232	LIZE-LOUISE ROETS	Free State	4	00:66.51	813	E	
FSA092	220	IZANNE JACOBS	Free State	4	00:66.20	817	E	
LIM101	784	CYNTHIA TSETSEWA	Limpopo	5	00:66.74	810	E	
NWP030	1048	M SCHICKERLING	North West Province	5	00:69.03	783	E	
LIM098	781	NADINE PRINSLOO	Limpopo	6	00:67.29	803	E	
MPU038	842	JANETA VAN DER LINDE	Mpumalanga	6	00:69.09	782	E	
NWP028	1046	MARILIZE CAMPHER	North West Province	7	00:67.59	800	E	
GAU069	394	J. RAUTENBACH	Gauteng	7	00:71.87	754	E	

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289	G-17	400 m Hekkie	/ 400 m Hurdles	00:00.00	Final			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU049	374	IZELLE NEUHOFF	Gauteng	1	00:59.84	919	E	
WCP058	1218	MARINA SWANEPOEL	Western Cape	2	00:60.82	900	E	
GAU068	393	ILSE MOOLMAN	Gauteng	3	00:62.96	863	E	
LIM095	778	GETRUIDA NIENABER	Limpopo	4	00:63.87	849	E	
ECA101	100	HELGE WILLEMSE	Eastern Cape	5	00:65.40	827	E	
FSA104	232	LIZE-LOUISE ROETS	Free State	6	00:66.04	819	E	
FSA092	220	IZANNE JACOBS	Free State	7	00:66.34	815	E	
NWP029	1047	L BADENHORST	North West Province	8	00:67.18	805	E	

118	G-17	5000 m Stap	/ 5000 m Walk	00:00.00	Final			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
WCP045	1205	CHANICE KLINK	Western Cape	1	26:32.21	929	E	
WCP215	1373	MELISSA MEYER	Western Cape	2	29:36.80	879	E	
FSA086	214	CHRISTELLE CILLIERS	Free State	3	30:51.00	863	E	
GAU062	387	SONRI ERASMUS	Gauteng	4	30:51.07	863	E	
GAU061	386	MICHELLE STRYDOM	Gauteng	5	32:22.76	845	E	
NWP026	1044	RETHA CRONJE	North West Province	6	32:42.10	841	E	
ECA089	88	MARTINIQUE GERBER	Eastern Cape	7	32:24.21	844	E	

332	G-17	4X100 m Aflos	/ 4X100 m Relay	00:00.00	Final			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
WCPA02	1382	WESTERN CAPE	Western Cape	1	00:46.90	945	E	
GAUA02	580	GAUTENG	Gauteng	2	00:48.40	877	E	
NWPA02	1151	NORTH WEST	North West Province	3	00:49.20	847	E	
NCPA02	1015	NOTHERN CAPE	Northern Cape Province	4	00:49.40	840	E	
FSAA02	317	FREE STATE	Free State	5	00:50.30	810	E	
KZNA02	679	KWAZULU NATAL	Kwazulu Natal	6	00:53.40	729	E	

235	G-17	1000m Medley	/ 1000m Medley	00:00.00	Final			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAUA08	586	GAUTENG	Gauteng	1	02:15.40	892	H	
WCPA08	1388	WESTERN CAPE	Western Cape	2	02:17.30	864	H	
NWPA08	1157	NORTH WEST	North West Province	3	02:19.60	835	H	
FSAA08	323	FREE STATE	Free State	4	02:20.70	822	H	

123	G-17	Hoogspring	/ High Jump	00:00.00	Heats			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
ECA092	91	LINDSAY KILLEEN	Eastern Cape	1	1.56	769	E	
LIM093	776	DIMAKATSO MOGALE	Limpopo	1	1.60	821	E	
KZN040	631	ROCHELLE COETZEE	Kwazulu Natal	1	1.65	887	E	
NCP074	1009	LEONE VAN ROOYEN	Northern Cape Province	1	1.55	756	E	
WCP065	1225	SHANON MALOTANE	Western Cape	1	1.63	861	E	
NWP034	1052	Z CLOETE	North West Province	1	1.60	821	E	
NWP035	1053	JOAHLIENNE KOCH	North West Province	1	1.60	821	E	
GAU067	392	C J VAN RENSBURG	Gauteng	1	1.60	821	E	
GAU065	390	L BOTHMA	Gauteng	1	1.60	821	E	
GAU066	391	MARNA CLAASEN	Gauteng	1	1.60	821	E	
MPU033	837	MOTAU LENTSA	Mpumalanga	1	1.60	821	E	
MPU036	840	EVELYN-ROSE ROTHBALLER	Mpumalanga	1	1.55	756	E	

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263	G-17	Hoogspring	/ High Jump	00:00.00		Final			
	Athlete		Team	Place	Performance	Table point	Wind	H/E	Record
KZN040	631	ROCHELLE COETZEE	Kwazulu Natal	1	1.65	887	2	E	
GAU067	392	C J VAN RENSBURG	Gauteng	2	1.60	821		E	
WCP065	1225	SHANON MALOTANE	Western Cape	3	1.60	821		E	
MPU033	837	MOTAU LENTSA	Mpumalanga	4	1.60	821		E	
GAU066	391	MARNA CLAASEN	Gauteng	5	1.60	821		E	
GAU065	390	L BOTHMA	Gauteng	6	1.55	756		E	
NWP034	1052	Z CLOETE	North West Province	7	1.55	756		E	
ECA092	91	LINDSAY KILLEEN	Eastern Cape	8	1.50	690		E	
NCP074	1009	LEONE VAN ROOYEN	Northern Cape Province	8	1.50	690		E	
NWP035	1053	JOAHLIENNE KOCH	North West Province	8	1.50	690		E	
MPU036	840	EVELYN-ROSE ROTHBALLER	Mpumalanga	8	1.50	690		E	
LIM093	776	DIMAKATSO MOGALE	Limpopo	12	1.50	690		E	

129	G-17	Paalspring	/ Pole Vault	00:00.00		Final			
	Athlete		Team	Place	Performance	Table point	Wind	H/E	Record
FSA111	238	MAR.-LEZé VOS	Free State	1	3.20	838		E	
WCP053	1213	KULTHAM GAIDIEN	Western Cape	2	3.10	811		E	
FSA102	230	SURIKA PIATER	Free State	3	3.10	811		E	
WCP061	1221	NADIA GILIOMEE	Western Cape	4	3.10	811		E	
FSA100	228	CARLIEN MYBURGH	Free State	5	3.00	782		E	
WCP050	1210	HYBRE ARRIES	Western Cape	6	2.80	724		E	
FSA099	227	BONQUET MYBURGH	Free State	7	2.60	663		E	

181	G-17	Verspring	/ Long Jump	00:00.00		Final			
	Athlete		Team	Place	Performance	Table point	Wind	H/E	Record
WCP059	1219	MARYKA BRITZ	Western Cape	1	5.81	931		H	
WCP063	1223	SAMANTHA. ROSS	Western Cape	2	5.50	900		H	
WCP068	1228	TAMRYN CUPIDO	Western Cape	3	5.47	891		H	
NCP069	1004	ALWINA MALHERBE	Northern Cape Province	4	5.44	883		H	
GAU045	372	N TE BAERTS	Gauteng	5	5.31	845		H	
LIM096	779	HELENE PEENS	Limpopo	6	5.22	819		H	
NWP036	1054	LIEZEL HECTER	North West Province	7	5.21	816		H	
NWP045	1063	MEGAN WEYERS	North West Province	8	5.08	778		H	
FSA089	217	CHRISTI GERBER	Free State	9	5.07	775		H	
GAU043	370	L WILLIS	Gauteng	10	5.06	772		H	
GAU044	371	M DIAMOND	Gauteng	11	5.05	769		H	
MPU032	836	DINEO MGWENYA	Mpumalanga	12	4.98	748		H	
FSA107	234	SHANICE SWARTZ	Free State	13	4.96	742		H	
MPU028	832	JUNE GEYSER	Mpumalanga	14	4.89	721		H	
NCP070	1005	AMORE SERFONTEIN	Northern Cape Province	15	4.75	679		H	
NCP071	1006	SUNEL SWARTS	Northern Cape Province	16	4.86	712		H	

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321	G-17	Driesprong	/ Triple Jump			00:00.00		Final	
			Athlete	Team	Place	Performance	Table point	Wind	H/E
GAU060	385	CARINA SWIEGERS	Gauteng	1	11.30	904	1.8	E	
WCP054	1214	MANDOLENE HERMANUS	Western Cape	2	11.29	904		E	
GAU073	397	DANEL SWANEOEL	Gauteng	3	11.24	902		E	
MPU032	836	DINEO MGWENYA	Mpumalanga	4	11.07	888		E	
NWP032	1050	THATO MOSEHLE	North West Province	5	11.03	884		E	
WCP043	1203	CANDICE COZETT	Western Cape	6	10.88	868		E	
ECA094	93	TARA MUNRO	Eastern Cape	7	10.79	858		E	
ECA100	99	SIMONé VD MERWE	Eastern Cape	8	10.75	854		E	
GAU074	398	L BADENHORST	Gauteng	9	10.65	843		E	
NWP031	1049	CARINA MEYER	North West Province	10	10.64	842		E	
MPU037	841	NICOLA SCHOEMAN	Mpumalanga	11	10.61	839		E	
FSA095	223	KHOMOTSO MAMBURU	Free State	12	10.57	835		E	
FSA090	218	ANDREA GOODMAN	Free State	13	10.57	835		E	
LIM094	777	WENCY MTHOMBENI	Limpopo	14	10.56	834		E	
ECA099	98	MARINé VD MERWE	Eastern Cape	15	10.51	828		E	
FSA107	234	SHANICE SWARTZ	Free State	16	10.45	822		E	

184	G-17	Gewigstoot	/ Shot Put			00:00.00		Final	
			Athlete	Team	Place	Performance	Table point	Wind	H/E
GAU040	367	LIZAAAN JORDAN	Gauteng	1	13.31	910		E	
ECA093	92	CECILE MEYER	Eastern Cape	2	13.09	907		E	
GAU041	368	C LOOTS	Gauteng	3	11.66	857		E	
FSA108	235	RENé VAN ASWEGAN	Free State	4	11.61	855		E	
ECA102	101	C WILLEMSE	Eastern Cape	5	11.54	852	6	E	
WCP042	1202	BOIDENE JORDAAN	Western Cape	6	11.21	838		E	
WCP069	1229	TAMRYN KIEWITZ	Western Cape	7	11.10	833		E	
FSA096	224	EMMERENTIA MEINTJIES	Free State	8	10.91	825		E	
KZN049	640	SUNELLE VON MOLENDORFF	Kwazulu Natal	9	10.64	813		E	
WCP040	1200	ANNAMARIE WESSELS	Western Cape	10	10.56	809		E	
NWP027	1045	DONELIZE DE WINNER	North West Province	11	10.46	805		E	
MPU025	829	BELINDA BOER	Mpumalanga	12	10.22	794		E	
GAU048	373	S. MALAN	Gauteng	13	10.11	789		E	
WCP041	1201	ANNELINE GERSTNER	Western Cape	14	9.93	780		E	
MPU039	843	ANNARIE VENTER	Mpumalanga	15	9.90	779		E	

30	G-17	Diskusgooi	/ Discus Throw			00:00.00		Final	
			Athlete	Team	Place	Performance	Table point	Wind	H/E
GAU038	365	SOMARI ELS	Gauteng	1	42.47	905		E	
GAU040	367	LIZAAAN JORDAN	Gauteng	2	39.55	871		E	
GAU039	366	CARMEN KILION	Gauteng	3	39.55	871		E	
MPU025	829	BELINDA BOER	Mpumalanga	4	39.09	864		E	
WCP041	1201	ANNELINE GERSTNER	Western Cape	5	37.15	836		E	
NWP027	1045	DONELIZE DE WINNER	North West Province	6	36.90	832		E	
NWP041	1059	ANDRI DU PREEZ	North West Province	7	36.69	829		E	
LIM087	770	LEANDRI BOTHA	Limpopo	8	36.60	828		E	
WCP067	1227	STEPHANIE VAN ROOYEN	Western Cape	9	33.87	786		E	
ECA102	101	C WILLEMSE	Eastern Cape	10	32.15	758		E	
FSA088	216	AMORINE FERREIRA	Free State	11	28.92	704		E	

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324	G-17	Spiesgooi	/ Javelin	00:00.00	Final			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
WCP057	1217	MARINA GRIEBENAUW	Western Cape	1	43.14	870	E	
GAU075	399	MEGAN WILKE	Gauteng	2	42.90	867	E	
NWP038	1056	SANE VAN ZYL	North West Province	3	42.02	853	E	
NWP039	1057	MICHAELA DE WITT	North West Province	4	40.89	835	E	
GAU076	400	D DE WET (L)	Gauteng	5	40.73	833	E	
FSA110	237	MARILIZE VAN ZYL	Free State	6	39.54	814	E	
MPU031	835	JANA MARITZ	Mpumalanga	7	37.42	779	E	
FSA094	222	ANNIKA LINDE	Free State	8	36.79	768	E	
WCP052	1212	ILSE FOURIE	Western Cape	9	36.76	768	E	
LIM099	782	LECTACIA RASEBOJA	Limpopo	10	35.68	749	E	
FSA083	211	CHANTELLE BREDEKAMP	Free State	11	35.67	749	E	
NCP068	1003	JANA KIRSTEN	Northern Cape Province	12	36.45	762	E	
WCP055	1215	MARELIZE KRIEL	Western Cape	13	36.21	758	E	
WCP070	1230	WILME VAN ZYL	Western Cape	14	35.89	753	E	
ECA092	91	LINDSAY KILLEEN	Eastern Cape	15	35.29	742	E	
GAU077	401	LARUSCHKA JOUBERT	Gauteng	16	34.73	733	E	

67	G-17	Hamergooi	/ Hammer Throw	00:00.00	Final			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
ECA098	97	MIEKE STANDER	Eastern Cape	1	45.09	910	E	
ECA087	86	MARGO COETZEE	Eastern Cape	2	43.20	902	E	
FSA101	229	SAIRA-LEË NEL	Free State	3	43.14	902	E	
GAU041	368	C LOOTS	Gauteng	4	40.60	877	E	
ECA085	84	AMY BOTES	Eastern Cape	5	39.48	866	E	
WCP039	1199	ANKE VAN DYK	Western Cape	6	38.59	856	E	
FSA084	212	JENET BRUMMER	Free State	7	35.92	826	E	
WCP049	1209	FELINE-MARI OETTLE	Western Cape	8	35.56	822	E	
WCP044	1204	CHANE SWART	Western Cape	9	32.28	782	E	
NWP047	1065	JANA MINNAER	North West Province	10	29.56	747	E	
GAU042	369	RUDIANA VAN DER WESTHUIZEN	Gauteng	11	28.42	732	E	
MPU039	843	ANNARIE VENTER	Mpumalanga	12	23.69	662	E	

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35	G-19	100 m	/ 100 m	00:00.00	Heats			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU103	425	ADRI VAN DER MERWE	Gauteng	1	00:12.55	773	-0.6	E
GAU102	424	CHANTE VAN TONDER	Gauteng	1	00:12.39	791	-1.1	E
ECA112	111	NICOLE SHARROCK	Eastern Cape	2	00:12.63	764		E
GAU104	426	NADIA JOOSTE	Gauteng	2	00:12.61	767		E
WCP072	1232	ANE FOURIE	Western Cape	3	00:12.66	761		E
MPU042	846	ARISTA DU PLESSIS	Mpumalanga	3	00:13.15	714		E
MPU043	847	MELANDRIE DURHEIM	Mpumalanga	4	00:13.16	713		E
LIM107	790	NADINE SCHUTTE	Limpopo	4	00:12.96	731		E
NCP077	1012	TANITA OLIVIER	Northern Cape Province	5	00:13.37	694		E
GAU108	430	MANTOINE LANGUAGE	Gauteng	5	00:13.08	720		E
NCP076	1011	KARINA-MARIE KLEJNHANS	Northern Cape Province	6	00:13.40	692		E
NCP075	1010	SHEENA FLOORS	Northern Cape Province	6	00:13.36	695		E
NWP058	1076	ERNE VAN NIEKERK	North West Province	7	00:13.77	662		E

116	G-19	100 m	/ 100 m	00:00.00	Semi-Finals			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
ECA112	111	NICOLE SHARROCK	Eastern Cape	1	00:12.63	764		E
LIM107	790	NADINE SCHUTTE	Limpopo	1	00:12.96	731		E
WCP072	1232	ANE FOURIE	Western Cape	1	00:12.66	761		E
GAU108	430	MANTOINE LANGUAGE	Gauteng	1	00:13.08	720		E
GAU104	426	NADIA JOOSTE	Gauteng	1	00:12.61	767		E
GAU103	425	ADRI VAN DER MERWE	Gauteng	1	00:12.55	773		E
GAU102	424	CHANTE VAN TONDER	Gauteng	1	00:12.39	791		E
MPU042	846	ARISTA DU PLESSIS	Mpumalanga	1	00:13.15	714		E

173	G-19	100 m	/ 100 m	00:00.00	Final			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU102	424	CHANTE VAN TONDER	Gauteng	1	00:12.31	801	-1.7	E
GAU104	426	NADIA JOOSTE	Gauteng	2	00:12.52	776	-1.7	E
GAU103	425	ADRI VAN DER MERWE	Gauteng	3	00:12.72	755	-1.7	E
WCP072	1232	ANE FOURIE	Western Cape	4	00:12.78	749	-1.7	E
ECA112	111	NICOLE SHARROCK	Eastern Cape	5	00:12.86	741	-1.7	E
GAU108	430	MANTOINE LANGUAGE	Gauteng	6	00:13.21	708	-1.7	E
LIM107	790	NADINE SCHUTTE	Limpopo	7	00:13.28	702	-1.7	E
MPU042	846	ARISTA DU PLESSIS	Mpumalanga	8	00:13.73	665	-1.7	E

219	G-19	200 m	/ 200 m	00:00.00	Heats			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
WCP072	1232	ANE FOURIE	Western Cape	1	00:26.00	765	-2.4	E
GAU102	424	CHANTE VAN TONDER	Gauteng	1	00:26.50	744	-2.7	E
GAU122	442	J THIELE	Gauteng	2	00:26.27	753		E
GAU104	426	NADIA JOOSTE	Gauteng	2	00:26.79	732		E
ECA112	111	NICOLE SHARROCK	Eastern Cape	3	00:27.03	723		E
KZN070	660	NOKWAZI NKABINDE	Kwazulu Natal	3	00:27.69	700		E
LIM107	790	NADINE SCHUTTE	Limpopo	4	00:27.36	711		E
NWP060	1078	S KRUGER	North West Province	4	00:28.03	688		E
NCP077	1012	TANITA OLIVIER	Northern Cape Province	5	00:28.06	687		E
MPU043	847	MELANDRIE DURHEIM	Mpumalanga	5	00:27.68	700		E
NCP075	1010	SHEENA FLOORS	Northern Cape Province	6	00:28.27	680		E

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251	G-19	200 m	/ 200 m	00:00.00	Semi-Finals			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
ECA112	111	NICOLE SHARROCK	Eastern Cape	1	00:27.03	723		E
LIM107	790	NADINE SCHUTTE	Limpopo	1	00:27.36	711		E
KZN070	660	NOKWAZI NKABINDE	Kwazulu Natal	1	00:27.69	700		E
WCP072	1232	ANE FOURIE	Western Cape	1	00:26.00	765		E
GAU122	442	J THIELE	Gauteng	1	00:26.27	753		E
GAU104	426	NADIA JOOSTE	Gauteng	1	00:26.79	732		E
GAU102	424	CHANTE VAN TONDER	Gauteng	1	00:26.50	744		E
MPU043	847	MELANDRIE DURHEIM	Mpumalanga	1	00:27.68	700		E

315	G-19	200 m	/ 200 m	00:00.00	Final			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU122	442	J THIELE	Gauteng	1	00:25.45	790	-1.9	E
GAU102	424	CHANTE VAN TONDER	Gauteng	2	00:25.57	784	-1.9	E
WCP072	1232	ANE FOURIE	Western Cape	3	00:25.79	774	-1.9	E
ECA112	111	NICOLE SHARROCK	Eastern Cape	4	00:26.48	745	-1.9	E
LIM107	790	NADINE SCHUTTE	Limpopo	5	00:27.34	712	-1.9	E
KZN070	660	NOKWAZI NKABINDE	Kwazulu Natal	6	00:27.40	710	-1.9	E

50	G-19	400 m	/ 400 m	00:00.00	Heats			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU093	417	A. STEYN	Gauteng	1	00:57.92	809		E
GAU094	418	ANMARLI LOUBSER	Gauteng	1	00:58.74	794		E
ECA116	115	LIZE-ANNE STEYN	Eastern Cape	2	00:58.94	790		E
WCP093	1253	SUNELL JACOBS	Western Cape	2	00:58.94	790		E
LIM109	792	GLENIZE VAN ROOYEN	Limpopo	3	00:59.32	783		E
GAU095	419	MICHE VAN ZYL	Gauteng	3	00:58.95	790		E
ECA117	116	ALEESHA GERBER	Eastern Cape	4	00:59.83	774		E
WCP076	1236	CHARNE AUGUSTUYN	Western Cape	4	00:60.49	763		E
FSA153	277	MARLI ODENDAAL	Free State	5	00:61.07	753		E
KZN0.7	591	NKABINDE NOKWAZI	Kwazulu Natal	5	00:60.47	763		E
GAU125	444	DANELLE ROOS	Gauteng	6	00:61.19	752		E
MPU049	853	ANISKA PRETORIUS	Mpumalanga	6	00:63.10	723		E
NWP065	1083	RIZAAAN OLIVIER	North West Province	7	00:63.33	720		E

151	G-19	400 m	/ 400 m	00:00.00	Final			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU093	417	A. STEYN	Gauteng	1	00:53.80	906		H R
ECA116	115	LIZE-ANNE STEYN	Eastern Cape	2	00:54.90	875		H
GAU094	418	ANMARLI LOUBSER	Gauteng	3	00:55.90	850		H
WCP093	1253	SUNELL JACOBS	Western Cape	4	00:57.10	823		H
LIM109	792	GLENIZE VAN ROOYEN	Limpopo	5	00:58.10	803		H
GAU095	419	MICHE VAN ZYL	Gauteng	6	00:58.30	799		H
ECA117	116	ALEESHA GERBER	Eastern Cape	7	00:58.70	792		H
KZN0.7	591	NKABINDE NOKWAZI	Kwazulu Natal	8	00:59.00	786		H

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194	G-19	800 m	/ 800 m	00:00.00	Heats			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
ECA116	115	LIZE-ANNE STEYN	Eastern Cape	1	02:14.13	813		E
LIM111	794	ADELE VERMAAK	Limpopo	1	02:13.61	818		E
WCP083	1243	HELEEN MALAN	Western Cape	1	02:14.73	808		E
WCP093	1253	SUNELL JACOBS	Western Cape	1	02:13.27	821		E
NWP059	1077	L HUSEMEYER	North West Province	1	02:21.92	751		E
GAU093	417	A. STEYN	Gauteng	1	02:11.90	834		E
GAU124	443	GIRA CARSTENS	Gauteng	1	02:18.40	778		E
GAU095	419	MICHE VAN ZYL	Gauteng	1	02:18.40	778		E
MPU051	855	MARIKA VERMAAK	Mpumalanga	1	02:14.78	808		E
MPU045	849	CHARLIZE GROVE	Mpumalanga	1	02:23.78	738		E

322	G-19	800 m	/ 800 m	00:00.00	Final			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU093	417	A. STEYN	Gauteng	1	02:08.72	868		E
MPU051	855	MARIKA VERMAAK	Mpumalanga	2	02:09.52	859		E
ECA116	115	LIZE-ANNE STEYN	Eastern Cape	3	02:11.95	834		E
LIM111	794	ADELE VERMAAK	Limpopo	4	02:14.78	808		E
WCP093	1253	SUNELL JACOBS	Western Cape	5	02:15.22	804		E
GAU095	419	MICHE VAN ZYL	Gauteng	6	02:15.78	799		E
WCP083	1243	HELEEN MALAN	Western Cape	7	02:16.22	795		E
GAU124	443	GIRA CARSTENS	Gauteng	8	02:21.34	755		E
NWP059	1077	L HUSEMEYER	North West Province	9	02:26.51	721		E

92	G-19	1500 m	/ 1500 m	00:00.00	Heats			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
ECA107	106	N NKASAYNA	Eastern Cape	1	05:10.22	662		E
LIM111	794	ADELE VERMAAK	Limpopo	1	04:50.00	730		E
KZN068	658	MPUMELE MNYANDU	Kwazulu Natal	1	04:44.59	751		E
WCP087	1247	LEZAAN VAN WYK	Western Cape	1	04:49.65	731		E
WCP091	1251	MONUQUENN LOMBAARD	Western Cape	1	04:49.03	733		E
NWP059	1077	L HUSEMEYER	North West Province	1	05:00.68	692		E
GAU105	427	MASABATA MATOANE	Gauteng	1	04:55.60	709		E
GAU107	429	JEAN NOTHLING	Gauteng	1	04:55.60	709		E
GAU106	428	ANKIA CATHERINE STOLS	Gauteng	1	04:55.60	709		E
MPU045	849	CHARLIZE GROVE	Mpumalanga	1	05:20.00	634		E
KZN069	659	MBALI MOKOENA	Kwazulu Natal	1	00:00.00	0		E

326	G-19	3000 m	/ 3000 m	00:00.00	Final			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
KZN068	658	MPUMELE MNYANDU	Kwazulu Natal	1	10:29.10	514		E
WCP091	1251	MONUQUENN LOMBAARD	Western Cape	2	10:41.16	491		E
KZN072	662	NONTOKOZO MKHIZE	Kwazulu Natal	3	10:42.94	488		E
LIM106	789	MAPULA RAMALEBANA	Limpopo	4	11:11.82	438		E
GAU121	441	GERDRI WOLMARANS	Gauteng	5	11:20.64	425		E
NWP130	1148	LUANE MEYER	North West Province	6	12:12.98	350		E

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106	G-19	100 m Hekkie	/ 100 m Hurdles	00:00.00	Heats				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
FSA143	267	LIRISKA BOTHA	Free State	1	00:15.09	834	-2.1	E	
WCP086	1246	JEANN-MARIE SENEKAL	Western Cape	1	00:14.62	866	-2.0	E	
WCP096	1255	TANYA V.D. BERG	Western Cape	2	00:15.32	820		E	
GAU100	422	ANE KILLIAN	Gauteng	2	00:15.45	812		E	
FSA154	278	SUMé OTTO	Free State	3	00:16.66	750		E	
GAU101	423	LEXI NEL	Gauteng	3	00:15.67	800		E	
FSA149	273	DIANDRA JOONE	Free State	4	00:17.08	732		E	
NWP060	1078	S KRUGER	North West Province	4	00:17.18	728		E	
MPU040	844	AMADEA ALBERTS	Mpumalanga	5	00:17.20	727		E	

135	G-19	100 m Hekkie	/ 100 m Hurdles	00:00.00	Final				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
WCP086	1246	JEANN-MARIE SENEKAL	Western Cape	1	00:14.77	855	-1.9	E	
WCP096	1255	TANYA V.D. BERG	Western Cape	2	00:15.02	838		E	
FSA143	267	LIRISKA BOTHA	Free State	3	00:15.13	831		E	
GAU101	423	LEXI NEL	Gauteng	4	00:15.70	798		E	
GAU100	422	ANE KILLIAN	Gauteng	5	00:16.11	776		E	
FSA154	278	SUMé OTTO	Free State	6	00:16.35	765		E	
FSA149	273	DIANDRA JOONE	Free State	7	00:17.10	731		E	
NWP060	1078	S KRUGER	North West Province	8	00:17.24	726		E	

229	G-19	400 m Hekkie	/ 400 m Hurdles	00:00.00	Heats				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
WCP086	1246	JEANN-MARIE SENEKAL	Western Cape	1	00:62.67	833		E	
WCP072	1232	ANE FOURIE	Western Cape	1	00:61.94	843		E	
FSA143	267	LIRISKA BOTHA	Free State	2	00:64.88	803		E	
WCP083	1243	HELEEN MALAN	Western Cape	2	00:64.51	808		E	
ECA110	109	LENA-LISA RETIEF	Eastern Cape	3	00:65.18	799		E	
GAU117	438	ALMARIE VAN DER WALT	Gauteng	3	00:65.14	800		E	
NWP053	1071	O KLOPPER	North West Province	4	00:65.48	796		E	
GAU118	439	ALICIA BEKKER	Gauteng	4	00:67.29	775		E	
NWP052	1070	MARIETJIE NEL	North West Province	5	00:65.71	793		E	
MPU044	848	LEANDRIE GOUWS	Mpumalanga	5	00:69.68	750		E	
LIM104	787	LOU-MARE GELDENHUYS	Limpopo	6	00:71.33	734		E	
GAU100	422	ANE KILLIAN	Gauteng	6	00:66.32	786		E	

290	G-19	400 m Hekkie	/ 400 m Hurdles	00:00.00	Final				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
WCP072	1232	ANE FOURIE	Western Cape	1	00:60.26	870		E	
WCP086	1246	JEANN-MARIE SENEKAL	Western Cape	2	00:60.57	865		E	
FSA143	267	LIRISKA BOTHA	Free State	3	00:63.38	823		E	
ECA110	109	LENA-LISA RETIEF	Eastern Cape	4	00:64.99	802		E	
GAU117	438	ALMARIE VAN DER WALT	Gauteng	5	00:65.30	798		E	
NWP052	1070	MARIETJIE NEL	North West Province	6	00:65.80	792		E	
NWP053	1071	O KLOPPER	North West Province	7	00:66.75	781		E	
WCP083	1243	HELEEN MALAN	Western Cape	8	00:71.34	734		E	

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13	G-19	2000 m Hindernis	/ 2000 m Steeple Chase	00:00.00	Final				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU090	414	MORWESI MOHAPOLE	Gauteng	1	07:17.40	843		E	N
NWP067	1085	M ZIETSMAN	North West Province	2	07:38.39	809		E	N
WCP097	1256	TATUM MONNERY	Western Cape	3	07:41.71	805		E	N
GAU091	415	E. BRITS	Gauteng	4	07:48.92	794		E	N
GAU092	416	N. MASHININI	Gauteng	5	07:51.34	791		E	N
WCP092	1252	SULETTE KOTZE	Western Cape	6	08:09.77	767		E	N
NWP068	1086	A HOFFMAN	North West Province	7	08:10.98	766		E	N
NWP130	1148	LUANE MEYER	North West Province	8	08:29.60	744		E	N
MPU045	849	CHARLIZE GROVE	Mpumalanga	9	08:42.56	730		E	N

1	G-19	10000 m Stap	/ 10000 m Walk	00:00.00	Final				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
WCP081	1241	DANIELLE KOEGELEBERG	Western Cape	1	59:23.30	833		H	
WCP082	1242	ELNARI KOEGELEBERG	Western Cape	2	60:39.80	826		H	
WCP074	1234	BEA LE ROUX	Western Cape	3	63:15.20	812		H	
FSA155	279	TANIA STRYDOM	Free State	4	66:41.10	795		H	
GAU081	405	NTHATISI MOKHELE	Gauteng	5	68:03.00	789		H	
NWP049	1067	DELISE MARAIS	North West Province	6	69:09.40	784		H	

237	G-19	4X100 m Aflos	/ 4X100 m Relay	00:00.00	Final				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAUA03	581	GAUTENG	Gauteng	1	00:49.30	779		H	
WCPA03	1383	WESTERN CAPE	Western Cape	2	00:49.90	762		H	
FSAA03	318	FREE STATE	Free State	3	00:51.00	734		H	
NWPA03	1152	NORTH WEST	North West Province	4	00:51.90	713		H	
MPUA03	926	MPUMALANGA	Mpumalanga	5	00:52.20	707		H	
KZNA03	680	KWAZULU NATAL	Kwazulu Natal	6	00:52.80	694		H	

337	G-19	4 X400 m Aflos	/ 4X400 m Relay	00:00.00	Final				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAUA09	587	GAUTENG	Gauteng	1	03:50.55	852		E	
ECAA09	128	EASTERN CAPE	Eastern Cape	2	03:51.55	844		E	
WCPA09	1389	WESTERN CAPE	Western Cape	3	03:54.61	822		E	
FSAA09	324	FREE SATE	Free State	4	03:56.67	808		E	

212	G-19	Hoogspring	/ High Jump	00:00.00	Heats				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
ECA109	108	LIPHIWE NXASANA	Eastern Cape	1	1.50	620		E	
FSA146	270	MICHÉLLE DOUBELL	Free State	1	1.62	773		E	
FSA152	276	ANICA MYBURGH	Free State	1	1.62	773		E	
LIM104	787	LOU-MARE GELDENHUYS	Limpopo	1	1.62	773		E	
WCP088	1248	MARZET PIETERSE	Western Cape	1	1.68	849		E	
WCP089	1249	MARCELLE DU PLESSIS	Western Cape	1	1.68	849		E	
WCP098	1257	VALENTINA DA ROCHA	Western Cape	1	1.73	904		E	
NWP061	1079	SALOME VAN HEERDEN	North West Province	1	1.70	875		E	
NWP063	1081	ANIKA PRETORIUS	North West Province	1	1.62	773		E	
GAU114	436	M. HANCKE	Gauteng	1	1.50	620		E	
GAU113	435	CHANEL RANGE	Gauteng	1	1.60	748		E	
GAU112	434	KIM DIPPENAAR	Gauteng	1	1.65	812		E	

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320	G-19	Hoogspring	/ High Jump	00:00.00			Final		
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
WCP089	1249	MARCELLE DU PLESSIS	Western Cape	1	1.68	849		E	
NWP063	1081	ANIKA PRETORIUS	North West Province	2	1.68	849		E	
GAU112	434	KIM DIPPENAAR	Gauteng	3	1.63	786		E	
WCP088	1248	MARZET PIETERSE	Western Cape	4	1.63	786		E	
FSA152	276	ANICA MYBURGH	Free State	5	1.58	723		E	
FSA146	270	MICHÉLLE DOUBELL	Free State	6	1.58	723		E	
NWP061	1079	SALOME VAN HEERDEN	North West Province	6	1.58	723		E	
GAU113	435	CHANEL RANGE	Gauteng	6	1.58	723		E	
LIM104	787	LOU-MARE GELDENHUYS	Limpopo	9	1.58	723		E	
GAU114	436	M. HANCKE	Gauteng	10	1.53	659		E	

66	G-19	Paalspring	/ Pole Vault	00:00.00			Final		
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
WCP090	1250	MARISKA SMIT	Western Cape	1	3.30	816		E	
NWP051	1069	ELANDI STEYGER	North West Province	2	3.00	734		E	
WCP085	1245	JANÉ SMIT	Western Cape	3	2.70	647		E	
WCP073	1233	ANRIETTE SMIT	Western Cape	4	2.70	647		E	

141	G-19	Verspring	/ Long Jump	00:00.00			Final		
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
NWP063	1081	ANIKA PRETORIUS	North West Province	1	5.53	842	-4.9	E	
ECA103	102	A BATTISON	Eastern Cape	2	5.52	839		E	
FSA147	271	DANELLE ERWEE	Free State	3	5.32	783		E	
WCP090	1250	MARISKA SMIT	Western Cape	4	5.22	754		E	
GAU084	408	CORANI JANKOWITZ	Gauteng	5	5.19	746		E	
MPU048	852	ZINHLE MBUYANE	Mpumalanga	6	5.17	740		E	
WCP077	1237	CHLOE PHEIFFER	Western Cape	7	5.12	726		E	
NCP076	1011	KARINA-MARIE KLEJNHANS	Northern Cape Province	8	4.83	641		E	
MPU046	850	GETRUDE HLOPHE	Mpumalanga	9	4.82	639		E	
GAU083	407	NATASHA ROUX	Gauteng	10	4.82	639		E	
LIM105	788	MMALEPO MASHAMBA	Limpopo	11	4.65	588		E	
FSA021	151	LIZE-MARI MENEZES	Free State	12	4.48	537		E	

61	G-19	Driesprong	/ Triple Jump	00:00.00			Final		
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
WCP098	1257	VALENTINA DA ROCHA	Western Cape	1	12.04	912	-1.1	E	
ECA103	102	A BATTISON	Eastern Cape	2	11.72	901		E	
FSA147	271	DANELLE ERWEE	Free State	3	11.68	899		E	
GAU087	411	HANNELARE DAGUTA	Gauteng	4	11.42	873		E	
MPU048	852	ZINHLE MBUYANE	Mpumalanga	5	11.35	865		E	
WCP083	1243	HELEEN MALAN	Western Cape	6	10.95	824		E	
WCP080	1240	COURTNEY DU PLESSIS	Western Cape	7	10.93	822		E	
LIM110	793	EMOGENE VENTER	Limpopo	8	10.80	808		E	
GAU089	413	S. MUKA	Gauteng	9	10.72	800		E	
MPU047	851	ZANELE MABUZA	Mpumalanga	10	10.60	787		E	
GAU088	412	SASHA-LEE SULSER	Gauteng	11	10.05	728		E	
FSA021	151	LIZE-MARI MENEZES	Free State	12	9.86	707		E	
NWP057	1075	A THEUNISSEN	North West Province	13	9.78	698		E	

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245	G-19	Gewigstoot	/ Shot Put	00:00.00			Final		
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
FSA157	281	LIËTTE VAN SCHALKWYK	Free State	1	13.01	886		E	
ECA111	110	ISCHKE SENEKAL	Eastern Cape	2	12.56	869		E	
GAU096	420	MARGA VERMAAK	Gauteng	3	12.19	854		E	
MPU052	856	DANELLE WILLEMSE	Mpumalanga	4	12.10	850		E	
NCP078	1013	RACHELLE POTTAS	Northern Cape Province	5	12.07	849		E	
NWP064	1082	NALINSA POTGIETER	North West Province	6	11.89	842		E	
FSA144	268	JOANÉ BREDEKAMP	Free State	7	11.62	831		E	
WCP071	1231	ALETTA SWART	Western Cape	8	11.00	804		E	
KZN067	657	SIMONE MEYER	Kwazulu Natal	9	10.52	783		E	
FSA158	282	BIANCA WILLEMSE	Free State	10	10.49	782		E	
GAU115	437	CHANE MARTIN	Gauteng	11	10.47	781		E	
WCP094	1254	SUNETTE VOIGHT	Western Cape	12	10.30	773		E	
WCP079	1239	CHRISZELLE DE KOCK	Western Cape	13	10.10	764		E	
WCP078	1238	CHRISTINA PRINSLOO	Western Cape	14	10.04	762		E	
FSA156	280	HANNETJIE VAN ZYL	Free State	15	10.00	760		E	
MPU041	845	SUSANNA BEZUIDENHOUT	Mpumalanga	16	9.95	757		E	

325	G-19	Diskusgooi	/ Discus Throw	00:00.00			Final		
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
ECA111	110	ISCHKE SENEKAL	Eastern Cape	1	47.91	917		E	R
KZN067	657	SIMONE MEYER	Kwazulu Natal	2	47.21	913		E	
MPU052	856	DANELLE WILLEMSE	Mpumalanga	3	45.69	904		E	
GAU096	420	MARGA VERMAAK	Gauteng	4	45.66	904		E	
FSA144	268	JOANÉ BREDEKAMP	Free State	5	37.12	795		E	
NCP078	1013	RACHELLE POTTAS	Northern Cape Province	6	36.75	789		E	
GAU097	421	NANETE HARTLY	Gauteng	7	34.13	750		E	
GAU086	410	NANDA KRUGER	Gauteng	8	28.45	658		E	
LIM103	786	ROZANNE ENGELBRECHT	Limpopo	9	27.89	648		E	
NWP062	1080	ELRIESSO THEUNISSEN	North West Province	10	24.09	577		E	

306	G-19	Spiesgooi	/ Javelin	00:00.00			Final		
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU111	433	CARL GROBBELAAR	Gauteng	1	46.39	869		E	
GAU109	431	LEANDRI SWIEGERS	Gauteng	2	46.25	867		E	
GAU110	432	SHADINE VAN DER MERWE	Gauteng	3	45.81	860		E	
NWP055	1073	CHRISTELLE DE KLERK	North West Province	4	44.39	840		E	
WCP217	1375	SULIZMA SCHULTZ	Western Cape	5	40.82	786		E	
FSA150	274	JANIKE KOTZÉ	Free State	6	39.09	759		E	
LIM104	787	LOU-MARE GELDENHUYS	Limpopo	7	37.09	727		E	
FSA148	272	JANICA GELDENHUYS	Free State	8	37.09	727		E	

190	G-19	Hamergooi	/ Hammer Throw	00:00.00			Final		
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
WCP094	1254	SUNETTE VOIGHT	Western Cape	1	38.23	816		E	
ECA115	114	FRANCISKE WHITEHEAD	Eastern Cape	2	37.81	812		E	
GAU085	409	M BRITZ	Gauteng	3	37.05	803		E	
GAU086	410	NANDA KRUGER	Gauteng	4	35.65	788		E	
FSA145	269	GERNÉ COETZER	Free State	5	34.25	772		E	
WCP084	1244	JANA JORDAAN	Western Cape	6	30.45	725		E	

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32	B-15	100 m	/ 100 m	00:00.00	Heats			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
FSA044	174	LLEWELLYN HEIN	Free State	1	00:11.25	829	-0.1	E
FSA038	168	RANTABANE HLAPO	Free State	1	00:11.02	875	-0.9	E
WCP123	1282	NIVAN LANGDOWN	Western Cape	1	00:11.15	849	-0.3	E
ECA019	19	DYLAN VERMAAK	Eastern Cape	2	00:11.44	796		E
GAU151	469	JUSTIN BHANA	Gauteng	2	00:11.39	804		E
MPU060	864	NELIS J V RENSBURG	Mpumalanga	2	00:11.23	833		E
NWP083	1101	PAUL MALULEKE	North West Province	3	00:11.57	775		E
NWP077	1095	ANELE MZWANZWA	North West Province	3	00:11.52	783		E
GAU149	468	LENDO GREYLIN	Gauteng	3	00:11.52	783		E
NCP014	949	JOHAN VAN WYK	Northern Cape Province	4	00:11.54	779		E
GAU126	445	D. DE BRUIN	Gauteng	4	00:11.58	773		E
MPU074	878	ANDILE ZITHA	Mpumalanga	4	00:11.68	758		E
WCP103	1262	CHAD TITUS	Western Cape	5	00:11.91	724		E
GAU139	458	BRENDEN FOUCHE	Gauteng	5	00:11.68	758		E
MPU054	858	FUMANI CHAUKE	Mpumalanga	5	00:11.70	755		E
FSA063	192	NOLO MOTSEKE	Free State	6	00:12.02	710		E
FSA068	197	RONALD RAKAKU	Free State	6	00:11.86	731		E
LIM015	698	MONAMA MOLEFO	Limpopo	6	00:11.75	747		E
KZN028	619	MLAMBO YANELISA	Kwazulu Natal	7	00:12.10	699		E
NCP012	947	O TUELO	Northern Cape Province	7	00:11.98	715		E
NCP007	942	MARCHELLE JOSEPHS	Northern Cape Province	7	00:12.22	684		E
LIM012	695	FRANK MODIBA	Limpopo	8	00:12.23	683		E

113	B-15	100 m	/ 100 m	00:00.00	Semi-Finals			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
ECA019	19	DYLAN VERMAAK	Eastern Cape	1	00:11.44	796		E
FSA044	174	LLEWELLYN HEIN	Free State	1	00:11.25	829		E
FSA038	168	RANTABANE HLAPO	Free State	1	00:11.02	875		E
WCP123	1282	NIVAN LANGDOWN	Western Cape	1	00:11.15	849		E
NWP077	1095	ANELE MZWANZWA	North West Province	1	00:11.52	783		E
GAU149	468	LENDO GREYLIN	Gauteng	1	00:11.52	783		E
GAU151	469	JUSTIN BHANA	Gauteng	1	00:11.39	804		E
MPU060	864	NELIS J V RENSBURG	Mpumalanga	1	00:11.23	833		E

169	B-15	100 m	/ 100 m	00:00.00	Final			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
FSA038	168	RANTABANE HLAPO	Free State	1	00:11.32	817	2.2	E
WCP123	1282	NIVAN LANGDOWN	Western Cape	2	00:11.47	791	2.2	E
FSA044	174	LLEWELLYN HEIN	Free State	3	00:11.70	755	2.2	E
MPU060	864	NELIS J V RENSBURG	Mpumalanga	4	00:11.79	741	2.2	E
NWP077	1095	ANELE MZWANZWA	North West Province	5	00:11.80	740	2.2	E
ECA019	19	DYLAN VERMAAK	Eastern Cape	6	00:11.83	736	2.2	E
GAU149	468	LENDO GREYLIN	Gauteng	7	00:11.94	720	2.2	E

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216	B-15	200 m	/ 200 m	00:00.00	Heats			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
FSA044	174	LLEWELLYN HEIN	Free State	1	00:23.67	785	-1.9	E
FSA038	168	RANTABANE HLAPO	Free State	1	00:23.11	827	-2.0	E
NWP082	1100	WALDO KRIEL	North West Province	1	00:23.65	786	-2.1	E
NWP077	1095	ANELE MZWANZWA	North West Province	1	00:24.29	743	-2.4	E
ECA019	19	DYLAN VERMAAK	Eastern Cape	2	00:24.44	734		E
NWP083	1101	PAUL MALULEKE	North West Province	2	00:24.02	761		E
MPU055	859	MARCO DE KOCK	Mpumalanga	2	00:24.37	738		E
MPU060	864	NELIS J V RENSBURG	Mpumalanga	2	00:24.15	752		E
NCP015	950	WILMO VERMEULEN	Northern Cape Province	3	00:24.59	725		E
NCP014	949	JOHAN VAN WYK	Northern Cape Province	3	00:24.15	752		E
WCP125	1284	PETER WATERBOER	Western Cape	3	00:24.30	743		E
GAU139	458	BRENDEN FOUCHE	Gauteng	3	00:24.61	724		E
NCP001	936	XAVIER CLOETE	Northern Cape Province	4	00:24.64	722		E
WCP131	1290	TIAAN SWANEOEL	Western Cape	4	00:24.69	719		E
GAU148	467	FAIZEL NGWENYA	Gauteng	4	00:24.79	713		E
MPU054	858	FUMANI CHAUKE	Mpumalanga	4	00:24.60	724		E
LIM004	687	EDDIE ENGELBRECHT	Limpopo	5	00:24.96	704		E
LIM010	693	TSHEPISO EDDY MAHASHA	Limpopo	5	00:25.47	676		E
KZN018	609	SFISO MADIDA	Kwazulu Natal	5	00:25.03	700		E
KZN038	629	ZULU NHLAKANIPHO	Kwazulu Natal	5	00:25.20	690		E
FSA048	178	MPHO LESHOLI	Free State	6	00:25.14	694		E
LIM020	703	LEVERT SYKES	Limpopo	6	00:26.39	630		E
KZN033	624	DAVID PALFRAMAN	Kwazulu Natal	6	00:25.18	691		E
FSA042	172	LYLE DANIELS	Free State	7	00:25.49	675		E
LIM019	702	TSHEPISO SHAI	Limpopo	7	00:25.28	686		E

248	B-15	200 m	/ 200 m	00:00.00	Semi-Finals			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
FSA038	168	RANTABANE HLAPO	Free State	1	00:22.34	896	-0.1	E
NWP082	1100	WALDO KRIEL	North West Province	1	00:22.84	849	-0.2	E
FSA044	174	LLEWELLYN HEIN	Free State	2	00:22.86	848		E
MPU060	864	NELIS J V RENSBURG	Mpumalanga	2	00:23.06	831		E
ECA019	19	DYLAN VERMAAK	Eastern Cape	3	00:23.27	814		E
GAU139	458	BRENDEN FOUCHE	Gauteng	3	00:23.08	829		E
WCP125	1284	PETER WATERBOER	Western Cape	4	00:23.42	803		E
NWP077	1095	ANELE MZWANZWA	North West Province	4	00:23.28	814		E
NCP015	950	WILMO VERMEULEN	Northern Cape Province	5	00:23.68	784		E
NWP083	1101	PAUL MALULEKE	North West Province	5	00:23.68	784		E
NCP001	936	XAVIER CLOETE	Northern Cape Province	6	00:23.89	770		E
NCP014	949	JOHAN VAN WYK	Northern Cape Province	6	00:23.75	779		E
MPU055	859	MARCO DE KOCK	Mpumalanga	7	00:24.41	736		E
MPU054	858	FUMANI CHAUKE	Mpumalanga	7	00:24.13	754		E
GAU148	467	FAIZEL NGWENYA	Gauteng	8	00:24.20	749		E

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312	B-15	200 m	/ 200 m	00:00.00	Final			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
FSA038	168	RANTABANE HLAPO	Free State	1	00:22.57	874	-1.7	E
NWP082	1100	WALDO KRIEL	North West Province	2	00:23.14	825	-1.7	E
FSA044	174	LLEWELLYN HEIN	Free State	3	00:23.28	814	-1.7	E
GAU139	458	BRENDEN FOUCHE	Gauteng	4	00:23.30	812	-1.7	E
NWP077	1095	ANELE MZWANZWA	North West Province	5	00:23.50	797	-1.7	E
MPU060	864	NELIS J V RENSBURG	Mpumalanga	6	00:23.54	794	-1.7	E
ECA019	19	DYLAN VERMAAK	Eastern Cape	7	00:23.69	783	-1.7	E
WCP125	1284	PETER WATERBOER	Western Cape	8	00:23.76	778	-1.7	E

45	B-15	400 m	/ 400 m	00:00.00	Heats			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
LIM004	687	EDDIE ENGELBRECHT	Limpopo	1	00:51.99	787		E
NWP082	1100	WALDO KRIEL	North West Province	1	00:50.41	837		E
GAU138	457	K. GROENEWALD	Gauteng	1	00:51.38	806		E
GAU139	458	BRENDEN FOUCHE	Gauteng	1	00:51.44	804		E
WCP114	1273	JODY HILL	Western Cape	2	00:53.44	747		E
WCP121	1280	MYRON VOSTER	Western Cape	2	00:52.29	779		E
NWP073	1091	DUARD BARNARD	North West Province	2	00:52.23	781		E
GAU167	485	RENIER SPAMER	Gauteng	2	00:52.82	764		E
FSA052	182	THATO MASIMINI	Free State	3	00:52.88	762		E
FSA048	178	MPHO LESHOLI	Free State	3	00:52.65	769		E
KZN033	624	DAVID PALFRAMAN	Kwazulu Natal	3	00:52.33	778		E
KZN019	610	MADLALA WANDILE	Kwazulu Natal	3	00:53.59	744		E
KZN030	621	NDLOVU SPHELELE	Kwazulu Natal	4	00:53.50	746		E
NCP004	939	DENVER FISCHER	Northern Cape Province	4	00:55.26	703		E
NWP088	1106	IGNUS LABUSCHAGNE	North West Province	4	00:53.44	747		E
MPU055	859	MARCO DE KOCK	Mpumalanga	4	00:53.03	758		E
ECA001	1	EDMUND ADAMS	Eastern Cape	5	00:53.67	742		E
NCP015	950	WILMO VERMEULEN	Northern Cape Province	5	00:55.41	699		E
GAU140	459	J BOTHA	Gauteng	5	00:54.26	727		E
MPU063	867	XUMANI MAAKANA	Mpumalanga	5	00:54.11	730		E
FSA050	180	RUBEN MARNEWICK	Free State	6	00:54.30	726		E
LIM020	703	LEVERT SYKES	Limpopo	6	00:54.86	712		E
KZN038	629	ZULU NHLAKANIPHO	Kwazulu Natal	6	00:54.36	724		E
LIM009	692	KAMOGELO MAENETJA	Limpopo	7	00:58.79	629		E
WCP136	1295	XAVIER PIETERSE	Western Cape	7	00:54.64	717		E

148	B-15	400 m	/ 400 m	00:00.00	Final			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
NWP082	1100	WALDO KRIEL	North West Province	1	00:49.49	871		E
GAU138	457	K. GROENEWALD	Gauteng	2	00:50.31	841		E
GAU139	458	BRENDEN FOUCHE	Gauteng	3	00:50.48	835		E
KZN033	624	DAVID PALFRAMAN	Kwazulu Natal	4	00:51.79	793		E
LIM004	687	EDDIE ENGELBRECHT	Limpopo	5	00:52.06	785		E
NWP073	1091	DUARD BARNARD	North West Province	6	00:52.65	769		E
FSA048	178	MPHO LESHOLI	Free State	7	00:53.71	740		E

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191	B-15	800 m	/ 800 m	00:00.00	Heats			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
ECA015	15	CHRISTIAAN OLIPHANT	Eastern Cape	1	02:00.58	813		E
GAU144	463	OLEBOGENG MASETLHE	Gauteng	1	02:01.53	793		E
NWP081	1099	JAY-BE ROOYEN	North West Province	2	02:00.67	811		E
GAU161	479	S. VILAKAZI	Gauteng	2	02:02.97	764		E
KZN029	620	NDLOVU SNENHLANHLA	Kwazulu Natal	3	02:04.23	741		E
WCP218	1376	KALIB BEUKES	Western Cape	3	02:00.92	806		E
WCP219	1377	CHRIS REDELINGHUYS	Western Cape	4	02:04.91	729		E
GAU162	480	MPHO MOOKA	Gauteng	4	02:01.29	798		E
NCP002	937	GIAN DE JONGH	Northern Cape Province	5	02:03.21	760		E
WCP102	1261	CHAD LAKAY	Western Cape	5	02:06.96	694		E
FSA047	177	LEBOHANG LENGANA	Free State	6	02:04.00	745		E
GAU168	486	G. CHIRWA	Gauteng	6	02:07.06	693		E
FSA067	196	NEO RADILE	Free State	7	02:06.47	702		E
FSA080	208	THABO XABA	Free State	7	02:08.91	664		E
FSA059	189	SAMMY MOLIBELI	Free State	8	02:08.37	672		E
MPU059	863	THOKOZANI HLATSHWAYO	Mpumalanga	8	02:09.14	661		E
LIM018	701	SELLO SESHOKA	Limpopo	9	02:08.86	665		E
NCP010	945	TSHEPO MOTLHALE	Northern Cape Province	9	02:09.50	655		E
KZN027	618	THABO MKHWANAZI	Kwazulu Natal	10	02:08.93	664		E
NCP016	951	ANDRICO WILLIAMS	Northern Cape Province	10	02:10.48	641		E
KZN025	616	MHLONGO SIMPHIWE	Kwazulu Natal	11	02:08.98	663		E
MPU069	873	KAGISHO PUANE	Mpumalanga	11	02:15.73	572		E

295	B-15	800 m	/ 800 m	00:00.00	Final			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
NWP081	1099	JAY-BE ROOYEN	North West Province	1	01:57.87	879		E
GAU162	480	MPHO MOOKA	Gauteng	2	02:00.13	823		E
ECA015	15	CHRISTIAAN OLIPHANT	Eastern Cape	3	02:00.67	811		E
NCP002	937	GIAN DE JONGH	Northern Cape Province	4	02:04.63	734		E
KZN029	620	NDLOVU SNENHLANHLA	Kwazulu Natal	5	02:05.35	721		E
GAU161	479	S. VILAKAZI	Gauteng	6	02:06.18	707		E
WCP218	1376	KALIB BEUKES	Western Cape	7	02:10.70	638		E

70	B-15	1500 m	/ 1500 m	00:00.00	Heats			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
NWP075	1093	RUAN MEINTJIES	North West Province	1	04:09.81	865		E
GAU144	463	OLEBOGENG MASETLHE	Gauteng	1	04:08.63	873		E
ECA006	6	APHELELE FANEKHO	Eastern Cape	2	04:09.39	868		E
KZN016	607	BUTHELEZI LINDOKUHLE	Kwazulu Natal	2	04:10.79	858		E
LIM008	691	TSHEPO MABOGO	Limpopo	3	04:11.28	855		E
NCP016	951	ANDRICO WILLIAMS	Northern Cape Province	3	04:14.73	832		E
FSA057	187	PASEKA MOKUBUNG	Free State	4	04:11.75	851		E
WCP117	1276	LEEROY LAWRENCE	Western Cape	4	04:17.56	814		E
ECA003	3	SIPHAMANDLA CEME	Eastern Cape	5	04:14.57	833		E
KZN023	614	MDAKANE NTUTHUKO	Kwazulu Natal	5	04:19.70	802		E
FSA047	177	LEBOHANG LENGANA	Free State	6	04:15.85	825		E
FSA055	185	SEKHOZANA MOEKETSI	Free State	6	04:26.48	764		E
FSA064	193	THEBOHO POLO	Free State	7	04:28.59	754		E
WCP124	1283	OKUHALE TOSE	Western Cape	7	04:21.11	794		E
GAU145	464	IGNATIUS RAFAPO	Gauteng	8	04:42.83	689		E
KZN024	615	MDLETSHE SBUSISO	Kwazulu Natal	9	04:44.55	682		E

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139	B-15	1500 m	/ 1500 m	00:00.00	Final			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
NWP075	1093	RUAN MEINTJIES	North West Province	1	04:01.23	934		E
ECA006	6	APHELELE FANEKHO	Eastern Cape	2	04:01.39	933		E
GAU144	463	OLEBOGENG MASETLHE	Gauteng	3	04:02.03	927		E
NCP016	951	ANDRICO WILLIAMS	Northern Cape Province	4	04:08.81	872		E
FSA047	177	LEBOHANG LENGANA	Free State	5	04:09.84	865		E
KZN016	607	BUTHELEZI LINDOKUHLE	Kwazulu Natal	6	04:10.79	858		E
FSA057	187	PASEKA MOKUBUNG	Free State	7	04:12.82	844		E
WCP117	1276	LEEROY LAWRENCE	Western Cape	8	04:14.29	835		E
KZN023	614	MDAKANE NTUTHUKO	Kwazulu Natal	9	04:17.29	816		E
LIM008	691	TSHEPO MABOGO	Limpopo	10	04:19.14	805		E

334	B-15	3000 m	/ 3000 m	00:00.00	Final			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
ECA006	6	APHELELE FANEKHO	Eastern Cape	1	08:46.52	886		E
NWP075	1093	RUAN MEINTJIES	North West Province	2	08:47.12	885		E
KZN031	622	NDOBE SNETHEMBA	Kwazulu Natal	3	08:52.19	871		E
FSA057	187	PASEKA MOKUBUNG	Free State	4	09:00.63	850		E
KZN034	625	APHELELE PHUNGULA	Kwazulu Natal	5	09:04.09	842		E
WCP117	1276	LEEROY LAWRENCE	Western Cape	6	09:06.00	837		E
ECA005	5	SIKELELA DLOTO	Eastern Cape	7	09:07.73	833		E
ECA014	14	SIWE MTSHUBUNGU	Eastern Cape	8	09:26.47	794		E
FSA055	185	SEKHOZANA MOEKETSI	Free State	9	09:28.37	790		E
KZN020	611	MAJOLA NKOSIKHONA	Kwazulu Natal	10	09:34.53	778		E
WCP120	1279	MALIVIWE MKHOSONA	Western Cape	11	09:53.41	744		E
GAU154	472	MAFIKA CUNUKELA (V)	Gauteng	12	09:54.09	743		E
GAU152	470	IKAGENG GAOREKWA	Gauteng	13	09:54.31	743		E
GAU153	471	T MBATHA	Gauteng	14	10:47.95	663		E
MPU067	871	JABULANI MTHOMBENI	Mpumalanga	15	11:05.40	641		E

105	B-15	100 m Hekkies	/ 100 m Hurdles	00:00.00	Heats			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
ECA018	18	JOHANN VAN NIEKERK	Eastern Cape	0	00:14.20	781		E
WCP107	1266	FREDERICK LOUW	Western Cape	1	00:13.75	819	-2.3	E
GAU141	460	R. DE BEER	Gauteng	1	00:13.64	830	-2.0	E
MPU058	862	DANIEL GRIESEL	Mpumalanga	1	00:14.03	795	-2.1	E
WCP125	1284	PETER WATERBOER	Western Cape	2	00:14.04	794		E
NWP084	1102	P MAGANO	North West Province	2	00:14.08	791		E
GAU143	462	KENNETH SINCLAIR	Gauteng	2	00:14.00	798		E
FSA056	186	BUTI MOKONE	Free State	3	00:14.10	789		E
WCP112	1271	JEREMIAH JELWANA	Western Cape	3	00:14.63	749		E
GAU142	461	LIHAN BOTHA	Gauteng	3	00:14.20	781		E
NWP085	1103	BERNARD FOURIE	North West Province	4	00:14.37	768		E
MPU070	874	JOHANNES RENS	Mpumalanga	4	00:14.48	760		E
MPU054	858	FUMANI CHAUKE	Mpumalanga	4	00:14.92	729		E
LIM011	694	SUPRISE MATHABELA	Limpopo	5	00:17.49	589		E
NWP086	1104	ANTHONY KAGOSIMATOVU	North West Province	5	00:15.14	714		E
MPU066	870	GOODMAN MKHWANAZI	Mpumalanga	5	00:14.72	742		E
KZN037	628	KARL TERBLANCHE	Kwazulu Natal	6	00:15.01	723		E

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132	B-15	100 m Hekkie	/ 100 m Hurdles	00:00.00	Final			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU141	460	R. DE BEER	Gauteng	1	00:13.54	839	-2.7	E
WCP107	1266	FREDERICK LOUW	Western Cape	2	00:13.54	839	-2.7	E
GAU142	461	LIHAN BOTHA	Gauteng	3	00:13.82	813	-2.7	E
GAU143	462	KENNETH SINCLAIR	Gauteng	4	00:13.87	809	-2.7	E
WCP125	1284	PETER WATERBOER	Western Cape	5	00:13.90	806	-2.7	E
NWP084	1102	P MAGANO	North West Province	6	00:14.10	789	-2.7	E
FSA056	186	BUTI MOKONE	Free State	7	00:14.47	761	-2.7	E
ECA018	18	JOHANN VAN NIEKERK	Eastern Cape	8	00:14.50	758	-2.7	E

227	B-15	300 m Hekkie	/ 300 m Hurdles	00:00.00	Heats			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
WCP107	1266	FREDERICK LOUW	Western Cape	1	00:40.99	851		E
NWP073	1091	DUARD BARNARD	North West Province	1	00:40.60	873		E
GAU142	461	LIHAN BOTHA	Gauteng	1	00:40.46	881		E
WCP105	1264	DAVID LOUBSHER	Western Cape	2	00:41.18	841		E
WCP127	1286	RUAN GOMEZ	Western Cape	2	00:40.86	858		E
GAU143	462	KENNETH SINCLAIR	Gauteng	2	00:40.82	860		E
GAU160	478	ESTIAN VAN ROOIJEN	Gauteng	3	00:42.03	799		E
MPU065	869	BONGEKA MHLANGA	Mpumalanga	3	00:41.61	819		E
MPU070	874	JOHANNES RENS	Mpumalanga	3	00:41.52	823		E
FSA058	188	JEREMIA MOLEME	Free State	4	00:41.79	810		E
FSA045	175	TIAAN JACOBS	Free State	4	00:42.81	765		E
NWP074	1092	K V/D MERWE	North West Province	4	00:41.96	802		E
LIM022	705	MARNOU VAN DER MEULEN	Limpopo	5	00:42.93	760		E
LIM011	694	SUPRISE MATHABELA	Limpopo	5	00:42.03	799		E
KZN036	627	BUSALE SHISALE	Kwazulu Natal	5	00:43.20	749		E
ECA018	18	JOHANN VAN NIEKERK	Eastern Cape	6	00:42.05	798		E
NCP009	944	LORENZO MALGAS	Northern Cape Province	6	00:45.21	676		E
MPU062	866	MPHO LESHELABE	Mpumalanga	6	00:43.01	757		E
LIM002	685	ADRIAAN DE LANGE	Limpopo	7	00:45.47	667		E
LIM003	686	ARMAND DAVIES	Limpopo	7	00:42.80	765		E
KZN037	628	KARL TERBLANCHE	Kwazulu Natal	7	00:43.08	754		E

288	B-15	300 m Hekkie	/ 300 m Hurdles	00:00.00	Final			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU142	461	LIHAN BOTHA	Gauteng	1	00:39.36	958		E
WCP107	1266	FREDERICK LOUW	Western Cape	2	00:39.37	958		E
WCP105	1264	DAVID LOUBSHER	Western Cape	3	00:40.23	895		E
NWP073	1091	DUARD BARNARD	North West Province	4	00:40.49	879		E
GAU143	462	KENNETH SINCLAIR	Gauteng	5	00:40.85	858		E
WCP127	1286	RUAN GOMEZ	Western Cape	6	00:41.09	845		E
MPU070	874	JOHANNES RENS	Mpumalanga	7	00:41.67	816		E
MPU065	869	BONGEKA MHLANGA	Mpumalanga	8	00:42.69	770		E

119	B-15	5000 m Stap	/ 5000 m Walk	00:00.00	Final			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
KZN022	613	MBULI SIMPHIWE	Kwazulu Natal	1	27:51.73	788		E
KZN017	608	JOBE MZWANDILE	Kwazulu Natal	2	28:24.79	778		E
FSA060	190	SEKORE MOLEFE	Free State	3	28:25.18	778		E
FSA075	203	STEFAN STRYDOM	Free State	4	28:49.72	771		E
FSA072	200	GERHARDI SAAYMAN	Free State	5	30:43.60	740		E
GAU127	446	ARMAND BURGER	Gauteng	6	31:40.71	726		E
FSA054	184	VUSIMUSI MLUMBI	Free State	7	32:53.15	709		E

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331	B-15	4X100 m Aflos	/ 4X100 m Relay	00:00.00	Final				
	Athlete		Team	Place	Performance	Table point	Wind	H/E	Record
FSAA04	319	FREE STATE	Free State	1	00:44.35	784		E	
GAUA04	582	GAUTENG	Gauteng	2	00:44.53	776		E	
MPUA04	927	MPUMALANGA	Mpumalanga	3	00:44.88	762		E	
NWPA04	1153	NORTH WEST	North West Province	4	00:45.77	728		E	
NCPA03	1016	NORTHERN CAPE	Northern Cape Province	5	00:45.84	726		E	
LIMA03	797	LIMPOPO	Limpopo	6	00:46.17	714		E	
ECAA04	123	EASTERN CAPE	Eastern Cape	7	00:46.35	708		E	

234	B-15	1000m Medley	/ 1000m Medley	00:00.00	Final				
	Athlete		Team	Place	Performance	Table point	Wind	H/E	Record
FSAA10	325	FREE STATE	Free State	1	02:01.60	944		H	
NWPA09	1158	NORTH WEST	North West Province	2	02:02.00	934		H	
GAUA10	588	GAUTENG	Gauteng	3	02:03.60	898		H	
LIMA08	802	LIMPOPO	Limpopo	4	02:04.00	890		H	
ECAA10	129	EASTERN CAPE	Eastern Cape	5	02:09.80	791		H	
MPUA10	933	MPUMALANGA	Mpumalanga	6	02:12.00	761		H	

58	B-15	Hoogspring	/ High Jump	00:00.00	Heats				
	Athlete		Team	Place	Performance	Table point	Wind	H/E	Record
NCP005	940	FRANCISCO ISAACS	Northern Cape Province	1	1.60	522	1	E	
ECA013	13	ZUKHANYE LIZANI	Eastern Cape	1	1.70	634		E	
FSA069	198	RIEKERT REDELINGHUYS	Free State	1	1.77	715		E	
FSA040	170	STEFAN BESTER	Free State	1	1.70	634		E	
FSA056	186	BUTI MOKONE	Free State	1	1.77	715		E	
LIM006	689	JJ LOURENS	Limpopo	1	1.65	577		E	
KZN032	623	NGCOBO SIPHESIHLE	Kwazulu Natal	1	1.55	467		E	
NCP006	941	DENVILL JOSEPH	Northern Cape Province	1	1.65	577		E	
NCP011	946	MICHAEL SWART	Northern Cape Province	1	1.60	522		E	
WCP133	1292	WESLEY MACK	Western Cape	1	1.77	715		E	
WCP119	1278	LUCIAN HENDRICKS	Western Cape	1	1.77	715		E	
NWP078	1096	J HATTON-JONES	North West Province	1	1.77	715		E	
NWP079	1097	ROEHAN STRYDOM	North West Province	1	1.77	715		E	
GAU164	482	T STEENKAMP	Gauteng	1	1.77	715		E	
GAU165	483	MPHO LINKS	Gauteng	1	1.77	715		E	
GAU166	484	VUYU SHONGWE	Gauteng	1	1.77	715		E	
MPU057	861	WARREN GRAHAM	Mpumalanga	1	1.70	634		E	
MPU056	860	THABO DHLAMINI	Mpumalanga	1	1.77	715		E	

158	B-15	Hoogspring	/ High Jump	00:00.00	Final				
	Athlete		Team	Place	Performance	Table point	Wind	H/E	Record
WCP133	1292	WESLEY MACK	Western Cape	1	1.95	910		E	
GAU164	482	T STEENKAMP	Gauteng	2	1.95	910		E	
FSA056	186	BUTI MOKONE	Free State	3	1.85	811		E	
WCP119	1278	LUCIAN HENDRICKS	Western Cape	4	1.80	750		E	
NWP079	1097	ROEHAN STRYDOM	North West Province	5	1.80	750		E	
GAU165	483	MPHO LINKS	Gauteng	6	1.80	750		E	
GAU166	484	VUYU SHONGWE	Gauteng	7	1.80	750		E	
FSA069	198	RIEKERT REDELINGHUYS	Free State	8	1.75	692		E	
NWP078	1096	J HATTON-JONES	North West Province	9	1.75	692		E	
MPU056	860	THABO DHLAMINI	Mpumalanga	10	1.70	634		E	

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43	B-15	Paalspring	/ Pole Vault	00:00.00			Final		
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
WCP122	1281	NEIL GILLOMEE	Western Cape	1	3.30	636		E	
WCP135	1294	WILHELM BRONN	Western Cape	2	3.30	636		E	
FSA078	206	DANIE VAN STRYP	Free State	3	3.20	588		E	
FSA053	183	IGMAR MILLER	Free State	4	3.00	493		E	
WCP109	1268	HENDRIK BEUKES	Western Cape	5	3.00	493		E	
FSA062	191	MARTIN MOUTON	Free State	6	3.00	493		E	
FSA066	195	RUBEN PRETORIUS	Free State	7	3.00	493		E	
WCP129	1288	STEF MALAN	Western Cape	8	2.90	446		E	
ECA012	12	ALTUS MINNIE	Eastern Cape	9	2.90	446		E	
FSA051	181	PHILLIPUS MAREE	Free State	10	2.70	351		E	

283	B-15	Verspring	/ Long Jump	00:00.00			Final		
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
NWP071	1089	IKECHI OSUALA	North West Province	1	6.32	827	-1.9	E	
GAU157	475	JABULANI MOTLHAKE	Gauteng	2	6.28	807		E	
WCP116	1275	KEEGAN PETERS	Western Cape	3	6.23	782		E	
NCP001	936	XAVIER CLOETE	Northern Cape Province	4	6.20	767		E	
GAU158	476	DANE HERBST	Gauteng	5	6.13	733		E	
NWP072	1090	ANTHONY MAGANO	North West Province	6	6.02	681		E	
WCP115	1274	JURGEN LOUW	Western Cape	7	5.99	667		E	
WCP111	1270	JANEAL DELPORT	Western Cape	8	5.95	649		E	
FSA052	182	THATO MASIMINI	Free State	9	5.89	622		E	
NCP013	948	ERIC VAN WYK	Northern Cape Province	10	5.77	568		E	
ECA008	8	KAYEMBE KAMANGU	Eastern Cape	11	5.76	564		E	
NCP015	950	WILMO VERMEULEN	Northern Cape Province	12	5.75	559		E	
ECA012	12	ALTUS MINNIE	Eastern Cape	13	5.74	555		E	
WCP132	1291	TRISTAN VAN WYK	Western Cape	14	5.71	542		E	
MPU061	865	SAUL LEKALA	Mpumalanga	15	5.68	529		E	
GAU170	488	SHAKEEL CAJEE	Gauteng	16	5.60	494		E	

47	B-15	Driesprong	/ Triple Jump	00:00.00			Final		
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
NWP071	1089	IKECHI OSUALA	North West Province	1	13.43	915	0.6	E	
FSA039	169	MOKHOMO BAHOLO	Free State	2	13.37	911		E	
WCP101	1260	CARLTON SOLDAAT	Western Cape	3	12.78	809		E	
WCP128	1287	SHANE JOEMATH	Western Cape	4	12.53	754		E	
GAU132	451	CLAYTON KIEWIETZ	Gauteng	5	12.52	752		E	
LIM007	690	SABELO MABITSELA	Limpopo	6	12.05	654		E	
WCP132	1291	TRISTAN VAN WYK	Western Cape	7	11.98	640		E	
FSA042	172	LYLE DANIELS	Free State	8	11.91	626		E	
ECA012	12	ALTUS MINNIE	Eastern Cape	9	11.47	540		E	

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126	B-15	Gewigstoot	/ Shot Put	00:00.00	Final			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
MPU058	862	DANIEL GRIESEL	Mpumalanga	1	17.64	939	E	
WCP126	1285	RUAN BRITS	Western Cape	2	17.47	935	E	
WCP113	1272	JEROME KORF	Western Cape	3	16.90	921	E	
GAU135	454	RYNO HERBST	Gauteng	4	16.39	910	E	
LIM017	700	LUDWIGH PIETERSE	Limpopo	5	15.94	898	E	
GAU137	456	JASON VAN ROOYEN	Gauteng	6	15.61	877	E	
MPU072	876	ARMAND VAN WYK	Mpumalanga	7	15.41	864	E	
ECA010	10	ROBERT LYONS	Eastern Cape	8	15.27	855	E	
GAU136	455	ARTHUR MATTHEE	Gauteng	9	15.10	845	E	
FSA065	194	JASON POTTAS	Free State	10	15.10	845	E	
WCP134	1293	WIKUS GROENEWALD	Western Cape	11	14.81	827	E	
WCP130	1289	THORTON PERONS	Western Cape	12	14.29	795	E	
FSA041	171	PHILLIP BOTHA	Free State	13	14.25	793	E	
FSA071	199	DANIËL RUST	Free State	14	13.97	776	E	
NCP003	938	CHRISTOFFEL ENGELBRECHT	Northern Cape Province	15	12.54	693	E	

211	B-15	Diskusgooi	/ Discus Throw	00:00.00	Final			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU135	454	RYNO HERBST	Gauteng	1	56.94	931	E	
WCP104	1263	DANIEL MAREE	Western Cape	2	56.20	926	E	
GAU137	456	JASON VAN ROOYEN	Gauteng	3	54.27	914	E	
GAU147	466	F UIJS	Gauteng	4	50.77	877	E	
KZN035	626	ROLAND PIENAAR	Kwazulu Natal	5	50.62	874	E	
WCP126	1285	RUAN BRITS	Western Cape	6	50.27	868	E	
FSA073	201	HENRY SLABBERT	Free State	7	49.16	848	E	
FSA046	176	JC JANSE VAN VUUREN	Free State	8	48.24	833	E	
FSA074	202	LOUIS SPERSHOTT	Free State	9	47.18	815	E	
WCP220	1378	CHRISTOPHER ROELOFSE	Western Cape	10	45.82	792	E	
MPU053	857	DRIAAN BESTER	Mpumalanga	11	44.61	772	E	
LIM005	688	RUAN KRUGER	Limpopo	12	39.69	691	E	

23	B-15	Spiesgooi	/ Javelin	00:00.00	Heats			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
ECA007	7	L GERBER	Eastern Cape	1	46.06	634	E	
FSA076	204	JD SWANEPOEL	Free State	1	54.09	796	E	
FSA079	207	JOHANN VERMAAK	Free State	1	55.23	821	E	
FSA043	173	RUBEN FRASER	Free State	1	50.37	719	E	
LIM001	684	RYNARO DE LANGE	Limpopo	1	51.65	745	E	
WCP118	1277	LEON LAUBSER	Western Cape	1	56.14	841	E	
WCP131	1290	TIAAN SWANEPOEL	Western Cape	1	69.84	1014	E	
WCP108	1267	GUSTAV MARAIS	Western Cape	1	55.55	828	E	
NWP080	1098	DANIE MAREE	North West Province	1	58.67	900	E	
GAU130	449	D MICHEL	Gauteng	1	52.12	755	E	
GAU131	450	S KLOPPER	Gauteng	1	51.17	735	E	
GAU129	448	DANTE DE WET	Gauteng	1	53.92	793	E	
MPU071	875	SEBASTIAAN VAN HEERDEN	Mpumalanga	1	52.00	752	E	
MPU068	872	MOELICH ODENDAL	Mpumalanga	1	50.59	723	E	
MPU072	876	ARMAND VAN WYK	Mpumalanga	1	51.13	734	E	
MPU073	877	WYNAND VISSER	Mpumalanga	1	53.04	774	E	

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153	B-15	Spiesgooi	/ Javelin	00:00.00	Final				
	Athlete		Team	Place	Performance	Table point	Wind	H/E	Record
WCP131	1290	TIAAN SWANEPOEL	Western Cape	1	71.37	1040		E	R
NWP080	1098	DANIE MAREE	North West Province	2	62.85	936		E	
MPU071	875	SEBASTIAAN VAN HEERDEN	Mpumalanga	3	56.01	838		E	
GAU129	448	DANTE DE WET	Gauteng	4	55.69	831		E	
WCP118	1277	LEON LAUBSER	Western Cape	5	55.65	830		E	
FSA076	204	JD SWANEPOEL	Free State	6	54.07	796		E	
WCP108	1267	GUSTAV MARAIS	Western Cape	7	53.19	777		E	
MPU072	876	ARMAND VAN WYK	Mpumalanga	8	51.09	734		E	
MPU068	872	MOELICH ODENDAL	Mpumalanga	9	50.79	727		E	
MPU073	877	WYNAND VISSER	Mpumalanga	10	50.25	716		E	
LIM001	684	RYNARO DE LANGE	Limpopo	11	50.17	715		E	
FSA079	207	JOHANN VERMAAK	Free State	12	47.39	660		E	
FSA043	173	RUBEN FRASER	Free State	13	46.44	641		E	
GAU130	449	D MICHEL	Gauteng	14	46.25	637		E	
GAU131	450	S KLOPPER	Gauteng	15	45.02	613		E	
ECA007	7	L GERBER	Eastern Cape	16	37.72	473		E	

120	B-15	Hamergooi	/ Hammer Throw	00:00.00	Final				
	Athlete		Team	Place	Performance	Table point	Wind	H/E	Record
FSA049	179	TSEPANG MAKHETHE	Free State	1	60.10	971		E	
ECA009	9	CONRAD KAPP	Eastern Cape	2	50.36	923		E	
FSA077	205	HELGARD VAN HEERDEN	Free State	3	47.44	909		E	
WCP126	1285	RUAN BRITS	Western Cape	4	45.98	902		E	
WCP100	1259	ANDRIES MEIRING	Western Cape	5	45.68	901		E	
NWP070	1088	ANDRE KOTZE	North West Province	6	45.64	901		E	
ECA004	4	ALAN CUMMING	Eastern Cape	7	43.28	869		E	
GAU155	473	LOUIS VAN RENSBURG	Gauteng	8	38.25	801		E	
WCP110	1269	JASON CLARK	Western Cape	9	37.93	796		E	
GAU156	474	THEUNS KRUGER	Gauteng	10	29.30	676		E	

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34	B-17	100 m		/ 100 m		00:00.00		Heats	
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
ECA039	39	SERGEAL PETERSEN	Eastern Cape	1	00:10.71	875	-1.0	E	
FSA128	254	GOSEGO MOROKA	Free State	1	00:10.90	835	-0.7	E	
LIM039	722	THANDO ROTO	Limpopo	1	00:11.13	793	-0.2	E	
WCP139	1298	ARTHUR FESTUS	Western Cape	1	00:10.92	831	-0.1	E	
WCP141	1300	BRADLEY BRITS	Western Cape	2	00:10.72	872		E	
GAU190	508	HENDRICK KHUMALO	Gauteng	2	00:11.03	811		E	
GAU192	510	SURPRISE MAYEKISO	Gauteng	2	00:11.29	767		E	
MPU090	894	VUYANI MASUKU	Mpumalanga	2	00:11.03	811		E	
ECA022	22	SIPHAMANDLA BINGWA	Eastern Cape	3	00:11.04	809		E	
FSA114	241	KEVIN COSMO	Free State	3	00:11.33	760		E	
WCP151	1310	FADHL SAMUELS	Western Cape	3	00:10.73	870		E	
WCP178	1337	YUSUF ISMAIL	Western Cape	3	00:11.04	809		E	
FSA125	251	FANA MOFOKENG	Free State	4	00:10.92	831		E	
FSA120	246	KGOTSO LECHASA	Free State	4	00:11.22	778		E	
NWP098	1116	ORATILE MOALUSI	North West Province	4	00:11.07	804		E	
MPU091	895	BONGINKOSI MHLANGA	Mpumalanga	4	00:11.45	742		E	
ECA118	117	DYLAN STEVENS	Eastern Cape	5	00:11.37	754		E	
NCP041	976	DIMITRI TIETIES	Northern Cape Province	5	00:11.57	725		E	
NCP027	962	FRANCOIS FOURIE	Northern Cape Province	5	00:11.23	776		E	
GAU191	509	WALLY UNGERER	Gauteng	5	00:11.07	804		E	
KZN059	650	GERHARD OBELHOLZER	Kwazulu Natal	6	00:11.28	768		E	
NCP030	965	NICO HOORNIET	Northern Cape Province	6	00:11.56	726		E	
MPU092	896	MAFASI MKHABELA	Mpumalanga	6	00:11.51	733		E	
MPU094	898	MOLEFE NOKWANE	Mpumalanga	6	00:11.79	695		E	
NCP032	967	CHRISTOPHER LEWIS	Northern Cape Province	7	00:11.78	696		E	
GAU171	489	TIAAN VOSTER	Gauteng	7	00:11.29	767		E	
MPU088	892	THABANG MAMPANE	Mpumalanga	7	00:11.87	684		E	
MPU093	897	DEXTER NKOSI	Mpumalanga	8	00:12.01	667		E	

115	B-17	100 m		/ 100 m		00:00.00		Semi-Finals	
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
ECA039	39	SERGEAL PETERSEN	Eastern Cape	1	00:10.70	877		E	
FSA120	246	KGOTSO LECHASA	Free State	1	00:10.90	835		E	
FSA128	254	GOSEGO MOROKA	Free State	1	00:11.00	816		E	
WCP151	1310	FADHL SAMUELS	Western Cape	1	00:10.80	855		E	
WCP139	1298	ARTHUR FESTUS	Western Cape	1	00:11.00	816		E	
WCP141	1300	BRADLEY BRITS	Western Cape	1	00:10.80	855		E	
WCP178	1337	YUSUF ISMAIL	Western Cape	1	00:11.20	781		E	
GAU191	509	WALLY UNGERER	Gauteng	1	00:11.20	781		E	
GAU190	508	HENDRICK KHUMALO	Gauteng	1	00:10.80	855		E	
MPU090	894	VUYANI MASUKU	Mpumalanga	1	00:11.10	798		E	

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172	B-17	100 m	/ 100 m	00:00.00	Final				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
ECA039	39	SERGEAL PETERSEN	Eastern Cape	1	00:11.08	802	-1.7	E	
GAU190	508	HENDRICK KHUMALO	Gauteng	2	00:11.21	780	-1.7	E	
WCP151	1310	FADHL SAMUELS	Western Cape	3	00:11.22	778	-1.7	E	
WCP178	1337	YUSUF ISMAIL	Western Cape	4	00:11.26	772	-1.7	E	
WCP141	1300	BRADLEY BRITS	Western Cape	5	00:11.27	770	-1.7	E	
WCP139	1298	ARTHUR FESTUS	Western Cape	6	00:11.36	756	-1.7	E	
GAU191	509	WALLY UNGERER	Gauteng	7	00:11.38	753	-1.7	E	
FSA128	254	GOSEGO MOROKA	Free State	8	00:11.42	747	-1.7	E	
MPU090	894	VUYANI MASUKU	Mpumalanga	9	00:11.52	732	-1.7	E	
FSA120	246	KGOTSO LECHASA	Free State	10	00:11.67	711	-1.7	E	

218	B-17	200 m	/ 200 m	00:00.00	Heats				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
FSA125	251	FANA MOFOKENG	Free State	1	00:23.09	766	-1.8	E	
LIM039	722	THANDO ROTO	Limpopo	1	00:22.81	786	-1.9	E	
WCP151	1310	FADHL SAMUELS	Western Cape	1	00:22.05	848	-2.7	E	
GAU190	508	HENDRICK KHUMALO	Gauteng	1	00:22.36	821	-2.0	E	
FSA128	254	GOSEGO MOROKA	Free State	2	00:22.32	825		E	
WCP178	1337	YUSUF ISMAIL	Western Cape	2	00:22.55	806		E	
NWP098	1116	ORATILE MOALUSI	North West Province	2	00:23.20	759		E	
GAU209	526	STIAAN VD HYDE	Gauteng	2	00:23.22	757		E	
ECA026	26	WELILE GIYOSE	Eastern Cape	3	00:23.34	749		E	
WCP099	1258	ANDILE MPEFE	Western Cape	3	00:22.50	810		E	
WCP163	1322	KURTLEY DU PLESSIS	Western Cape	3	00:22.67	797		E	
MPU076	880	BOSHOFF BOTHA	Mpumalanga	3	00:23.63	731		E	
KZN061	652	SONWABISO SKHOSANA	Kwazulu Natal	4	00:22.61	801		E	
GAU208	525	NSUKU NDUMELO	Gauteng	4	00:22.73	792		E	
MPU088	892	THABANG MAMPANE	Mpumalanga	4	00:24.70	669		E	
MPU090	894	VUYANI MASUKU	Mpumalanga	4	00:23.97	710		E	
FSA123	249	CHRISTIAAN LUBBE	Free State	5	00:22.88	781		E	
FSA136	261	NKULULEKO SIYENI	Free State	5	00:24.94	656		E	
NWP102	1120	MOLLIER DAFFUE	North West Province	5	00:23.21	758		E	
MPU091	895	BONGINKOSI MHLANGA	Mpumalanga	5	00:24.38	686		E	
KZN063	654	TSOANANYANE MEAKETSI	Kwazulu Natal	6	00:24.07	704		E	
NCP025	960	DRIES DU PLOOY	Northern Cape Province	6	00:24.45	682		E	
MPU092	896	MAFASI MKHABELA	Mpumalanga	6	00:23.32	751		E	
NCP026	961	DARRYLL FITZPATRICK	Northern Cape Province	7	00:24.15	699		E	

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250	B-17	200 m	/ 200 m	00:00.00	Semi-Finals				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
ECA026	26	WELILE GIYOSE	Eastern Cape	1	00:23.34	749		E	
FSA125	251	FANA MOFOKENG	Free State	1	00:23.09	766		E	
FSA123	249	CHRISTIAAN LUBBE	Free State	1	00:22.88	781		E	
FSA128	254	GOSEGO MOROKA	Free State	1	00:22.32	825		E	
LIM039	722	THANDO ROTO	Limpopo	1	00:22.81	786		E	
KZN061	652	SONWABISO SKHOSANA	Kwazulu Natal	1	00:22.61	801		E	
WCP151	1310	FADHL SAMUELS	Western Cape	1	00:22.05	848		E	
WCP099	1258	ANDILE MPEFE	Western Cape	1	00:22.50	810		E	
WCP163	1322	KURTLEY DU PLESSIS	Western Cape	1	00:22.67	797		E	
WCP178	1337	YUSUF ISMAIL	Western Cape	1	00:22.55	806		E	
NWP102	1120	MOLLIER DAFFUE	North West Province	1	00:23.21	758		E	
NWP098	1116	ORATILE MOALUSI	North West Province	1	00:23.20	759		E	
GAU190	508	HENDRICK KHUMALO	Gauteng	1	00:22.36	821		E	
GAU208	525	NSUKU NDUMELO	Gauteng	1	00:22.73	792		E	
GAU209	526	STIAAN VD HYDE	Gauteng	1	00:23.22	757		E	
MPU076	880	BOSHOFF BOTHA	Mpumalanga	1	00:23.63	731		E	

314	B-17	200 m	/ 200 m	00:00.00	Final				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU190	508	HENDRICK KHUMALO	Gauteng	1	00:22.03	849	-1.3	E	
WCP151	1310	FADHL SAMUELS	Western Cape	2	00:22.19	835	-1.3	E	
WCP178	1337	YUSUF ISMAIL	Western Cape	3	00:22.30	826	-1.3	E	
WCP163	1322	KURTLEY DU PLESSIS	Western Cape	4	00:22.40	818	-1.3	E	
WCP099	1258	ANDILE MPEFE	Western Cape	5	00:22.50	810	-1.3	E	
LIM039	722	THANDO ROTO	Limpopo	6	00:22.62	801	-1.3	E	
GAU208	525	NSUKU NDUMELO	Gauteng	7	00:22.64	799	-1.3	E	
FSA128	254	GOSEGO MOROKA	Free State	8	00:22.67	797	-1.3	E	

49	B-17	400 m	/ 400 m	00:00.00	Heats				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
FSA118	244	PETR HAVENGA	Free State	1	00:48.50	842		H	
WCP157	1316	JADEN FLAGG	Western Cape	1	00:49.00	825		H	
GAU184	502	CONRADIE PIETER	Gauteng	1	00:48.60	839		H	
ECA027	27	LUYOLO GQEBA	Eastern Cape	2	00:49.80	799		H	
WCP164	1323	LORENZO ADAMS	Western Cape	2	00:48.70	835		H	
GAU185	503	TIAAN BOTHA	Gauteng	2	00:49.70	802		H	
KZN061	652	SONWABISO SKHOSANA	Kwazulu Natal	3	00:50.10	789		H	
GAU186	504	R. PELSER	Gauteng	3	00:49.80	799		H	
MPU080	884	DONOVAN GISSING	Mpumalanga	3	00:50.00	793		H	
FSA135	260	GOMOTSO SEEKOEI	Free State	4	00:50.70	772		H	
WCP167	1326	MARCO BUTTNER	Western Cape	4	00:51.30	755		H	
WCP145	1304	DONOVAN VAN SCHALKWYK	Western Cape	4	00:49.80	799		H	
FSA139	264	JACO SWART	Free State	5	00:51.10	760		H	
NCP018	953	DELINNO BITTERBOSCH	Northern Cape Province	5	00:52.90	713		H	
MPU076	880	BOSHOFF BOTHA	Mpumalanga	5	00:51.80	741		H	
KZN051	642	HLONGWANE NHLAKANIPHO	Kwazulu Natal	6	00:52.90	713		H	
NCP036	971	CHRISTIAAN OPPERMAN	Northern Cape Province	6	00:55.80	648		H	
NWP105	1123	JOSEPH SIBANDA	North West Province	6	00:54.30	681		H	

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150	B-17	400 m	/ 400 m	00:00.00	Final			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU184	502	CONRADIE PIETER	Gauteng	1	00:48.32	854		E
WCP164	1323	LORENZO ADAMS	Western Cape	2	00:48.64	842		E
FSA118	244	PETR HAVENGA	Free State	3	00:49.18	823		E
GAU185	503	TIAAN BOTHA	Gauteng	4	00:49.57	811		E
GAU186	504	R. PELSER	Gauteng	5	00:49.76	804		E
WCP157	1316	JADEN FLAGG	Western Cape	6	00:49.78	804		E
ECA027	27	LUYOLO GQEBA	Eastern Cape	7	00:50.68	776		E
WCP145	1304	DONOVAN VAN SCHALKWYK	Western Cape	8	00:51.88	743		E

193	B-17	800 m	/ 800 m	00:00.00	Heats			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
FSA129	255	LERATO MOSUNYANE	Free State	1	01:56.30	767		E
GAU207	524	MPHO MAKOFANE	Gauteng	1	01:56.85	756		E
KZN053	644	PECIVAL MDLADLA	Kwazulu Natal	2	01:57.08	752		E
WCP168	1327	MEGAL ROSENKRANS	Western Cape	2	01:56.83	757		E
KZN054	645	MHLAKWANE NKOSIKHONA	Kwazulu Natal	3	01:56.96	754		E
WCP166	1325	LUKE GREEVES	Western Cape	3	01:57.48	744		E
LIM028	711	TUMELO MAHLO	Limpopo	4	01:57.80	738		E
NWP099	1117	E FOURIE	North West Province	4	01:58.67	722		E
FSA126	252	HENDRICK MOKOENA	Free State	5	02:00.14	696		E
GAU194	512	SOLOMON BOTHOLO	Gauteng	5	01:58.15	731		E
KZN060	651	NKOSINATHI SIBIYA	Kwazulu Natal	6	01:58.39	727		E
NCP034	969	BRAIN MEYER	Northern Cape Province	6	02:07.07	591		E
LIM026	709	THABANG KGOMO	Limpopo	7	01:59.84	701		E
MPU098	902	MLULEKI VAVA	Mpumalanga	7	02:08.68	570		E
NCP040	975	I THOLE	Northern Cape Province	8	02:09.13	565		E
GAU206	523	T JACOBS	Gauteng	8	02:00.08	697		E
ECA119	118	A BOOI	Eastern Cape	9	02:03.81	638		E

310	B-17	800 m	/ 800 m	00:00.00	Final			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU207	524	MPHO MAKOFANE	Gauteng	1	01:55.18	791		E
WCP168	1327	MEGAL ROSENKRANS	Western Cape	2	01:55.28	789		E
KZN054	645	MHLAKWANE NKOSIKHONA	Kwazulu Natal	3	01:55.62	782		E
GAU194	512	SOLOMON BOTHOLO	Gauteng	4	01:55.71	780		E
KZN053	644	PECIVAL MDLADLA	Kwazulu Natal	5	01:58.73	721		E
WCP166	1325	LUKE GREEVES	Western Cape	6	02:02.01	665		E

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91	B-17	1500 m	/ 1500 m	00:00.00	Heats			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
ECA032	32	SAKHUMZI MATISO	Eastern Cape	1	04:08.75	790	E	
ECA024	24	ROMEO BOOYSEN	Eastern Cape	1	04:09.62	785	E	
FSA126	252	HENDRICK MOKOENA	Free State	1	04:09.00	788	E	
FSA129	255	LERATO MOSUNYANE	Free State	1	04:07.35	798	E	
FSA112	239	JUNIOR AGENBACH	Free State	1	04:09.09	788	E	
LIM038	721	NAPHTALIE NKOANA	Limpopo	1	04:10.00	782	E	
KZN054	645	MHLAKWANE NKOSIKHONA	Kwazulu Natal	1	04:06.90	801	E	
NCP023	958	EDGAR DAVIDS	Northern Cape Province	1	03:58.50	856	E	
NCP035	970	GIFT MOKONG	Northern Cape Province	1	03:56.30	873	E	
NCP017	952	ELRICO BARENDSE	Northern Cape Province	1	04:00.20	844	E	
WCP148	1307	DURAN FARO	Western Cape	1	04:10.15	782	E	
NWP106	1124	ANELE MDINGI	North West Province	1	04:11.00	777	E	
GAU193	511	THUMISANG MONNATLALA	Gauteng	1	03:58.40	857	E	
GAU195	513	SIPHIWE TEFO	Gauteng	1	03:59.60	849	E	
GAU194	512	SOLOMON BOTHOLO	Gauteng	1	03:59.20	851	E	
MPU098	902	MLULEKI VAVA	Mpumalanga	1	04:14.43	758	E	

144	B-17	1500 m	/ 1500 m	00:00.00	Final			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU193	511	THUMISANG MONNATLALA	Gauteng	1	03:55.07	883	E	
GAU195	513	SIPHIWE TEFO	Gauteng	2	03:58.12	859	E	
WCP148	1307	DURAN FARO	Western Cape	3	03:58.94	853	E	
KZN054	645	MHLAKWANE NKOSIKHONA	Kwazulu Natal	4	04:00.77	840	E	
NWP106	1124	ANELE MDINGI	North West Province	5	04:00.87	840	E	
FSA126	252	HENDRICK MOKOENA	Free State	6	04:02.91	826	E	
ECA032	32	SAKHUMZI MATISO	Eastern Cape	7	04:03.08	825	E	
GAU194	512	SOLOMON BOTHOLO	Gauteng	8	04:07.58	797	E	
LIM038	721	NAPHTALIE NKOANA	Limpopo	9	04:12.78	767	E	
ECA024	24	ROMEO BOOYSEN	Eastern Cape	10	04:16.76	746	E	
MPU098	902	MLULEKI VAVA	Mpumalanga	11	04:19.67	731	E	
FSA129	255	LERATO MOSUNYANE	Free State	12	04:20.85	725	E	
FSA112	239	JUNIOR AGENBACH	Free State	13	04:20.98	725	E	
NCP017	952	ELRICO BARENDSE	Northern Cape Province	14	04:25.86	702	E	
NCP023	958	EDGAR DAVIDS	Northern Cape Province	15	04:29.51	685	E	

222	B-17	3000 m	/ 3000 m	00:00.00	Final			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
FSA127	253	RANTSO MOKOPANE	Free State	1	08:38.85	833	E	
GAU193	511	THUMISANG MONNATLALA	Gauteng	2	08:41.37	827	E	
ECA035	35	LIZILE FADANE	Eastern Cape	3	08:43.80	821	E	
ECA032	32	SAKHUMZI MATISO	Eastern Cape	4	08:43.85	821	E	
WCP140	1299	ASIVE NJENXA	Western Cape	5	08:50.05	807	E	
KZN058	649	PHILANE NGCOBO	Kwazulu Natal	6	08:52.53	802	E	
WCP223	2019	EMILE PAULSE	Western Cape	7	08:56.56	793	E	
ECA024	24	ROMEO BOOYSEN	Eastern Cape	8	09:02.48	781	E	
GAU180	498	GODFREY MOFOKENG	Gauteng	9	09:03.83	778	E	
NWP097	1115	MOSALA MABU	North West Province	10	09:04.47	777	E	
LIM035	718	LUDWICK MOLEWA	Limpopo	11	09:04.56	777	E	

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107	B-17	110 m Hekkie	/ 110 m Hurdles	00:00.00	Heats				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
WCP175	1334	CHRISTIAAN SMITH	Western Cape	1	00:14.36	802	-3.0	E	
GAU189	507	LEE VAN DEN BERG	Gauteng	1	00:14.67	777	-3.1	E	
GAU187	505	ANDRE VD MERWE	Gauteng	1	00:14.18	817	-2.9	E	
WCP146	1305	DAMIEN OHLSON	Western Cape	2	00:14.94	757		E	
WCP170	1329	NEIL MARITZ	Western Cape	2	00:14.56	786		E	
GAU188	506	D GREYLING(R)	Gauteng	2	00:14.76	770		E	
ECA031	31	KHAYA MALOTANA	Eastern Cape	3	00:15.03	751		E	
FSA138	263	RYNO STEYN	Free State	3	00:15.01	752		E	
NWP102	1120	MOLLIER DAFFUE	North West Province	3	00:15.02	752		E	
ECA020	20	NICO BAKKES	Eastern Cape	4	00:15.28	734		E	
NCP024	959	J DE BEER	Northern Cape Province	4	00:15.90	695		E	
NWP103	1121	FRANCOIS DU TOIT	North West Province	4	00:15.33	730		E	
FSA133	259	ERICK REINECKE	Free State	5	00:15.89	695		E	
MPU075	879	EMILE ALBERTS	Mpumalanga	5	00:15.46	722		E	

136	B-17	110 m Hekkie	/ 110 m Hurdles	00:00.00	Final				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
WCP175	1334	CHRISTIAAN SMITH	Western Cape	1	00:14.34	803	-2.1	E	
GAU187	505	ANDRE VD MERWE	Gauteng	2	00:14.35	803	-2.1	E	
GAU188	506	D GREYLING(R)	Gauteng	3	00:14.67	777	-2.1	E	
GAU189	507	LEE VAN DEN BERG	Gauteng	4	00:14.74	772	-2.1	E	
WCP146	1305	DAMIEN OHLSON	Western Cape	5	00:14.88	762	-2.1	E	
WCP170	1329	NEIL MARITZ	Western Cape	6	00:15.41	725	-2.1	E	
FSA138	263	RYNO STEYN	Free State	7	00:15.53	717	-2.1	E	
NWP102	1120	MOLLIER DAFFUE	North West Province	8	00:15.80	701	-2.1	E	

230	B-17	400 m Hekkie	/ 400 m Hurdles	00:00.00	Heats				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
ECA020	20	NICO BAKKES	Eastern Cape	1	00:54.10	843		H	
WCP174	1333	CHRISTIAAN MOUTON	Western Cape	1	00:52.80	900		H	
GAU204	521	CONSTANT PRETORIUS	Gauteng	1	00:55.00	809		H	
LIM032	715	KATLEGO MATHLASE	Limpopo	2	00:53.20	881		H	
WCP147	1306	DAYLEN SAMUELS	Western Cape	2	00:55.60	788		H	
GAU189	507	LEE VAN DEN BERG	Gauteng	2	00:55.60	788		H	
NWP091	1109	JACOBUS HAYWARD	North West Province	3	00:55.00	809		H	
MPU079	883	ARMAND FARBER	Mpumalanga	3	00:56.00	775		H	
MPU095	899	TSHEPO NYATI	Mpumalanga	3	00:55.90	778		H	
WCP158	1317	JAN CHRISTIAAN VAN RHEENEN	Western Cape	4	00:55.30	798		H	
WCP171	1330	RYAN SMITH	Western Cape	4	00:57.10	740		H	
GAU205	522	MASEGO TLEANE	Gauteng	4	00:57.60	726		H	
FSA133	259	ERICK REINECKE	Free State	5	00:59.10	685		H	
LIM025	708	ALBERT JORDAAN	Limpopo	5	00:55.40	795		H	
NCP025	960	DRIES DU PLOOY	Northern Cape Province	5	00:57.90	717		H	
NCP019	954	LB BYSLMA	Northern Cape Province	6	00:58.20	709		H	
NWP092	1110	LINCOLN TAJE	North West Province	6	00:59.50	675		H	
NWP131	1149	HUGO RICHTER	North West Province	6	00:57.20	738		H	

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292	B-17	400 m Hekkie	/ 400 m Hurdles	00:00.00	Final			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU204	521	CONSTANT PRETORIUS	Gauteng	1	00:52.00	952	E	
LIM032	715	KATLEGO MATHLASE	Limpopo	2	00:52.70	912	E	
WCP174	1333	CHRISTIAAN MOUTON	Western Cape	3	00:53.00	897	E	
GAU189	507	LEE VAN DEN BERG	Gauteng	4	00:54.10	849	E	
WCP158	1317	JAN CHRISTIAAN VAN RHEENEN	Western Cape	5	00:55.00	814	E	
WCP147	1306	DAYLEN SAMUELS	Western Cape	6	00:55.20	807	E	
NWP091	1109	JACOBUS HAYWARD	North West Province	7	00:55.70	789	E	
ECA020	20	NICO BAKKES	Eastern Cape	8	00:56.50	763	E	

102	B-17	2000 m Hindernis	/ 2000 m Steeple Chase	00:00.00	Final			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU179	497	KATLEHO DYOYI	Gauteng	1	05:48.10	904	E	
GAU178	496	JACOB TSEKO	Gauteng	2	05:48.11	904	E	
FSA127	253	RANTSO MOKOPANE	Free State	3	05:57.12	870	E	
KZN058	649	PHILANE NGCOBO	Kwazulu Natal	4	05:57.47	869	E	
ECA033	33	WAVUYISA MDEDELWA	Eastern Cape	5	06:09.16	831	E	
WCP172	1331	SANELE NGLUKANA	Western Cape	6	06:11.31	824	E	
GAU180	498	GODFREY MOFOKENG	Gauteng	7	06:21.38	796	E	
MPU096	900	PIETER OOSTHUIZEN	Mpumalanga	8	06:30.38	773	E	

239	B-17	10000 m Stap	/ 10000 m Walk	00:00.00	Final			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU196	514	MZWAKE MAVUNDLA	Gauteng	1	53:12.96	861	E	
FSA130	256	TEBOHO NKOKA	Free State	2	53:19.55	860	E	
ECA038	38	LWAZI NISIZAKALO	Eastern Cape	3	54:49.42	843	E	
GAU197	515	NTOANE NTOANE	Gauteng	4	55:03.62	841	E	
WCP138	1297	ALPHONSES SALIDA	Western Cape	5	55:17.59	838	E	
ECA023	23	OWEN BOMANA	Eastern Cape	6	55:29.23	836	E	
NWP089	1107	FRANCO KRUGER	North West Province	7	57:33.11	815	E	

333	B-17	4X100 m Aflos	/ 4X100 m Relay	00:00.00	Final			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
WCPA05	1385	WESTERN CAPE	Western Cape	1	00:42.45	775	E	
FSAA05	320	FREE STATE	Free State	2	00:43.08	749	E	
GAUA05	583	GAUTENG	Gauteng	3	00:43.10	748	E	
ECAA05	124	EASTERN CAPE	Eastern Cape	4	00:43.16	746	E	
MPUA05	928	MPUMALANGA	Mpumalanga	5	00:43.96	715	E	
NCPA04	1017	NORTHERN CAPE	Northern Cape Province	6	00:44.18	707	E	
KZNA05	682	KWAZULU NATAL	Kwazulu Natal	7	00:48.04	588	E	

236	B-17	1000m Medley	/ 1000m Medley	00:00.00	Final			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
WCPA11	1391	WESTERN CAPE	Western Cape	1	01:56.70	873	H	
GAUA11	589	GAUTENG	Gauteng	2	01:56.70	873	H	
FSAA11	326	FREE STATE	Free State	3	01:57.30	861	H	
MPUA11	934	MPUMALANGA	Mpumalanga	4	01:59.40	823	H	
ECAA11	130	EASTERN CAPE	Eastern Cape	5	02:03.40	760	H	

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183	B-17	Hoogspring	/ High Jump	00:00.00		Heats		
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
FSA132	258	BRANDON PRINSLOO	Free State	1	1.95	771	E	
FSA113	240	RUHAN ALBERTS	Free State	1	1.95	771	E	
LIM034	717	R.S. SOLLY MOKHUTU	Limpopo	1	1.90	716	E	
LIM024	707	HERMAN ELS	Limpopo	1	1.90	716	E	
LIM027	710	JUAN KORFF	Limpopo	1	1.95	771	H	
KZN062	653	WILLIAMS SMITH	Kwazulu Natal	1	1.90	716	E	
KZN057	648	NTANDOZO MTSHENGU	Kwazulu Natal	1	1.90	716	E	
NCP031	966	GIOVANNI JOSEPH	Northern Cape Province	1	1.90	716	E	
WCP177	1336	WILLEM VAN SCHALKWYK	Western Cape	1	1.95	771	E	
WCP143	1302	CLYDE RUITERS	Western Cape	1	1.95	771	E	
WCP144	1303	CORNELIUS DE TOIT	Western Cape	1	1.90	716	E	
NWP095	1113	CHRISTO KRAUSE	North West Province	1	1.95	771	E	
NWP096	1114	JURIE POTGIETER	North West Province	1	1.90	716	E	
GAU189	507	LEE VAN DEN BERG	Gauteng	1	1.95	771	E	
GAU212	529	TEBOHO MODISE	Gauteng	1	1.95	771	E	
GAU198	516	LLOYD GREEFF	Gauteng	1	1.95	771	E	
MPU078	882	JANDRICK ERASMUS	Mpumalanga	1	1.90	716	E	
MPU084	888	ARMAND LENGENHAGER	Mpumalanga	1	1.90	716	E	

246	B-17	Hoogspring	/ High Jump	00:00.00		Final		
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
WCP143	1302	CLYDE RUITERS	Western Cape	1	2.05	888	E	
FSA132	258	BRANDON PRINSLOO	Free State	2	2.05	888	E	
WCP177	1336	WILLEM VAN SCHALKWYK	Western Cape	3	2.05	888	E	
GAU198	516	LLOYD GREEFF	Gauteng	4	2.00	829	E	
GAU189	507	LEE VAN DEN BERG	Gauteng	5	2.00	829	E	
NWP095	1113	CHRISTO KRAUSE	North West Province	6	2.00	829	E	
LIM034	717	R.S. SOLLY MOKHUTU	Limpopo	7	1.95	771	E	
KZN062	653	WILLIAMS SMITH	Kwazulu Natal	8	1.95	771	E	
NWP096	1114	JURIE POTGIETER	North West Province	9	1.95	771	E	
LIM027	710	JUAN KORFF	Limpopo	10	1.90	716	E	
WCP144	1303	CORNELIUS DE TOIT	Western Cape	11	1.90	716	E	
KZN057	648	NTANDOZO MTSHENGU	Kwazulu Natal	12	1.85	662	E	
MPU084	888	ARMAND LENGENHAGER	Mpumalanga	13	1.85	662	E	
MPU078	882	JANDRICK ERASMUS	Mpumalanga	14	1.85	662	E	
FSA113	240	RUHAN ALBERTS	Free State	15	1.80	609	E	
LIM024	707	HERMAN ELS	Limpopo	15	1.80	609	E	
NCP031	966	GIOVANNI JOSEPH	Northern Cape Province	15	1.80	609	E	
GAU212	529	TEBOHO MODISE	Gauteng	15	1.80	609	E	

3	B-17	Paalspring	/ Pole Vault	00:00.00		Final		
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
FSA122	248	ARMANDT LOTTER	Free State	1	4.00	721	E	
FSA131	257	ERNST PIATER	Free State	2	3.90	678	E	
ECA042	42	LYELL WATSON	Eastern Cape	3	3.80	636	E	
WCP149	1308	EMILE PELLISSEUR	Western Cape	4	3.80	636	E	
ECA029	29	SEBASTIAN LASEVICIUS	Eastern Cape	5	3.70	594	E	
FSA115	242	STEPHAN DIEDERICKS	Free State	6	3.60	553	E	

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56	B-17	Verspring	/ Long Jump	00:00.00	Final			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
ECA039	39	SERGEAL PETERSEN	Eastern Cape	1	7.10	925	0.2	E
GAU175	493	ARMAND BAM	Gauteng	2	6.81	855		E
WCP142	1301	CHESNE VAN WYK	Western Cape	3	6.78	841		E
GAU176	494	DUNCAN MATTHEWS	Gauteng	4	6.77	836		E
WCP153	1312	GRANTHAN DAVIDS	Western Cape	5	6.75	827		E
WCP160	1319	JASON WARREL	Western Cape	6	6.74	822		E
GAU177	495	ITUMELENG DIKOKO	Gauteng	7	6.69	798		E
ECA031	31	KHAYA MALOTANA	Eastern Cape	8	6.42	677		E
MPU077	881	SHAWN CROSS	Mpumalanga	9	6.38	660		E
NWP095	1113	CHRISTO KRAUSE	North West Province	10	6.36	651		E
NCP033	968	VUYANI MAGHINA	Northern Cape Province	11	6.33	638		E
FSA113	240	RUHAN ALBERTS	Free State	12	6.31	630		E
GAU213	530	JACOB LESEMELA	Gauteng	13	6.20	584		E
FSA142	266	FRANCOIS VAN BILJON	Free State	14	6.20	584		E
NCP041	976	DIMITRI TIETIES	Northern Cape Province	15	6.18	575		E
LIM037	720	KABELO MPHAHLELE	Limpopo	16	6.11	547		E

319	B-17	Driesprong	/ Triple Jump	00:00.00	Final			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
WCP176	1335	VUJANI HENRY	Western Cape	1	14.12	829	-3.8	E
GAU201	518	ALBERT JANKI	Gauteng	2	14.08	821		E
NCP033	968	VUYANI MAGHINA	Northern Cape Province	3	13.74	753		E
ECA031	31	KHAYA MALOTANA	Eastern Cape	4	13.58	722		E
WCP165	1324	LORENZO GORDON	Western Cape	5	13.56	718		E
FSA137	262	THABO THINYANE	Free State	6	13.47	701		E
MPU085	889	LUNGA LIMBABA	Mpumalanga	7	13.20	651		E
LIM031	714	THABO MATETA	Limpopo	8	13.16	643		E
GAU202	519	THEMBISO MBALI	Gauteng	9	13.13	638		E
KZN055	646	NJABULO MKHWANE	Kwazulu Natal	10	13.10	632		E
GAU203	520	COHEN GROOTBOOM	Gauteng	11	13.07	627		E
NWP094	1112	EINSTEN TSHWEU	North West Province	12	13.00	614		E
WCP153	1312	GRANTHAN DAVIDS	Western Cape	13	12.72	564		E
MPU082	886	SIFISO KHANYE	Mpumalanga	14	12.23	478		E
NCP022	957	EDWARD COETZEE	Northern Cape Province	15	12.15	464		E
NCP037	972	WINSTON PILLAY	Northern Cape Province	16	12.13	460		E

39	B-17	Gewigstoot	/ Shot Put	00:00.00	Final			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU172	490	RUAN COMBRINK	Gauteng	1	19.20	928		E
ECA030	30	CONRNELIUS LOMBARD	Eastern Cape	2	17.63	888		E
WCP159	1318	JAN LOUW KOTZE	Western Cape	3	17.38	874		E
GAU173	491	STEFAN SCHEEPERS	Gauteng	4	17.09	857		E
LIM030	713	PHILLIP MARITZ	Limpopo	5	16.22	809		E
GAU174	492	GERHARD DE BEER	Gauteng	6	16.17	807		E
NWP093	1111	BARAEND STEYN	North West Province	7	15.45	768		E

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291	B-17	Diskusgooi	/ Discus Throw	00:00.00	Final				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
WCP159	1318	JAN LOUW KOTZE	Western Cape	1	61.88	942		E	R
GAU174	492	GERHARD DE BEER	Gauteng	2	56.04	907		E	
GAU211	528	SETH TOWNSEND	Gauteng	3	54.03	885		E	
GAU172	490	RUAN COMBRINK	Gauteng	4	50.20	822		E	
WCP156	1315	JACQUES HANSEN	Western Cape	5	48.51	795		E	
LIM030	713	PHILLIP MARITZ	Limpopo	6	48.12	789		E	
ECA034	34	DEWALD MEYER	Eastern Cape	7	46.56	764		E	

95	B-17	Spiesgooi	/ Javelin	00:00.00	Heats				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
ECA041	41	SEAN VAN ZYL	Eastern Cape	1	48.81	552		E	
FSA119	245	RUBEN HEYMANS	Free State	1	56.81	688		E	
LIM023	706	TYLER BOTHA	Limpopo	1	56.00	674		E	
KZN052	643	LE ROUX LOMBARD	Kwazulu Natal	1	56.06	675		E	
WCP161	1320	JEANRE SLABBERT	Western Cape	1	70.39	918		E	
WCP169	1328	MORNE MOOLMAN	Western Cape	1	72.66	935		E	
WCP173	1332	STEVEN KLUE	Western Cape	1	68.47	903		E	
NWP100	1118	P KRIEL	North West Province	1	59.78	741		E	
NWP101	1119	S BEUKES	North West Province	1	59.30	732		E	
GAU183	501	J DU TOIT	Gauteng	1	58.36	716		E	
GAU181	499	R. VAN ZYL	Gauteng	1	67.16	882		E	
GAU182	500	KEVIN BOTHA	Gauteng	1	59.96	744		E	
MPU097	901	PETRUS PEACOCK	Mpumalanga	1	58.44	717		E	

224	B-17	Spiesgooi	/ Javelin	00:00.00	Final				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
WCP169	1328	MORNE MOOLMAN	Western Cape	1	73.51	942		H	
WCP161	1320	JEANRE SLABBERT	Western Cape	2	69.99	915		H	
WCP173	1332	STEVEN KLUE	Western Cape	3	68.24	902		H	
GAU181	499	R. VAN ZYL	Gauteng	4	66.46	868		H	
NWP100	1118	P KRIEL	North West Province	5	64.24	824		H	
GAU182	500	KEVIN BOTHA	Gauteng	6	62.13	784		H	
MPU097	901	PETRUS PEACOCK	Mpumalanga	7	60.25	749		H	
FSA119	245	RUBEN HEYMANS	Free State	8	59.52	736		H	
GAU183	501	J DU TOIT	Gauteng	9	55.94	673		H	
NWP101	1119	S BEUKES	North West Province	10	53.63	634		H	
ECA041	41	SEAN VAN ZYL	Eastern Cape	11	43.97	471		H	

318	B-17	Hamergooi	/ Hammer Throw	00:00.00	Final				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
ECA025	25	LIONEL DRURY	Eastern Cape	1	60.09	920		E	
ECA028	28	DILLAN KORKIE	Eastern Cape	2	57.41	910		E	
ECA036	36	JUAN MULLER	Eastern Cape	3	52.78	877		E	
WCP154	1313	HENDRI STORM	Western Cape	4	52.18	870		E	
NWP090	1108	THOMAS DRYER	North West Province	5	51.58	863		E	
WCP162	1321	JOHAN LOUW	Western Cape	6	51.21	859		E	
WCP150	1309	ERASMUS DU TOIT	Western Cape	7	50.41	850		E	
WCP156	1315	JACQUES HANSEN	Western Cape	8	50.36	849		E	
ECA021	21	THEO WEYERS	Eastern Cape	9	46.76	808		E	
FSA124	250	FRANCOIS MALAN	Free State	10	46.75	808		E	
MPU089	893	ARMAND MARITZ	Mpumalanga	11	46.54	806		E	
FSA121	247	JUHAN LODEWYK	Free State	12	41.22	746		E	

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36	B-19	100 m	/ 100 m	00:00.00	Heats				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
FSA192	315	GIDEON TROTTER	Free State	1	00:10.50	830	-0.1	H	
FSA186	310	SIPHELO NGQABAZA	Free State	1	00:10.50	830	-1.0	H	
LIM061	744	THAMI SIBAYA	Limpopo	1	00:10.60	811	-0.2	H	
ECA048	48	NCINCILILI TITI	Eastern Cape	2	00:10.50	830		H	
NWP111	1129	ROELF PIENAAR	North West Province	2	00:10.70	793		H	
MPU104	908	DRIES HEFER	Mpumalanga	2	00:10.70	793		H	
FSA182	306	CHOARO MOTSHOENENG	Free State	3	00:10.80	776		H	
KZN076	666	QUINTIN HIGTE	Kwazulu Natal	3	00:10.90	760		H	
KZN086	676	RUDOLPH BRITS OCKART.	Kwazulu Natal	3	00:10.90	760		H	
NWP114	1132	JANDRE FOURIE	North West Province	4	00:10.80	776		H	
GAU232	548	E KOTZEE	Gauteng	4	00:10.90	760		H	
MPU119	923	NICOLAAS VON WIELLIGH	Mpumalanga	4	00:10.90	760		H	
NCP049	984	ZOLANI JANSE	Northern Cape Province	5	00:11.00	744		H	
WCP185	1344	HENDRIK MATHESE	Western Cape	5	00:10.90	760		H	
MPU099	903	ANIEKHAN AKPHABIO	Mpumalanga	5	00:11.00	744		H	
NCP057	992	EDDIE RALL	Northern Cape Province	6	00:11.30	701		H	
GAU237	551	ANDRE TRAUW	Gauteng	6	00:10.90	760		H	
GAU215	532	G. NDABA	Gauteng	7	00:11.50	675		H	
GAU238	552	RICHMOND COLLINS	Gauteng	7	00:11.30	701		H	

117	B-19	100 m	/ 100 m	00:00.00	Semi-Finals				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
ECA048	48	NCINCILILI TITI	Eastern Cape	1	00:10.50	830		H	
FSA182	306	CHOARO MOTSHOENENG	Free State	1	00:10.80	776		H	
FSA192	315	GIDEON TROTTER	Free State	1	00:10.50	830		H	
FSA186	310	SIPHELO NGQABAZA	Free State	1	00:10.50	830		H	
LIM061	744	THAMI SIBAYA	Limpopo	1	00:10.60	811		H	
NWP114	1132	JANDRE FOURIE	North West Province	1	00:10.80	776		H	
NWP111	1129	ROELF PIENAAR	North West Province	1	00:10.70	793		H	
MPU104	908	DRIES HEFER	Mpumalanga	1	00:10.70	793		H	

174	B-19	100 m	/ 100 m	00:00.00	Final				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
FSA186	310	SIPHELO NGQABAZA	Free State	1	00:10.75	828	-1.5	E	
FSA192	315	GIDEON TROTTER	Free State	2	00:10.77	824	-1.5	E	
ECA048	48	NCINCILILI TITI	Eastern Cape	3	00:10.78	823	-1.5	E	
FSA182	306	CHOARO MOTSHOENENG	Free State	4	00:11.15	758	-1.5	E	
LIM061	744	THAMI SIBAYA	Limpopo	5	00:11.21	749	-1.5	E	
MPU104	908	DRIES HEFER	Mpumalanga	6	00:11.22	748	-1.5	E	
NWP114	1132	JANDRE FOURIE	North West Province	7	00:11.24	744	-1.5	E	
NWP111	1129	ROELF PIENAAR	North West Province	8	00:11.24	744	-1.5	E	

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220	B-19	200 m	/ 200 m	00:00.00	Heats				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
ECA048	48	NCINCILILI TITI	Eastern Cape	1	00:21.07	892	-3.1	E	
FSA192	315	GIDEON TROTTER	Free State	1	00:22.43	774	-2.4	E	
FSA186	310	SIPHELO NGQABAZA	Free State	1	00:21.79	825	-2.1	E	
WCP202	1361	SEPHELLUHLE MBOBOSI	Western Cape	2	00:22.52	768		E	
LIM061	744	THAMI SIBAYA	Limpopo	2	00:21.49	851		E	
KZN076	666	QUINTIN HIGTE	Kwazulu Natal	2	00:22.16	795		E	
NWP114	1132	JANDRE FOURIE	North West Province	3	00:22.43	774		E	
GAU251	563	JACQUES HARRIS	Gauteng	3	00:21.63	838		E	
MPU114	918	RUBEN RENS	Mpumalanga	3	00:22.56	765		E	
WCP194	1353	MARCO V.D.WESTHUIZEN	Western Cape	4	00:22.10	799		E	
FSA182	306	CHOARO MOTSHOENENG	Free State	4	00:22.80	748		E	
MPU104	908	DRIES HEFER	Mpumalanga	4	00:22.66	758		E	
NWP120	1138	U VAN ROOYEN	North West Province	5	00:22.91	741		E	
KZN078	668	THANDO LOLIWE	Kwazulu Natal	5	00:22.23	789		E	
GAU260	572	ZANDRE LINDEQUE	Gauteng	5	00:23.33	714		E	
NCP047	982	MITCH GEDULDT	Northern Cape Province	6	00:23.75	689		E	
GAU253	565	N SKHOSANA	Gauteng	6	00:23.09	729		E	
MPU119	923	NICOLAAS VON WIELLIGH	Mpumalanga	6	00:22.29	785		E	
NCP049	984	ZOLANI JANSE	Northern Cape Province	7	00:24.20	664		E	
ECA047	47	BJORN RONAASEN	Eastern Cape	7	00:23.25	719		E	
LIM053	736	NKETLA MAREDI	Limpopo	8	00:23.29	717		E	

252	B-19	200 m	/ 200 m	00:00.00	Semi-Finals				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
ECA048	48	NCINCILILI TITI	Eastern Cape	1	00:21.07	892		E	
FSA192	315	GIDEON TROTTER	Free State	1	00:22.43	774		E	
FSA186	310	SIPHELO NGQABAZA	Free State	1	00:21.79	825		E	
LIM061	744	THAMI SIBAYA	Limpopo	1	00:21.49	851		E	
KZN076	666	QUINTIN HIGTE	Kwazulu Natal	1	00:22.16	795		E	
WCP194	1353	MARCO V.D.WESTHUIZEN	Western Cape	1	00:22.10	799		E	
WCP202	1361	SEPHELLUHLE MBOBOSI	Western Cape	1	00:22.52	768		E	
GAU251	563	JACQUES HARRIS	Gauteng	1	00:21.63	838		E	

316	B-19	200 m	/ 200 m	00:00.00	Final				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
FSA192	315	GIDEON TROTTER	Free State	1	00:21.41	859	-1.4	E	
ECA048	48	NCINCILILI TITI	Eastern Cape	2	00:21.50	850	-1.4	E	
FSA186	310	SIPHELO NGQABAZA	Free State	3	00:21.71	831	-1.4	E	
KZN076	666	QUINTIN HIGTE	Kwazulu Natal	4	00:22.14	796	-1.4	E	
WCP202	1361	SEPHELLUHLE MBOBOSI	Western Cape	5	00:22.16	795	-1.4	E	
GAU251	563	JACQUES HARRIS	Gauteng	6	00:22.39	777	-1.4	E	
LIM061	744	THAMI SIBAYA	Limpopo	7	00:22.41	776	-1.4	E	
WCP194	1353	MARCO V.D.WESTHUIZEN	Western Cape	8	00:22.78	750	-1.4	E	

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51	B-19	400 m	/ 400 m	00:00.00	Heats			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
WCP187	1346	JANIE-BRIERS LOUW	Western Cape	1	00:48.76	816		E
NWP118	1136	DANIEL SENATLE	North West Province	1	00:49.19	802		E
GAU229	545	D. HARRISON	Gauteng	1	00:49.17	802		E
FSA169	293	FERNANDO LEDIMO	Free State	2	00:49.23	800		E
FSA187	311	TIISETSO NOLAN	Free State	2	00:49.66	787		E
NWP125	1143	LESEDI MOKGIBINYANE	North West Province	2	00:49.32	798		E
GAU231	547	LEE-ROY MORGAN	Gauteng	3	00:49.93	779		E
MPU105	909	PHIL JAMES	Mpumalanga	3	00:49.47	793		E
MPU114	918	RUBEN RENS	Mpumalanga	3	00:49.61	789		E
FSA188	312	THABANG LEBONA	Free State	4	00:49.89	780		E
WCP206	1365	CHRISTIAAN SCHOEMAN	Western Cape	4	00:49.49	792		E
GAU230	546	TSHEPO MOOKI	Gauteng	4	00:50.15	772		E
NCP047	982	MITCH GEDULDT	Northern Cape Province	5	00:50.39	765		E
NCP046	981	JOHANNES FOURIE	Northern Cape Province	5	00:51.57	733		E
ECA047	47	BJORN RONAASEN	Eastern Cape	6	00:51.09	746		E
LIM055	738	SOLOMON MASHIANE	Limpopo	7	00:53.11	695		E

152	B-19	400 m	/ 400 m	00:00.00	Final			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
WCP187	1346	JANIE-BRIERS LOUW	Western Cape	1	00:48.36	829		E
FSA169	293	FERNANDO LEDIMO	Free State	2	00:48.49	825		E
NWP118	1136	DANIEL SENATLE	North West Province	3	00:48.89	811		E
GAU229	545	D. HARRISON	Gauteng	4	00:49.44	794		E
WCP206	1365	CHRISTIAAN SCHOEMAN	Western Cape	5	00:49.68	786		E
FSA187	311	TIISETSO NOLAN	Free State	6	00:50.11	773		E
MPU105	909	PHIL JAMES	Mpumalanga	7	00:50.55	761		E

195	B-19	800 m	/ 800 m	00:00.00	Heats			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
FSA163	287	SIYABONGA DERISON	Free State	1	01:54.40	747		E
MPU109	913	SHUAN MCKENZIE	Mpumalanga	1	01:54.99	735		E
ECA058	58	L MBAWULE	Eastern Cape	2	01:55.51	726		E
WCP183	1342	EMILE PIETERSE	Western Cape	2	01:54.65	742		E
LIM052	735	REGINALD MAPHELELA	Limpopo	3	01:54.93	737		E
GAU256	568	T BASSON	Gauteng	3	01:56.13	714		E
NWP118	1136	DANIEL SENATLE	North West Province	4	01:56.40	709		E
GAU228	544	THAPELO MADIBA	Gauteng	4	01:55.72	722		E
NWP119	1137	IAN KHUNOU	North West Province	5	01:56.96	699		E
NWP117	1135	OARABILE NMODIBEDI	North West Province	5	01:57.43	691		E
KZN081	671	LUNGA MTHEMBU	Kwazulu Natal	6	01:57.34	692		E
NCP056	991	BOITSHWARELO MORUTI	Northern Cape Province	6	01:57.62	688		E
KZN087	677	VICTOR THWALA	Kwazulu Natal	7	02:01.22	630		E
MPU113	917	COENIE NAUDE	Mpumalanga	7	01:57.65	687		E
FSA177	301	NTETHA MOKGABI	Free State	8	01:58.18	678		E
NCP053	988	WILMAR MAREE	Northern Cape Province	8	02:01.73	622		E
GAU257	569	DOUGAN WRIGHT	Gauteng	9	01:58.53	672		E
KZN077	667	HLATSHWAYO MKHAWULENI	Kwazulu Natal	10	01:58.57	672		E

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323	B-19	800 m	/ 800 m	00:00.00	Final			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
FSA163	287	SIYABONGA DERISON	Free State	1	01:52.45	788		E
WCP183	1342	EMILE PIETERSE	Western Cape	2	01:52.69	783		E
GAU228	544	THAPELO MADIBA	Gauteng	3	01:53.17	772		E
MPU109	913	SHUAN MCKENZIE	Mpumalanga	4	01:54.06	754		E
LIM052	735	REGINALD MAPHELELA	Limpopo	5	01:55.02	735		E
GAU256	568	T BASSON	Gauteng	6	01:55.40	728		E
ECA058	58	L MBAWULE	Eastern Cape	7	01:58.06	680		E
NWP118	1136	DANIEL SENATLE	North West Province	8	02:01.51	626		E

93	B-19	1500 m	/ 1500 m	00:00.00	Heats			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
FSA163	287	SIYABONGA DERISON	Free State	1	03:55.49	823		E
GAU239	553	ZWELI NZIMA	Gauteng	1	04:02.00	782		E
LIM049	732	JACOB MALEFO	Limpopo	2	03:58.06	807		E
GAU241	555	THEODORE NOTHLING	Gauteng	2	04:02.43	780		E
ECA060	60	ZUSIPHE MPIYAKHE	Eastern Cape	3	04:02.44	780		E
KZN081	671	LUNGA MTHEMBU	Kwazulu Natal	3	03:59.21	799		E
KZN079	669	SONNY BOY MKHWANAZI	Kwazulu Natal	4	04:02.58	779		E
GAU240	554	MAURITZ TUIT	Gauteng	4	04:00.14	793		E
FSA179	303	ANDRIES MOKOMA	Free State	5	04:03.20	775		E
WCP195	1354	NANDE QAMGWANA	Western Cape	5	04:08.39	746		E
NWP126	1144	JC BERRANGE	North West Province	5	04:08.40	746		E
ECA058	58	L MBAWULE	Eastern Cape	6	04:13.60	720		E
WCP179	1338	ARNO SMIT	Western Cape	6	04:10.22	737		E
LIM040	723	PIET BANDA	Limpopo	7	04:11.40	731		E
NCP050	985	TSHIAMO KALOJE	Northern Cape Province	7	04:15.80	709		E
FSA180	304	MAHLOMALA MOLEHE	Free State	8	04:12.22	726		E
NCP058	993	JANDOR VAN ROOYEN	Northern Cape Province	8	04:25.95	663		E

146	B-19	1500 m	/ 1500 m	00:00.00	Final			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
FSA163	287	SIYABONGA DERISON	Free State	1	03:52.59	844		E
GAU239	553	ZWELI NZIMA	Gauteng	2	03:52.66	843		E
KZN079	669	SONNY BOY MKHWANAZI	Kwazulu Natal	3	03:54.65	829		E
KZN081	671	LUNGA MTHEMBU	Kwazulu Natal	4	03:56.52	817		E
GAU240	554	MAURITZ TUIT	Gauteng	5	03:57.31	811		E
NWP126	1144	JC BERRANGE	North West Province	6	03:59.21	799		E
LIM049	732	JACOB MALEFO	Limpopo	7	04:00.55	791		E
FSA179	303	ANDRIES MOKOMA	Free State	8	04:06.24	758		E
GAU241	555	THEODORE NOTHLING	Gauteng	9	04:06.64	756		E
LIM040	723	PIET BANDA	Limpopo	10	04:08.03	748		E
ECA060	60	ZUSIPHE MPIYAKHE	Eastern Cape	11	04:08.26	747		E

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327	B-19	5000 m	/ 5000 m	00:00.00	Final			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
WCP208	1367	UNATI MTETA	Western Cape	1	14:52.09	813	E	
WCP193	1352	LUANDA QOLO	Western Cape	2	14:53.47	811	E	
ECA060	60	ZUSIPHE MPIYAKHE	Eastern Cape	3	14:55.50	809	E	
FSA176	300	PUSELETSO MOFOKENG	Free State	4	15:01.15	802	E	
GAU227	543	ALFRED MPHUTI (V)	Gauteng	5	15:01.31	802	E	
KZN079	669	SONNY BOY MKHWANAZI	Kwazulu Natal	6	15:33.41	766	E	
GAU259	571	SITHEMBILE DONDOLO	Gauteng	7	15:49.44	749	E	
LIM040	723	PIET BANDA	Limpopo	8	15:50.77	748	E	
LIM046	729	DUMISANI MAHLANGU	Limpopo	9	15:54.27	744	E	
KZN083	673	SIYABONGA MYEZA	Kwazulu Natal	10	15:56.76	742	E	
FSA174	298	SELLO MASIA	Free State	11	16:01.04	738	E	
GAU226	542	SIZWE BOQASHI	Gauteng	12	16:01.94	737	E	
FSA189	313	ANASTASIUS ONTONG	Free State	13	16:09.06	730	E	
LIM048	731	PETER MAKHUBEDU	Limpopo	14	16:09.98	729	E	
KZN085	675	MARADONA NGCOBO	Kwazulu Natal	15	16:16.13	723	E	
GAU258	570	B BUTHELEZI	Gauteng	16	17:09.67	677	E	

108	B-19	110 m Hekkie	/ 110 m Hurdles	00:00.00	Heats			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
FSA170	294	TSHEPO LEFETE	Free State	1	00:14.30	846	-3.4	E
GAU232	548	E KOTZEE	Gauteng	1	00:15.01	786	-3.3	E
WCP201	1360	SCHALK BURGER	Western Cape	2	00:14.77	805		E
GAU233	549	JONTHAN FITZGERALD	Gauteng	2	00:15.13	777		E
LIM051	734	TSHEPO MAMPURU	Limpopo	3	00:14.99	788		E
MPU101	905	BRANDON BURGER	Mpumalanga	3	00:15.58	746		E
LIM059	742	KUDU PRETORIUS	Limpopo	4	00:15.91	724		E
WCP210	1369	ZUNAID MARTHINUS	Western Cape	4	00:15.51	750		E
ECA061	61	RAVEN NEL	Eastern Cape	5	00:15.57	746		E
FSA185	309	GEORGE NEWHOFF	Free State	5	00:15.98	720		E
LIM050	733	JOSHUA MAMOGALE	Limpopo	6	00:16.26	703		E
MPU115	919	JONTY B SHELTON	Mpumalanga	6	00:15.92	724		E
NCP045	980	HYRON DU RAAN	Northern Cape Province	7	00:16.52	688		E
GAU224	540	JASON ROUX	Gauteng	7	00:16.01	718		E

137	B-19	110 m Hekkie	/ 110 m Hurdles	00:00.00	Final			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
FSA170	294	TSHEPO LEFETE	Free State	1	00:14.51	827	-2.6	E
WCP201	1360	SCHALK BURGER	Western Cape	2	00:14.89	796	-2.6	E
GAU232	548	E KOTZEE	Gauteng	3	00:14.89	796	-2.6	E
GAU233	549	JONTHAN FITZGERALD	Gauteng	4	00:14.99	788	-2.6	E
LIM051	734	TSHEPO MAMPURU	Limpopo	5	00:15.06	783	-2.6	E
MPU101	905	BRANDON BURGER	Mpumalanga	6	00:16.09	713	-2.6	E
ECA061	61	RAVEN NEL	Eastern Cape	7	00:16.44	693	-2.6	E
WCP210	1369	ZUNAID MARTHINUS	Western Cape	8	00:19.42	554	-2.6	E

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231	B-19	400 m Hekkie	/ 400 m Hurdles	00:00.00	Heats				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
ECA051	51	ABRAHAM COETZEE	Eastern Cape	1	00:54.50	785		E	
FSA160	284	LEE-ROY BITTERHOUT	Free State	1	00:52.41	866		E	
FSA170	294	TSHEPO LEFETE	Free State	1	00:52.54	860		E	
LIM056	739	ERROL MOTSWI	Limpopo	1	00:55.10	765		E	
WCP204	1363	TAARIQUE SOLOMONS	Western Cape	1	00:52.00	885		E	
WCP201	1360	SCHALK BURGER	Western Cape	1	00:52.01	884		E	
WCP180	1339	CHAD BEUKES	Western Cape	1	00:54.77	776		E	
NWP109	1127	LOYD QHOBA	North West Province	1	00:55.65	747		E	
GAU250	562	W. FOURIE	Gauteng	1	00:55.03	767		E	
GAU249	561	KATLEGO NKOANA	Gauteng	1	00:54.37	789		E	
GAU248	560	BERNARD PRETORIUS	Gauteng	1	00:52.78	850		E	
MPU100	904	ANELE BLAAW	Mpumalanga	1	00:55.94	739		E	
MPU115	919	JONTY B SHELTON	Mpumalanga	1	00:53.71	813		E	

293	B-19	400 m Hekkie	/ 400 m Hurdles	00:00.00	Final				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
WCP204	1363	TAARIQUE SOLOMONS	Western Cape	1	00:51.61	903		E	
WCP201	1360	SCHALK BURGER	Western Cape	2	00:51.87	891		E	
FSA160	284	LEE-ROY BITTERHOUT	Free State	3	00:51.96	886		E	
MPU115	919	JONTY B SHELTON	Mpumalanga	4	00:52.07	881		E	
GAU248	560	BERNARD PRETORIUS	Gauteng	5	00:52.64	856		E	
GAU249	561	KATLEGO NKOANA	Gauteng	6	00:53.67	815		E	
MPU100	904	ANELE BLAAW	Mpumalanga	7	00:55.22	761		E	
ECA051	51	ABRAHAM COETZEE	Eastern Cape	8	00:55.35	757		E	
WCP180	1339	CHAD BEUKES	Western Cape	9	00:55.37	756		E	
FSA170	294	TSHEPO LEFETE	Free State	10	00:56.08	734		E	
NWP109	1127	LOYD QHOBA	North West Province	11	00:56.79	714		E	
GAU250	562	W. FOURIE	Gauteng	12	00:57.35	698		E	
LIM056	739	ERROL MOTSWI	Limpopo	13	00:59.15	652		E	

12	B-19	3000 m Hindernis	/ 3000 m Steeple Chase	00:00.00	Final				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
FSA175	299	TEBOHO MOCK	Free State	1	08:58.16	915		E	
GAU226	542	SIZWE BOQASHI	Gauteng	2	08:58.35	915		E	
GAU227	543	ALFRED MPHUTI (V)	Gauteng	3	09:03.03	910		E	
GAU228	544	THAPELO MADIBA	Gauteng	4	09:04.12	908		E	
WCP203	1362	SIDWELL MDZANGA	Western Cape	5	09:11.47	900		E	
FSA178	302	THABANG MOJANAGA	Free State	6	09:13.17	898		E	
FSA180	304	MAHLOMALA MOLEHE	Free State	7	09:14.10	897		E	
NWP127	1145	S LANDT	North West Province	8	09:18.37	892		E	
FSA174	298	SELLO MASIA	Free State	9	09:18.39	892		E	
ECA054	54	M, FRANS	Eastern Cape	10	10:08.10	844		E	
KZN075	665	ZAKHELE DLAMINI	Kwazulu Natal	11	10:10.58	842		E	

2	B-19	10000 m Stap	/ 10000 m Walk	00:00.00	Final				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
WCP184	1343	ENVOR RHODAS	Western Cape	1	51:11.90	847		H	
WCP207	1366	TIMOTHY CLEOPHAS	Western Cape	2	53:43.50	819		H	
ECA120	119	W GQIBITHOLE	Eastern Cape	3	55:47.60	798		H	
FSA164	288	DAWIE DIPPENAAR	Free State	4	56:05.40	795		H	
ECA052	52	NICOLAAS DE KLERK	Eastern Cape	5	61:17.70	751		H	

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238	B-19	4X100 m Aflos	/ 4X100 m Relay	00:00.00	Final				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
FSAA06	321	FREE STATE	Free State	1	00:41.60	765		H	
WCPA06	1386	WESTERN CAPE	Western Cape	2	00:42.90	713		H	
MPUA06	929	MPUMALANGA	Mpumalanga	2	00:42.90	713		H	
KZNA06	683	KWAZULU NATAL	Kwazulu Natal	4	00:43.30	698		H	
ECAA06	125	EASTERN CAPE	Eastern Cape	5	00:43.50	691		H	
GAUA06	584	GAUTENG	Gauteng	5	00:43.50	691		H	
NCPA05	1018	NORTHERN CAPE	Northern Cape Province	7	00:44.00	674		H	

338	B-19	4 X400 m Aflos	/ 4X400 m Relay	00:00.00	Final				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
WCPA12	1392	WESTERN CAPE	Western Cape	1	03:14.83	795		E	
FSAA12	327	FREE STATE	Free State	2	03:15.07	792		E	
GAUA12	590	GAUTENG	Gauteng	3	03:19.99	747		E	
MPUA12	935	MPUMALANGA	Mpumalanga	4	03:20.90	739		E	
NWPA11	1160	NORTH WEST	North West Province	5	03:21.46	735		E	

142	B-19	Hoogspring	/ High Jump	00:00.00	Heats				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
ECA050	50	DARIUS CLASSEN	Eastern Cape	1	1.85	606		E	
LIM042	725	JOHAN ENSLIN	Limpopo	1	1.95	710		E	
NCP054	989	ANDRE MCDONALD	Northern Cape Province	1	1.94	700		E	
NCP048	983	GORDON GREEN	Northern Cape Province	1	1.98	742		E	
NCP052	987	FRANCOIS LANGENHOVEN	Northern Cape Province	1	1.94	700		E	
NWP123	1141	R VAN RENSBURG	North West Province	1	1.95	710		E	
NWP122	1140	S PRINSLOO	North West Province	1	1.95	710		E	
GAU246	558	G MAHLANGU	Gauteng	1	1.95	710		E	
GAU261	573	WELCOME MBONANI	Gauteng	1	1.90	658		E	
GAU245	557	JOHN SCROOBY	Gauteng	1	1.95	710		E	
GAU247	559	LOMBERG	Gauteng	1	1.95	710		E	
MPU116	920	SIBUSISO SIBANYONI	Mpumalanga	1	1.90	658		E	
MPU112	916	TSHEPO MSIZA	Mpumalanga	1	1.95	710		E	
WCP221	1379	WAYNE PETZER	Western Cape	1	00:00.00	0		E	

286	B-19	Hoogspring	/ High Jump	00:00.00	Final				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU245	557	JOHN SCROOBY	Gauteng	1	2.03	797		E	
NWP122	1140	S PRINSLOO	North West Province	2	1.94	700		E	
NCP052	987	FRANCOIS LANGENHOVEN	Northern Cape Province	3	1.94	700		E	
GAU261	573	WELCOME MBONANI	Gauteng	4	1.89	647		E	
MPU116	920	SIBUSISO SIBANYONI	Mpumalanga	5	1.89	647		E	
NCP048	983	GORDON GREEN	Northern Cape Province	6	1.89	647		E	
LIM042	725	JOHAN ENSLIN	Limpopo	7	1.89	647		E	
GAU247	559	LOMBERG	Gauteng	8	1.89	647		E	
MPU112	916	TSHEPO MSIZA	Mpumalanga	9	1.89	647		E	
NWP123	1141	R VAN RENSBURG	North West Province	10	1.84	596		E	
GAU246	558	G MAHLANGU	Gauteng	11	1.84	596		E	
ECA050	50	DARIUS CLASSEN	Eastern Cape	12	1.84	596		E	

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213	B-19	Paalspring	/ Pole Vault	00:00.00	Final			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
WCP200	1359	SAMUEL PELLISSIER	Western Cape	1	4.50	814	E	
GAU265	577	MICHAEL CILLIERS	Gauteng	2	4.50	814	E	
FSA184	308	NICO NAUDE	Free State	3	4.10	652	E	
ECA046	46	NEAL PUTTERGILL	Eastern Cape	4	4.00	613	E	
FSA167	291	JARIK JANSEN	Free State	5	3.80	535	E	

22	B-19	Verspring	/ Long Jump	00:00.00	Final			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
NWP111	1129	ROELF PIENAAR	North West Province	1	7.58	941	-0.3	E R
MPU110	914	NIEL MEYER	Mpumalanga	2	7.26	902	E	
MPU102	906	FRANCOIS COETZEE	Mpumalanga	3	7.10	834	E	
GAU217	534	NTOKOZO MBOKAZI	Gauteng	4	7.06	816	E	
WCP197	1356	PHAKAMISA SAMBOKWE	Western Cape	5	6.59	617	E	
FSA165	289	RYNO DU PLESSIS	Free State	6	6.56	605	E	
NCP045	980	HYRON DU RAAN	Northern Cape Province	7	6.53	593	E	
NWP112	1130	KOKETSO MOGAPI	North West Province	8	6.42	550	E	
MPU108	912	NHLANHLA MASEMOLA	Mpumalanga	9	6.42	550	E	
GAU219	535	N. REETLEY	Gauteng	10	6.27	492	E	
LIM047	730	PAUL MAKGOBE	Limpopo	11	6.17	454	E	
KZN073	663	DOLFIES BRITS	Kwazulu Natal	12	6.16	450	E	
LIM044	727	ROBERT KGAKOA	Limpopo	13	6.02	398	E	
NCP043	978	OTNIËL BOOYS	Northern Cape Province	14	5.85	336	E	

261	B-19	Driesprong	/ Triple Jump	00:00.00	Final			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU217	534	NTOKOZO MBOKAZI	Gauteng	1	15.10	898	2.5	E
GAU235	550	TREVOR PHUKOBYE	Gauteng	2	14.41	763	E	
WCP197	1356	PHAKAMISA SAMBOKWE	Western Cape	3	14.35	752	E	
MPU107	911	CLEMENT MAKUTU	Mpumalanga	4	14.28	739	E	
GAU261	573	WELCOME MBONANI	Gauteng	5	14.18	720	E	
NWP112	1130	KOKETSO MOGAPI	North West Province	6	14.11	707	E	
FSA165	289	RYNO DU PLESSIS	Free State	7	14.01	689	E	
MPU108	912	NHLANHLA MASEMOLA	Mpumalanga	8	13.69	633	E	
WCP191	1350	JUSTIN GEDULD	Western Cape	9	13.68	631	E	
WCP190	1349	JOHN JOSEPHS	Western Cape	10	13.68	631	E	
ECA061	61	RAVEN NEL	Eastern Cape	11	13.57	612	E	
MPU111	915	PEDRO MOISES	Mpumalanga	12	13.47	594	E	
LIM060	743	MACDONALD RAMATAPA	Limpopo	13	13.38	579	E	

94	B-19	Gewigstoot	/ Shot Put	00:00.00	Final			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU220	536	JOHNNY BOTHA	Gauteng	1	17.86	920	E	
MPU118	922	MARNUS VAN ZYL	Mpumalanga	2	16.20	857	E	
GAU221	537	CONSTAND VAN ROOYEN	Gauteng	3	15.90	839	E	
WCP199	1358	RUAAN MAREE	Western Cape	4	15.82	834	E	
ECA055	55	D LOMBAARD	Eastern Cape	5	15.37	809	E	
GAU222	538	B VAN WINKEL	Gauteng	6	14.82	777	E	
WCP196	1355	PETRUS UYS	Western Cape	7	13.90	727	E	
NWP124	1142	ARMAND BEUKES	North West Province	8	13.71	716	E	
ECA056	56	DANIËL LOUW	Eastern Cape	9	12.88	671	E	
LIM062	745	MELVIN VAN WYK	Limpopo	10	11.29	584	E	

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269	B-19	Diskusgooi	/ Discus Throw	00:00.00	Final			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU220	536	JOHNNY BOTHA	Gauteng	1	52.65	905		E
MPU118	922	MARNUS VAN ZYL	Mpumalanga	2	47.10	817		E
WCP199	1358	RUAAN MAREE	Western Cape	3	46.97	815		E
GAU221	537	CONSTAND VAN ROOYEN	Gauteng	4	45.22	786		E
NWP113	1131	KOBUS SMITH	North West Province	5	44.86	779		E
ECA045	45	JEREMIA OOSTHUIZEN	Eastern Cape	6	44.80	778		E
FSA159	283	MARCO BADENHORST	Free State	7	43.05	749		E
GAU244	556	BRANDON VAN ZYL	Gauteng	8	42.94	748		E
WCP196	1355	PETRUS UYS	Western Cape	9	42.32	737		E
WCP205	1364	THERON LIEBENBERG	Western Cape	10	41.82	729		E
LIM063	746	DENNIS VORSTER	Limpopo	11	41.12	718		E
LIM043	726	TREVOR HOPE	Limpopo	12	40.50	707		E
FSA166	290	CONRAY FLYNN	Free State	13	40.30	704		E
ECA056	56	DANIël LOUW	Eastern Cape	14	39.07	684		E
FSA191	314	CORNé ROUX	Free State	15	36.85	647		E
FSA172	296	BERTUS LINDE	Free State	16	36.22	637		E

57	B-19	Spiesgooi	/ Javelin	00:00.00	Heats			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
WCP182	1341	DANIEL DU TOIT	Western Cape	1	61.79	771		E
WCP188	1347	JAQUES ROSSOUW	Western Cape	1	53.55	627		E
WCP189	1348	JOHAN PEENS	Western Cape	1	62.26	780		E
WCP192	1351	LOUIS.SCHEEPERS	Western Cape	1	59.11	723		E
ECA043	43	ANDISA NTISILA	Eastern Cape	1	47.82	531		E
FSA162	286	JAPIE BRITZ	Free State	1	57.56	696		E
FSA171	295	PIETER le ROUX	Free State	1	55.40	658		E
FSA181	305	LOFTUS MORRISON	Free State	1	57.21	690		E
FSA161	285	ARMAND BOTHA	Free State	1	56.40	676		E
LIM041	724	RUAN DE VOS	Limpopo	1	53.52	627		E
NWP110	1128	WAYNE SMITH	North West Province	1	54.67	646		E
GAU224	540	JASON ROUX	Gauteng	1	59.45	729		E
GAU223	539	RUAN ERASMUS	Gauteng	1	66.10	853		E
GAU225	541	DYLAN JACOBS	Gauteng	1	58.65	715		E
MPU117	921	BERNO VAN DYK	Mpumalanga	1	54.14	637		E
MPU103	907	RENIER DU PLESSIS	Mpumalanga	1	59.19	724		E
MPU106	910	RUAN JORDAAN	Mpumalanga	1	52.04	602		E

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182	B-19	Spiesgooi	/ Javelin	00:00.00	Final				
	Athlete		Team	Place	Performance	Table point	Wind	H/E	Record
GAU223	539	RUAN ERASMUS	Gauteng	1	69.14	905		E	
GAU225	541	DYLAN JACOBS	Gauteng	2	61.38	764		E	
WCP182	1341	DANIEL DU TOIT	Western Cape	3	60.40	746		E	
MPU103	907	RENIER DU PLESSIS	Mpumalanga	4	60.10	740		E	
WCP189	1348	JOHAN PEENS	Western Cape	5	58.60	714		E	
GAU224	540	JASON ROUX	Gauteng	6	58.12	705		E	
FSA162	286	JAPIE BRITZ	Free State	7	57.90	702		E	
FSA171	295	PIETER le ROUX	Free State	8	54.96	651		E	
WCP192	1351	LOUIS.SCHEEPERS	Western Cape	9	54.57	644		E	
MPU117	921	BERNO VAN DYK	Mpumalanga	10	53.96	634		E	
FSA181	305	LOFTUS MORRISON	Free State	11	52.21	604		E	
LIM041	724	RUAN DE VOS	Limpopo	12	52.12	603		E	
FSA161	285	ARMAND BOTHA	Free State	13	51.83	598		E	
NWP110	1128	WAYNE SMITH	North West Province	14	51.81	598		E	
MPU106	910	RUAN JORDAAN	Mpumalanga	15	50.03	568		E	
ECA043	43	ANDISA NTISILA	Eastern Cape	16	49.35	556		E	

225	B-19	Hamergooi	/ Hammer Throw	00:00.00	Final				
	Athlete		Team	Place	Performance	Table point	Wind	H/E	Record
ECA059	59	S MINNIE	Eastern Cape	1	62.36	925		E	
FSA168	292	ROBERT J VAN RENSBURG	Free State	2	52.32	862		E	
GAU254	566	GUILHERME DE FRANCA	Gauteng	3	50.32	840		E	
FSA166	290	CONRAY FLYNN	Free State	4	47.87	812		E	
WCP186	1345	ISAK DE VRIES	Western Cape	5	47.66	810		E	
WCP181	1340	COR RETIEF	Western Cape	6	47.01	803		E	
WCP209	1368	WAYNE VAN DEVENTER	Western Cape	7	44.83	779		E	
ECA044	44	EBEN OOSTHUIZEN	Eastern Cape	8	44.55	775		E	
WCP198	1357	PRIER V.D.MERWE	Western Cape	9	40.05	725		E	
NWP108	1126	THEUNS BRUCE-SMITH	North West Province	10	38.01	701		E	
GAU255	567	DERIC VAN EEDEN	Gauteng	11	32.05	630		E	